Sushi Night Dinner Activity Pack

1 Dinner words to practice

Say each word aloud. The pronunciations are approximate.

Itadakimasu ee-tah-dah-kee-mahs	Said before eating
Arigatou ah-ree-gah-toh	Thank you
Oishii oh-ee-shee	Delicious
Konnichiwa kohn-nee-chee-wah	Hello
Gochisousama goh-chee-soh-sah-mah	Said after a meal

2 Dinner word detective

Write two words you want to use during your themed meal.

Word 1: _____

Word 2: _____

Try "Itadakimasu" before dinner and "Oishii" if you enjoy a bite.

3 Who or what am I?

Match each name on the left to a clue on the right. Write the letter.

1. Nori	_____	A. Lightly battered fried food
2. Miso	_____	B. Dried seaweed sheet
3. Tempura	_____	C. Rice topped with fish or vegetables
4. Nigiri	_____	D. Fermented soybean paste

4 Word-search adventure

Circle the six theme words. Every word reads left to right.

S U S H I R E P L I R
T O E C P I O R E T E
N O R I T U S O I L L
N L L I N T R L O C N
M I S O I R S C P A I
P S T T R O S E T T O
T O F U I T N A T S I
U T S R R O C R U C A
R I C E P N L E I S P
C C T C P A T P C C C
T E M P U R A P S O O

FIND:

SUSHI

NORI

MISO

TOFU

RICE

TEMPURA

5 Your five-day dinner adventure

Check each activity as you try it with your family.

- [ ] Day 1: Choose fillings and make a sushi shopping list.
- [ ] Day 2: Sketch a sushi bar with lanterns and chopsticks.
- [ ] Day 3: Plan miso soup; practice picking up soft items.
- [ ] Day 4: Put sushi rice and tempura steps in order.
- [ ] Day 5: Design a California roll and set the sushi bar.

6 Three quick questions

Write or tell a grown-up your answer.

1. What is nori?

_____

2. Which tool helps roll sushi?

_____

3. Who should handle sharp knives and hot oil?

_____

7 Build your California roll

Draw a roll cross-section. Label rice, nori, and two favorite fillings.

ART STUDIO 1

8 Design a sushi bar placemat

Draw where the plate, chopsticks, soy sauce dish, and napkin belong.

ART STUDIO 2

9 Create your celebration menu

Pick dishes from the blog or invent your own inspired combinations.

Main dish: _____

Side dish: _____

Dessert: _____

Table decoration: _____

Parent / grown-up answer guide

Open-ended activities encourage creative thinking; there is no single right drawing.

Matching:

1-B: Nori - Dried seaweed sheet

2-D: Miso - Fermented soybean paste

3-A: Tempura - Lightly battered fried food

4-C: Nigiri - Rice topped with fish or vegetables

Quick questions:

1. Dried seaweed
2. A bamboo rolling mat
3. An adult

Word search: words appear across rows 1, 3, 5, 7, 9, and 11.