10.000 IE, UI = 250mcg, µg = 0,25mg

20.000 IE, UI = 500mcg, µg = 0,5mg

30.000 IE, UI = 750mcg, µg = 0,75mg

40.000 IE, UI = 1000mcg, µg = 1mg

50.000 IE, UI = 1250mcg, µg = 1,25mg

60.000 IE, UI = 1500mcg, µg = 1,5mg

70.000 IE, UI = 1750mcg, µg = 1,75mg

80.000 IE, UI = 2000mcg, µg = 2mg

90.000 IE, UI = 2250mcg, µg = 2,25mg

100.000 IE, UI = 2500mcg, µg = 2,5mg

IE = Internationale Einheiten

IU = international units

UI = units international

mg = Milligramm

mcg, µg = Mikrogramm