LEGACY CHEER

All Star Cheerleading in a Christian Environment

2026-2027 Legacy Class Handbook



Classes 2026-2027

- Classes are for the entire school year, August 17- May 21.
- When you register, you will pay the $50 deposit which will serve as your annual Legacy membership. Register early to reserve a spot.
- The CC on file will be charged on the 1st of every month.
- Each class is around $23 a class, which equals roughly $95/month. The system automatically prorates based on week.
- Cancellation-There is a 30 day drop policy with written notification to legacycheerad@gmail.com. Once we receive your notification of cancelling, you will be charge for the 30 days, and then released from payment.

Policies and Expectations

- Please wear t-shirts or tank tops, but no crop tops/sports bras with shorts. Cheer tumblers wear shoes when they tumble. Hair in a ponytail. No Jewelry.
- Stay in lobby or specified stretching area until coach comes to get you for practice.
- Phones and backpacks to be left in lobby cubies. Water bottles may stay in the designated water bottle station. No food in gym area.
- Makeup policy- if an athlete misses a class, they may makeup a class of comparable skill level. Just show up and sign in with the date missed. Makeups do not carry over seasons.
- All athletes must be potty trained or have a parent in the lobby to take care of toiletry.
- Classes with under 5 girls may need to combine and shift schedule.
- Athletes will be assessed throughout the year, and may be encouraged to move up a class.

Class Description

Progressions- all athletes are expected to have strong fundamental knowledge of the proper skills progressions to start working at the next level.

- Preschool age
- Pre-tumbling- work on fundamentals of tumbling, movement, rolls, cartwheels hand stands
- Basic 1- back bend kickover, hand stand limber, cartwheel,
- Basic 2- walkovers, roundoffs,
- Back Handspring- standing and running back handsprings.
- Series- standing and running back handspring series
- Tucks- standing and running back tucks
- Layouts and Up- Layouts, Arabians, Fulls
- Acro- Walkovers, Aerials, Handsprings as main focus

Agreement to Legacy Cheer Policies

I have read and agreed to the terms, conditions and policies set forth in the Legacy Cheer Program Packet.

_____

Parent Signature

_____

Date

_____

Athlete Signature