



DAN PROMOTION REGULATIONS

KATA & KUMITE

All promotions must be conducted under the authority of World Zen-Kyokushin representatives.

FROM	TO	KATA REQUIREMENTS	KUMITE ROUNDS	TIME
1st Kyu		• Pinan 1 - 5 • Yantsu • Sanchin • Gekisai Dai, Gekisai Sho • Tsuki no Kata • Saifa • Garyu • Tensho	10 man kumite	60 seconds per round
1st Dan Shodan / Senpai	2nd Dan Shodan / Senpai	All previous kata + Seipai	20 man kumite	60 seconds
2nd Dan Nidan / Senpai	3rd Dan Sandan / Sensei	All previous kata + Seiechin	30 man kumite	60 seconds
3rd Dan Sandan / Sensei	4th Dan Yondan / Sensei	All previous kata + Kanku	40 man kumite	60 seconds
4th Dan Yondan / Sensei	5th Dan Godan / Shihan	All previous kata + Sushihō	50 man kumite	60 seconds
5th Dan Godan / Shihan	6th Dan Rokudan / Shihan	All previous kata	60 man kumite	60 seconds
6th Dan Rokudan / Shihan	7th Dan Nanadan / Shihan	All previous kata	(kumite is decided by Soshi Hasegawa)	60 seconds



IMPORTANT NOTES

The intensity of kumite is adjusted to age.

8th Dan and above are determined by Soshi Hasegawa and the chairman of the international committee.

DAN PROMOTION FEE

Examination fee must be paid to the World Zen-Kyokushin headquarter

PROMOTION	EURO	YEN
1st Dan (Shodan)	160 €	29000円
2nd Dan (Nidan)	213 €	39000円
3rd Dan (Sandan)	251 €	46000円
4th Dan (Yondan)	290 €	53000円
5th Dan (Godan)	329 €	60000円
6th Dan (Rokudan)	367 €	68000円

No guarantee due to currency fluctuations.

REQUIRED DOCUMENTS

- Completed black belt application form
- Passport photo (digital)
- Belt length in cm
- Name in Japanese (Katakana)
- Email address for PayPal invoice
- Full shipping address for the certificate and belt

IMPORTANT INFORMATION

Additional examiners fee are not included

Any travel, accommodation or examination costs of the examiner are determined individually by each country or regional organization.