BERNARDO CALDAS
ORTHODONTICS

What to Expect

Your first visit

Your first visit is all about getting to know you and understanding your orthodontic needs and goals. We will review your dental and medical history, perform a comprehensive orthodontic examination, and take any necessary photographs or digital records. Dr. Caldas will then discuss his findings with you and review potential treatment options, estimated treatment time, and next steps. If treatment is recommended, our team will also review financial and insurance information with you.

What to bring

• Photo ID

• Dental insurance information, if applicable

• Any relevant dental or orthodontic records you may already have

• A list of current medications and important medical history

• For minors, a parent or legal guardian should be present

How to prepare

There isn't much preparation required! We recommend brushing and flossing before your appointment and completing any new patient forms ahead of time, if available. It can also be helpful to think about any questions or concerns you would like to discuss during the consultation.

First visit checklist

☐Complete new patient forms

☐Bring photo ID and insurance information

☐Bring any relevant dental records

☐Arrive a few minutes early

☐Come prepared with any questions about treatment

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