
COMMUNITY RESOURCE GUIDE



J & D FAMILY SERVICES

Supporting Families. Building Futures.

www.jdfamilyservices.org

NORTH COUNTRY RESOURCE DIRECTORY

Housing · Recovery · Treatment · Family Supports

Benefits · Transportation · Community Resources

Compiled by Brittany Pelletier | September 2026

NORTH COUNTRY RESOURCE DIRECTORY

Littleton and the North Country · New Hampshire statewide support · selected Vermont resources

A practical directory of housing, transportation, treatment, recovery, behavioral health, benefits and community supports.

Compiled from Resources.xlsx and North Country Resources by Brittany.pdf. The PDF source was compiled August 5, 2026. Contact details, eligibility, fees and availability may change; confirm directly before referring a client.

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Part I · Resources from the original master list

Housing · Employment · Financial · Legal · Transportation · Insurance · Dental · DHHS · Community service · Safety · Counseling · Family support · Clothing · Eating disorder support · Scholarships

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Housing

AHEAD

262 Cottage St Suite 116
Littleton, NH 03561
Summer Patnoe
Occupancy Specialist
spatnoe@homesahead.org
603-444-1377
Martin Elmer
Property Management Director
melmer@homesahead.org

ftbcondos.com

helpdesk@ftbcondos.com

Tri County CAP

<http://www.tccap.org>
603-444-0184

NH Housing Finance Authority

<https://www.nhhfa.org>
32 Constitution Dr
Bedford, NH
1-800-640-7239 or 1-603-472-8623

Waypoint- Transitional Housing ages 18-21

603-518-4380
<https://waypointnh.org>

Tyler Blain Homeless Shelter

56 Prospect St
Lancaster, NH
603-788-2344

Local Subsidized Apartments

Parker Village - Managed by Maloney Properties
603-444-2013

Crane St Apartments

SK Management Company
603-878-2400

Employment

NHVR - Employment with Disabilities

Sheila - 752-2271

NH Employment Security

646 Union St

Littleton, NH

603-444-2971

<https://www.nhes.nh.gov>

Financial

Step Up Parents

PO Box 1603

Portsmouth, NH 03801

<https://www.stepupparents.net/apply>

Social Security Administration

Apply for disability or SSI

<https://www.ssa.gov>

DMV - Licensing

<https://www.dmv.nh.gov>

NH CORR

<https://www.nhcorr.org/>

Harry Gregg Foundation- Grant

Home - Harry Gregg Foundation

Trac Phone

Refill Your Prepaid Plan - Tracfone

Apply for a Treatment Scholarship Men - The Family Restored

Legal

Request for Criminal Records

603-223-3856

spheadquarters@dos.nh.gov

NH Legal Assistance

1131 Main ST

Berlin, NH

1-800-698-8969

603-7521102

<https://www.nhla.org>

Transportation

CTS - Medicaid

NH Healthy Families

Non-Urgent care needs - 3 days notice

1-888-597-1192

Urgent Care Needs - for quick response

1-888-597-1182

Wellsense

Non-Urgent care needs - 48 hours' notice

1-844-909-7433

Urgent Care Needs - for quick response

603-315-3737

617-835-8610

Taveras Transportation

<https://www.taverastransport.com>

603-991-1425 non emergency transportation

RIVERA TRANSPORTATION LLC

65 PROVENCAL RD UNIT 101

LACONIA, NH 03246-1388

Insurance

Medicaid

Adrian Jasion - FHC Foundation for Healthy Communities

ajasion@healthynh.org

603-931-3858 - From West Virginia - 1st Choice

Dental

Tri-County CAP Family Dentistry - TCCAP

DHHS

Bureau of Elderly Services

Littleton District office

80 North Littleton Rd

Littleton, NH

603-444-6786

800-552-8959

Community service

Erika Sturgeon

Serenity Center
45 Union St. Littleton
603-444-1300

Catholic Church

St Matthews
Plymouth

Ladders - Plymouth

Restore - Plymouth

Whole Village - Jen

Domestic and sexual violence support

Response

1-866-662-4220

Burch House

<http://www.tccap.org>

260 Cottage St Suite E

Littleton, NH

Shelter Services: 603-444-0624

Support Services: 603-444-0184

24 Hour Crisis Line: 1-800-774-0544

National Coalition Against Domestic and Sexual Violence

<https://www.nhcadsv.org>

DV helpline: 1-866-644-3574

Sexual Assault Helpline: 1-800-277-5570

Rape, Abuse & Incest National Network

<https://www.rainn.org>

Hotline: 1-800-656-HOPE

Counseling and behavioral health

<https://northernhs.org>

29 Maple St
Littleton, NH 03561
603-444-5358

Center for New Beginnings

<https://www.centerfornewbeginnings.org>
229 Cottage St
Littleton, NH 03561
603-444-6465

