PACKING LIST

HIGH ALPINE ADVENTURES

In Your Pack

- [ ] Daypack (15 - 25 liter capacity)
- [ ] 3 liters of water
- [ ] Wind breaker
- [ ] Rain jacket
- [ ] Quick-dry or waterproof pants
- [ ] Golves
- [ ] Preferred snacks and electrolytes
- [ ] Sunscreen & chapstick
- [ ] Sunglasses & hat
- [ ] Backpack cover (if pack isn't waterproof)
- [ ] Hiking poles

Clothing

- [ ] Ample mousiture-wicking underwear
- [ ] Ample comfortable hiking socks
- [ ] At least 4 mouisture-wicking t-shirts
- [ ] Multiplke hiking shorts or pants
- [ ] At least 1 longsleeve
- [ ] Sun shirt
- [ ] Broken-in hiking shoes or boots
- [ ] Sun-gaiter
- [ ] Weel fleece
- [ ] Light-weight shell

For the Lodges

- [ ] Any size luggage (we transfer it)
- [ ] Comfortable clothes (sweatpants, hoodie)
- [ ] Swimsuit
- [ ] Device chargers

Emergency

- [ ] Emergency blanket
- [ ] Headlamp
- [ ] Whistle
- [ ] Saved emergency contacts

We can't wait to see you this summer!