

WEALTH EMPOWERMENT WORKSHOP

DON'T BURY IT

Discover It. Develop It. Steward It.

PARTICIPANT WORKBOOK

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Welcome

There Is More in You Than You Think.

This workbook is not simply a place to take notes. It is a place to recognize, uncover, examine, and respond to what God has already entrusted to you.

Throughout this workshop, you will be challenged to look beyond money as the only measurement of wealth. You will examine your:

- | | |
|-----------------|-----------------------|
| — gifts | — opportunities |
| — abilities | — ideas |
| — experiences | — knowledge |
| — relationships | — influence |
| — resources | — capacity to produce |

Some things you recognize immediately. Others may have been overlooked, underdeveloped, delayed—or buried.

Today, we are going to dig.

Not so that you can simply say, “I have a gift.” But so you can begin answering a much more important question:

What am I going to do with what God gave me?

“But thou shalt remember the Lord thy God: for it is he that giveth thee power to get wealth...”

DEUTERONOMY 8:18

How to Use This Workbook

Don't worry about having the “perfect” answer. Write what comes to mind. Circle things. Cross things out. Add something later when revelation comes.

Most importantly, tell yourself the truth.

When something hits you during the teaching, write it down. When you recognize a pattern, name it. When God brings something back to your remembrance, don't dismiss it.

Your goal today is not to leave with everything figured out. Your goal is to leave knowing:

WHAT I HAVE.
WHAT I HAVE BURIED.
WHAT NEEDS DEVELOPMENT.
WHO I AM CALLED TO SERVE.
WHAT I NEED TO DO NEXT.

NOTES TO MYSELF BEFORE WE BEGIN

Workshop Roadmap

DISCOVER → UNCOVER → DEVELOP → CONNECT → BUILD → STEWARD

01

DISCOVER

What has God already placed within me?

02

UNCOVER

What have I buried, minimized, delayed, or ignored?

03

DEVELOP

What needs training, practice, discipline, or structure?

04

CONNECT

Who are the people, relationships, and environments connected to what I carry?

05

BUILD

How can what I carry create meaningful value?

06

STEWARD

What will I intentionally do with what God has entrusted to me?

What Is Already in You?

*Opening Wealth Reflection • Identity Before Activity •
Koach • Follow the Evidence*

EXERCISE ONE

Opening Wealth Reflection

Before we talk about money, let's examine how you currently define wealth.

WHEN I HEAR THE WORD WEALTH, I IMMEDIATELY THINK ABOUT:

COMPLETE THIS SENTENCE

A wealthy woman is a woman who...

BESIDES MONEY, WHAT DO YOU CURRENTLY POSSESS THAT HAS VALUE?

- | | | |
|---|---|--|
| ☐ Knowledge | ☐ Experience | ☐ Skills |
| ☐ Relationships | ☐ Creativity | ☐ Ideas |
| ☐ Leadership ability | ☐ Professional expertise | ☐ Spiritual gifts |
| ☐ Access | ☐ Influence | ☐ Time |
| ☐ Property / resources | ☐ Education / training | ☐ Life experience |
| ☐ Other: <hr/> | | |

REFLECTION

What if some of the wealth you've been praying for is already present—but has not yet been recognized, developed, organized, or multiplied?

WHAT DOES THAT QUESTION STIR IN YOU?

ANYTHING I WANT TO REMEMBER FROM THE TEACHING

EXERCISE TWO

Identity Before Activity — Who Are You?

Before asking “What should I build?” we need to ask: *“What has God formed me to carry?”*

Without listing your job title, describe yourself.

I AM SOMEONE WHO

PEOPLE OFTEN COME TO ME WHEN THEY NEED:

I NATURALLY NOTICE:

I CARE DEEPLY ABOUT:

I FEEL ENERGIZED WHEN I AM:

IF MONEY WERE NOT PART OF THE EQUATION, I WOULD STILL LOVE TO:

THREE WORDS

Write three words that describe how God has wired you.

