Japanese Dinner Activity Pack

Ages 6-8 | Page 1 | Name: _____

1 Say it at dinner

Try these phrases with a grown-up. Pronunciations are approximate.

Konnichiwa
kohn-nee-chee-wah
Hello

Arigatou
ah-ree-gah-toh
Thank you

Itadakimasu
ee-tah-dah-kee-mahs
Said before eating

Oishii
oh-ee-shee
Delicious

Gochisousama
goh-chee-soh-sah-mah
Said after a meal

2 Match the meanings

Write the letter of the correct English meaning next to each phrase.

1. Konnichiwa _____
2. Arigatou _____
3. Itadakimasu _____
4. Oishii _____

A. Said before eating
B. Hello
C. Delicious
D. Thank you

Dinner challenge: Use two new phrases during your meal.

3 Match the dinner dishes

Draw a line from each blog-inspired dish to its description.

Great Wave sushi rolls	Vegetables arranged in repeating dots
Smiling rice balls	Sushi arranged like ocean waves
Polka Dot salad	Noodles and toppings arranged like a mountain
Mount Fuji ramen	Onigiri decorated with seaweed faces

4 Who made this art?

Match each artist with a description. Write the correct letter.

1. Katsushika Hokusai	_____	A. Bright, smiling flowers
2. Takashi Murakami	_____	B. Repeated dots and bold patterns
3. Yayoi Kusama	_____	C. The Great Wave and Mount Fuji

5 Dinner discovery

Circle one dish you would like to taste. Tell someone why.

My choice: _____

5 Discover the country

Read the clues. Circle the correct answer.

Which continent is Japan in?

A. Asia B. Europe C. Africa

What is Japan's capital?

A. Dublin B. Tokyo C. Berlin

Which symbol appears on Japan's flag?

A. Red circle B. Green star C. Blue cross

6 Make a dinner menu

Plan a main dish, a side, and a dessert inspired by this dinner.

Main dish: _____

Side dish: _____

Dessert: _____

Talk about it: Which ingredient or flavor would you like to try?

7 Artist studio

Draw a giant ocean wave inspired by Hokusai. Add Mount Fuji.

8 Add the details

Fill the border with Murakami-style smiling flowers and Kusama-style dots.

At dinner, tell your family which artist or idea inspired your drawing.

My favorite part: _____

Grown-up answer guide

Use the matching keys below. Art and menu answers can vary.

Food matching (top-to-bottom left -> right):

1. Great Wave sushi rolls - Sushi arranged like ocean waves
2. Smiling rice balls - Onigiri decorated with seaweed faces
3. Polka Dot salad - Vegetables arranged in repeating dots
4. Mount Fuji ramen - Noodles and toppings arranged like a mountain

Artist matching:

1. Katsushika Hokusai = C (The Great Wave and Mount Fuji)
2. Takashi Murakami = A (Bright, smiling flowers)
3. Yayoi Kusama = B (Repeated dots and bold patterns)

Dinner menu inspiration from the blog:

Wave sushi / smiling rice balls / polka-dot salad / Mount Fuji ramen

Other activities:

Phrase matching: 1-B, 2-D, 3-A, 4-C.

Geography trivia: 1-A; 2-A (German), 2-B (Irish/Japanese); 3-B (German), 3-A (Irish/Japanese).

Creative activities have no single correct answer.