



DR. MARICIA SHERMAN

*Emotional Mastery Expert
International Speaker*

Dr. Maricia Sherman is an Emotional Mastery Expert, Registered Nurse, dynamic speaker, licensed minister, and creator of the Stay Cute Inside™ framework. With over 2 decades of experience, she helps women overcome burnout, strengthen emotional wellness, and lead with confidence and purpose.

MORE THAN A TALK. IT'S AN EXPERIENCE.

SERVICES OFFERED

KEYNOTE SPEAKING

Transformational messages and speaking experiences.

SIGNATURE WORKSHOPS

Immersive emotional wellness and leadership training.

PRIVATE STRATEGIC WELLNESS

Trusted wellness advisor to public figures, executive leaders, and influential women.

MINISTRY ENGAGEMENTS

Powerful biblical teaching for ministries and faith-based environments

AVAILABLE TO SPEAK AT:

- ✓ Seminars
- ✓ Retreats
- ✓ Expert Panelist
- ✓ Conferences & Summits
- ✓ Community Events
- ✓ Education & University Forums
- ✓ Private Experiences
- ✓ Virtual & Online Platforms

WHAT AUDIENCES ARE SAYING

"You never leave her presence feeling the same way about yourself or others."

— Yar, Registered Nurse

"I am the person I am today because of the gift Dr. Maricia Sherman is."

T— Tiffany, Social Worker