ONE

TWO

THREE

EXERCISE THREE

KOACH — What Capacity Has God Given You?

Deuteronomy 8:18 tells us that God gives the power to get wealth. The Hebrew word often translated *power* is **KOACH**.

Think beyond physical strength.

For today's exercise, consider the ability, capacity, strength, and productive potential God has entrusted to you.

Capacity Discovery

WHAT COMES NATURALLY TO YOU?

WHAT CAN YOU DO THAT OTHERS REGULARLY FIND DIFFICULT?

WHAT CAN YOU DO FOR HOURS WITHOUT FEELING DRAINED?

WHAT HAVE YOU LEARNED HOW TO DO THROUGH LIFE EXPERIENCE?

WHAT HAVE YOU SURVIVED THAT TAUGHT YOU SOMETHING VALUABLE?

WHAT PROBLEMS ARE YOU UNUSUALLY GOOD AT SOLVING?

WHAT DO PEOPLE CONSISTENTLY ASK YOU TO HELP THEM WITH?

My Capacity Clues

Look back at your answers. Which three point in the same direction?

CLUE ₁

CLUE ₂

CLUE ₃

I may have more capacity for

than I previously recognized.

EXERCISE FOUR

Follow the Evidence

Sometimes we struggle to name our gifts because what comes naturally to us doesn't feel extraordinary. So don't begin with a title. Look at the evidence.

PEOPLE — People regularly ask me to:

PROBLEMS — Problems I repeatedly help solve:

RESULTS — Things tend to improve when I:

SERVICE — Places where I have served effectively:

AFFIRMATION — Things other people repeatedly tell me I am good at:

FRUIT — What positive results have come from something you did, created, organized, taught, led, repaired, encouraged, or built?

The Pattern I See

When I look across my life, I repeatedly see myself...

Don't Bury It

*What Burial Looks Like • What Have I Buried? •
Nehemiah Check • Development Is Not Rejection*

EXERCISE FIVE

What Does Burial Look Like?

Read each statement and check anything that sounds familiar.

- | | |
|--|--|
| ☐ Keep waiting until I feel completely ready. | ☐ Constantly compare myself with someone further ahead. |
| ☐ Talk myself out of ideas before trying them. | ☐ Assume everyone can do what I do. |
| ☐ Refuse opportunities because I am afraid of criticism. | ☐ Keep learning but never execute. |
| ☐ Hide because I fear being seen. | ☐ Call procrastination “waiting on God.” |
| ☐ Have an idea but never write the plan. | ☐ Refuse to develop because the gift came naturally. |
| ☐ Keep giving away something I should learn how to structure. | ☐ Believe I need more resources before I can begin. |
| ☐ Start repeatedly but rarely finish. | ☐ Allow disappointment to stop me from trying again. |
| ☐ Stay distracted by things that have nothing to do with my assignment. | |
| ☐ Other: _____ | |

THE ONE THAT HIT ME HARDEST:

WHY?

EXERCISE SIX

What Have I Buried?

There may be something you once wanted to start, felt called to do, were naturally good at, received confirmation about, began developing, or dreamed about...but stopped.

NAME IT.

SOMETHING I BELIEVE I HAVE BURIED, DELAYED, OR NEGLECTED IS:

WHAT HAPPENED?

WHAT STOPPED ME?

- | | | |
|--|--|--|
| ☐ Fear | ☐ Comparison | ☐ Lack of confidence |
| ☐ Money | ☐ Lack of knowledge | ☐ Lack of support |
| ☐ Family responsibilities | ☐ Disappointment | ☐ Failure |
| ☐ Criticism | ☐ Perfectionism | ☐ Distraction |
| ☐ Procrastination | ☐ Wrong timing | ☐ I honestly don't know |
| ☐ Other: <hr/> | | |

The Truth I Need to Face

Write it plainly. No one else has to read this page.

EXERCISE SEVEN

Nehemiah Check — What Keeps Calling You Off the Wall?

