Incontinence Assessment Referral Form

NexCerebrum Brain Health & Memory Clinic | Brain Connect Pelvic Floor & Continence Program

Phone: 587-486-2269 | Fax: 587-479-0948 | Web: www.nexcerebrum.com | Email: info@nexcerebrum.com

For adults with urinary incontinence or pelvic floor concerns. Please attach relevant reports and medication list.

Patient & Referral Information

Patient name: | DOB: | PHN:

Phone: | Email: | Referral date: | Urgency: ☐ Routine ☐ Urgent*

Referring provider: | Practitioner ID: | Phone: | Fax:

Consulting service: NexCerebrum - Dr. Dilpriya Mangat, MD, FRCPC

Presenting Concerns (Check all that apply)

- ☐ Stress leakage (cough, sneeze, exertion)
- ☐ Urgency / urge incontinence
- ☐ Mixed incontinence
- ☐ Frequency / nocturia
- ☐ Incomplete emptying / retention symptoms
- ☐ Nocturnal enuresis
- ☐ Fecal incontinence / bowel dysfunction
- ☐ Pelvic pressure / suspected prolapse

Pertinent Clinical History

- ☐ Dysuria / recurrent UTI
- ☐ Gross or persistent microscopic hematuria
- ☐ Known retention or elevated post-void residual
- ☐ Pelvic / urologic / prostate surgery
- ☐ Pelvic radiation
- ☐ Pregnancy / parity / birth-related injury
- ☐ Neurologic disorder / spinal cord condition
- ☐ Diabetes, constipation, mobility or cognitive concern

Onset / duration: | Leak episodes/day: | Pads/day: | Relevant diagnoses / surgeries / obstetric history:

Assessment & Investigations

☐ Urinalysis ☐ Urine culture ☐ Renal/bladder US with PVR ☐ Bladder diary ☐ Medications / allergies

Pelvic / genitourinary exam findings (if performed):

Results / dates and other relevant investigations:

Treatment Already Tried

☐ Pelvic floor muscle training ☐ Bladder training / lifestyle ☐ Medication ☐ Other

Purpose of Referral & Expected Outcome

☐ Assessment and management recommendations ☐ Assess suitability for treatment ☐ Medical opinion only ☐ Other

☐ Referral purpose discussed; patient agrees ☐ Possible uninsured fees discussed, if known

Submit by secure fax: 587-479-0948 | NexCerebrum Brain Health & Memory Clinic

*For urgent or emergent concerns, contact the appropriate consultant/emergency service directly. Form based on current CPSA and Alberta referral guidance.