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Kid's Page

Dear Vany

Junior Reporter Vanessa "Vany" Masterson answers her fourth set of questions from *Palisadian-Post* readers.

What if you get embarrassed in front of the whole school? What should you do?

—Anonymous in 4th Grade

Dear Anonymous in 4th Grade,

I have been embarrassed in front of my school countless numbers of times. Once it was disconnecting the microphone from the wire during a speech, and once I went up to an assembly with toothpaste all over my shirt! The one piece of advice I could give you for this is, when your friends tease you, don't let them laugh at you, let yourself laugh WITH them.

When my friends teased me for the microphone incident, this is exactly what I said, "Haha! Yeah, the wire just came off! Can't believe it!! Haha!!"

If you let them laugh at you, they have all the power. If you laugh all together (yes, I am saying to laugh at yourself) they will have no power and everyone will be laughing together! I hope this helps you!

Thank you for writing,
Vany



What should I do if I don't like my babysitter?

—Anonymous in 4th Grade

Dear Anonymous in 4th Grade,

My number one tip for this is to tell your parents and be very detailed in your description about why you do not like your sitter. This is very important and you should be honest and tell your parents everything.

Your parents are the ones who pay the sitter and they will be the ones who can let the sitter go. If they say no, then spend as much time as you can away from the sitter when he or she comes over.

If your sitter does not allow you out of her sight when she is at your house, tell your parents again and maybe this time they will say yes to a new sitter. You could also ask your parents on nights they will be away, if you could spend the night at a friend's house instead.

I really hope you can use these tips to find the best sitter possible!

Thank you for writing,
Vany

Have a question you want answered by Vany in an upcoming column? Send it in to mypost@palipost.com.