Nehemiah had work to complete. And while he was building, distractions kept calling for his attention.

His response was clear:

“I am doing a great work, so that I cannot come down.”

Not every opportunity deserves your attention.

Not every emergency belongs to you.

Not every invitation is an assignment.

Not every voice gets a vote.

WHAT I WANT TO PROTECT WHILE I BUILD

My Distraction Audit

WHAT CONSUMES MY TIME BUT PRODUCES LITTLE FRUIT?

WHAT REPEATEDLY INTERRUPTS MY PROGRESS?

WHO OR WHAT GETS ACCESS TO ME TOO EASILY?

WHAT AM I SAYING YES TO THAT MAY REQUIRE A NO?

WHAT IMPORTANT WORK KEEPS GETTING PUSHED ASIDE?

MY DECISION

“I cannot come down.”

THE WORK I NEED TO PROTECT IN THIS SEASON IS:

I NEED TO REDUCE OR ELIMINATE:

EXERCISE EIGHT

Development Is Not Rejection

Recognizing a gift does not mean the gift is fully developed.

Potential still requires stewardship.

DEVELOPMENT-NEEDS ASSESSMENT

WHAT DO I NEED TO LEARN?

WHAT DO I NEED TO PRACTICE?

WHAT DO I NEED TO ORGANIZE?

WHAT DO I NEED TO FINISH?

WHAT DO I NEED TO STOP?

WHAT DO I NEED HELP WITH?

What skill would make the greatest difference if I developed it over the next 90 days?

WHY THIS ONE?

You Are Not Building Alone

Name Your People • Resource Inventory • Gift → Value

EXERCISE NINE

Name Your People

God often places resources inside relationships. This is not about using people. It is about recognizing the relationships, wisdom, expertise, encouragement, accountability, and access already surrounding you.

ENCOURAGERS — Who strengthens your faith and confidence?

WISE COUNSEL — Who can give you sound advice?

EXPERTISE — Who knows something you need to learn?

CONNECTORS — Who may know people or resources relevant to your next step?

ACCOUNTABILITY — Who will lovingly ask whether you actually did what you said?

PEOPLE I CAN SERVE — Who already needs something I know how to provide?

RELATIONSHIP I NEED TO STEWARD BETTER:

EXERCISE TEN

Resource Inventory — What Is Already in Your House?

Before saying, “I don't have enough,” inventory what you already possess.

KNOWLEDGE — What do I know?

SKILLS — What can I do?

EXPERIENCE — What have I lived, learned, or accomplished?

TOOLS — What equipment, software, technology, materials, or physical resources do I already have?

RELATIONSHIPS — Who is already in my network?

ACCESS — What organizations, communities, platforms, or environments can I access?

TIME — Where could I intentionally reclaim time?

IDEAS — What idea keeps returning?

SURPRISE!

One resource I didn't realize I already had...

HOW COULD I PUT IT TO WORK IN THE NEXT 30 DAYS?

EXERCISE ELEVEN

Gift → Value

A gift becomes increasingly useful when it is intentionally developed and applied to a real need.

STEP 1 — WHAT DO I CARRY?

My gift / skill / knowledge:

STEP 2 — WHO DOES IT HELP?

It could help:

STEP 3 — WHAT PROBLEM DOES IT ADDRESS?

STEP 4 — WHAT CHANGES AFTER I HELP?

STEP 5 — HOW COULD I DELIVER THAT VALUE?

- | | | |
|--|--|---|
| ☐ Service | ☐ Product | ☐ Business |
| ☐ Ministry | ☐ Teaching | ☐ Consulting |
| ☐ Coaching | ☐ Employment / career | ☐ Leadership |
| ☐ Content | ☐ Resource / tool | ☐ Community initiative |
| ☐ Volunteer service | | |
| ☐ Other: _____ | | |

MY VALUE STATEMENT

I can use my _____
to help _____
by _____
so that _____ .

My Chayil Stewardship Blueprint

*Capstone • Anchor Scripture • Prayer • 7 / 30 / 90 Days
• Declaration*

CAPSTONE WORKSHEET

My CHAYIL Stewardship Blueprint

Everything you uncovered today comes together here. Work in pencil if you must—but work.

O1 WHAT I CARRY

The gift, capacity, idea, experience, or resource I am choosing to steward:

O2 WHY IT MATTERS

O3 WHO IT CAN SERVE

O4 WHAT NEED IT CAN ADDRESS

O5 WHAT NEEDS DEVELOPMENT

06

WHAT RESOURCES I ALREADY HAVE

07

WHO I NEED AROUND ME

08

WHAT I MUST STOP ALLOWING TO DISTRACT ME

09

MY NEXT FAITHFUL STEP

*Stewardship begins with one faithful step—taken on purpose,
on a date, with a witness.*

My Anchor Scripture

THE SCRIPTURE I AM CARRYING WITH ME FROM THIS WORKSHOP

WHAT GOD IS SHOWING ME THROUGH IT:

Prayer & Reflection

LORD, WHAT HAVE I FAILED TO RECOGNIZE?

WHAT HAVE I BURIED?

WHAT ARE YOU CALLING ME TO STEWARD DIFFERENTLY?

WHAT DO I NEED COURAGE TO DO?

MY PRAYER



7 DAYS

ACT

WITHIN THE NEXT 7 DAYS, I WILL:

MY FIRST ACTION WILL HAPPEN ON:

THE PERSON WHO WILL HOLD ME ACCOUNTABLE:

○
7 DAYS • ACT

●
30 DAYS • DEVELOP

○
90 DAYS • STEWARD

30 DAYS

DEVELOP

OVER THE NEXT 30 DAYS, I WILL INTENTIONALLY DEVELOP:

I WILL DO THIS BY:

AT THE END OF 30 DAYS I WANT TO BE ABLE TO SAY:



90 DAYS

STEWARD

Over the next 90 days, I am committing to move:

FROM

TO

MY 90-DAY STEWARDSHIP GOAL:

I WILL MEASURE PROGRESS BY:

Before You Leave

Go back to the beginning of this workbook. Look at what you wrote when you were first asked to define wealth. Now answer the question again.

WHAT DOES WEALTH MEAN TO ME NOW?

WHAT DID I DISCOVER ABOUT MYSELF TODAY?

WHAT AM I NO LONGER WILLING TO BURY?

I WILL NOT BURY IT.

I will not bury what God has entrusted to me.

I recognize that what I carry has value.

I will not despise small beginnings.

I will not allow fear, comparison, distraction, perfectionism, or delay to determine what becomes of what God placed within me.

I will discover it.

I will build with it.

I will develop it.

I will steward it.

I will serve with it.

I will trust God with
the increase.

What He placed in my hands will not remain buried because I was afraid to begin.

I choose faithful stewardship.

I choose development.

I choose obedience.

I choose multiplication.

AND I WILL REMEMBER:

God is the One who gives me the power—the capacity—to produce wealth, so that His covenant purposes may be established.

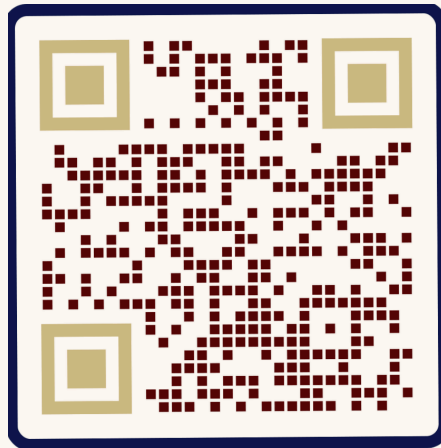
SIGNED

DATE

Keep Building

*Your workshop may be ending.
Your stewardship is not.*

Continue with your digital resources, assessments, Scripture and prayer resources, and next-step tools through the Don't Bury It Resource Hub.



SCAN ME

SCAN TO ACCESS YOUR RESOURCES

fredlenacosby.com

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