Center for Balanced Health

<https://balancedhealthstudio.com/index.html>
101 Cottage St Suite 2B
Littleton, NH 03561
603-823-770
Email: cbh@balancedhealthstudio.com
Works with individuals and couples ages 13 and up

Ammonoosuc Community Health Center

<https://www.ammonoosuc.org>
25 Mt. Eustis rd
Littleton, NH 03561
603-444-2464

Mountain Psychology Group

<https://www.mountainpsychologygroup.com>
Tannery Marketplace
111 Saranac Street, Suite 135
Littleton, NH 03561
603-575-5115
Email: contact@mountainpsychologygroup.com
Works with adolescents and adults

Better Life Partners

Mandy Lumsden
miranda.lumsden@betterlifepartners.com

Counseling and behavioral health

<https://www.spacetobreathenh.com>

105 West Main St Suite 3
Littleton, NH 03561
603-631-4528

Bright Day Psychology PLLC

<http://brightday.us/index.html>
262 Cottage St.
Littleton, NH 03561
603-444-1512
Email: DrWarner@brightday.us

NH Catholic Charities

<https://www.cc-nh.org>
101 Cottage St
Littleton, NH 03561
603-444-7727
Offices in Littleton & Lancaster

Dr. Kelly McCann, Psychologist

101 Cottage St
Littleton, NH 03561
603-631-4528
Works with ages 12 and up

Bill Belcher, LCMHC

41 Cottage St
Littleton, NH 03561
603-616-5655

Counseling and behavioral health

15 Main St #4

Littleton, NH 03561

603-444-8900

Angela T. Jones, MA, LADC, RYT

<https://angelathomasjones.com>

Tannery Marketplace

111 Saranac St

Littleton, NH 03561

603-616-2019

Hours: Thurs, Fri, Saturday

Melissa Hamlett, LICSW

32 Main St Office 108

Littleton, NH 03561

603-496-2852

Aleda Smith, LCMHC

101 Cottage St Suite 5

Littleton, NH 03561

603-616-4025

Dr. Jeffrey Kay, Psychologist

Tannery Marketplace

111 Saranac St

Littleton, NH 03561

603-819-5071

Family support and regional services

<https://frc123.org>

123 Maine St.
Gorham, NH
603-466-5190
Offices in Littleton, Whitefield & Gorham
Parenting, family, financial support

North Country Therapy

<https://north-country-therapy.business.site>
442 Blaney Rd
Bethlehem, NH 03574
603-716-0333

Weeks Medical Center

173 Middle St
Lancaster, NH 03584
603-788-2521
Must be an established patient

Stable Connections

<https://stableconnections.com>
2494 Route 102
Guildhall, VT
802-522-3048
Offers equine assisted psychotherapy

Family and youth support

<https://waypointnh.org>

Offers free virtual groups

FAST Forward

<https://www.nfinorth.com>

603-333-6769

Email: BCBHFASTfordwardinquiries@dhhs.nh.gov

Program Director: Jennifer Altieri

603-5745-5667

services for youth with the most difficult emotional and SUD issues

National Alliance on Mental Illness (NAMI)

<https://www.naminh.org>

1-800-242-6264

NH Family Voices

<https://nhfv.org>

129 Pleasant St

Concord, NH

1-800-852-3345 ext 4525

603-271-4525

Families and professionals caring for children with chronic conditions.

North Country Warmline

866-447-1765

Alternative to emergency services for peer support

Line is open 5pm-9pm 7 days a week

866-447-1765

Waypoint Warmline

Open Monday-Friday 8:30am-4:30pm

1-800-640-6486

Crisis Textline - Text 741741 or visit crisistextline.org

Thrift stores and clothing

Little Red Wagon

758 Meadow St
Littleton, NH 03561
<https://Littleredwagonnh.com>

Little City Thrift Stores

<https://www.littlecitythriftstore.com>
4 Porter St
Littleton, NH
603-444-3100

Friends and Neighbors Thrift Store

6 King Square
Whitefield, NH
603-837-9044

New to You Consignment

199 N. Main St
Lancaster, NH
603-788-3377

The Revolving Closet:

<https://www.northcountrycaresnh.org>
2521 White Mountain Hwy
North Conway, NH
Free teen boutique open from
2-5pm on the 1st and 3rd Sunday of the month
Young adults ages 12-18 fill a bag for free

Backpack givway through:

Verizon
Service Credit union
Lancaster Partners in Health

Eating disorder support

<https://www.eatingdisordercenter.org/new-hampshire-treatment-program>

105 Loudon Rd Building #2
Concord, NH
603-715-5150

Center for Eating Disorder Management

<https://cedm-inc.com>
360 Route 101 Unit 10
Bedford, NH
603472-2846

Satellite Office:

Family Counseling Associates
11 Court St, Unit 210
Exeter, NH

Reflections and Eating Disorders Treatment Center at Parkland Medical Center

<https://parklandmedicalcenter.com>
Parkland Medical Center
1 Parkland Dr.
Derry, NH
603-432-1500
Consult a Nurse team available 24/7
877-642-2362

Scholarships

Apply for a Treatment Scholarship Men - The Family Restored

Wings Of Strength | Insight Recovery Hom

List of locations: Berlin, Concord, Keene, Dover, Lebanon, Littleton, Manchester, Nashua, Laconia.

Quick Access & Frequent Contacts

Added from the supplied resource lists. Confirm current contact details, eligibility, and availability before referral.

Emergency services

Contact / notes: 911

211 New Hampshire

Phone: 211

Email / website: <https://www.211nh.org/>

Services / population: Statewide health and human-service information, shelter and homelessness referrals, and Doorway access

SAMHSA National Helpline

Phone: 800-662-4357

Email / website: <https://www.samhsa.gov/>

Services / population: Treatment information and referral

Recovery Cab / RecoverCab

Phone: 929-448-9139 | 603-387-1821

Email / website: recoverycabllc@gmail.com

Services / population: Recovery-focused transportation

Contact / notes: Two different phone numbers appear in the supplied files; confirm the current dispatch number.

AskPETRA - Lisa Kenney

Phone: 603-991-5949

Email / website: lkenney@nchcnh.org

NH Health Navigator - Eli Cohn

Phone: 877-211-NAVI (6284) | 603-225-0900 ext. 262 | 603-805-4292 mobile

Email / website: ecohn@healthynh.org | <https://outlook.office365.com/book/NHNavigatorTeamBookings@NHHA.onmicrosoft.com/>

NH DHHS - Urgent Medicaid Request

Phone: 603-271-9700

Contact / notes: Option 1 for English, then option 3 for Medical

ServiceLink - Littleton

Phone: 603-444-4498

Contact / notes: 1: caregiver specialist Mike Macintyre; 2: Medicare specialist Annie Juliano; 3: options counselor Chelsea McMann; 4: senior manager Kristy Mooney

ServiceLink - Tamworth / Carroll County

Location / address: 448 White Mountain Highway, Tamworth, NH

Phone: 603-323-2043

Services / population: Aging and disability resource center; Medicare/Medicaid enrollment assistance

The Doorway - Berlin

Phone: 603-837-9547; Mon ext. 6340, Tue ext. 2125, Thu ext. 3006; Wed & Fri 603-788-5765

Services / population: Substance-use treatment navigation and connection to care

Contact / notes: 603-837-5236

The Doorway - Concord

Phone: 603-226-7505 ext. 5230

Services / population: Substance-use treatment navigation and connection to care

Contact / notes: 603-415-4571

The Doorway - Dover

Phone: 603-609-6690

Services / population: Substance-use treatment navigation and connection to care

The Doorway - Franklin / Laconia

Phone: 603-934-8905

Services / population: Substance-use treatment navigation and connection to care

The Doorway - Keene

Phone: 603-354-5454 ext. 126-3689

Services / population: Substance-use treatment navigation and connection to care

The Doorway - Littleton

Phone: 603-259-1659

Services / population: Substance-use treatment navigation and connection to care

The Doorway - Manchester

Phone: 603-663-4496

Services / population: Substance-use treatment navigation and connection to care

The Doorway - Nashua

Phone: 603-402-2056

Services / population: Substance-use treatment navigation and connection to care

Drug Court - Rob Akesson

Email / website: rakesson@nchcnh.org

The Doorway - Plymouth

Location / address: 79 Highland Street, Plymouth, NH

Contact / notes: Additional location in supplied list

Substance Use Treatment & Residential Programs

Avenues Recovery Center at Dublin

Location / address: 3 Pierce Rd Dublin, NH 03444

Phone: 603-704-4526

Email / website: AdmissionsNH@avenuesrecovery.com

Services / population: Drug & Alcohol

Contact / notes: Joe Dieppa 603-558-0501

Avenues Recovery Center at New England

Location / address: 2 Chenell Dr Concord, NH 03301

Phone: 603-691-1421

Email / website: AdmissionsNH@avenuesrecovery.com

Services / population: Drug & Alcohol

Aware Recovery - In Person, Home, Telehealth

Phone: 603-769-8462

Services / population: Lowest level of care with comprehensive services

Capital Recovery Health

Location / address: 130 Pembroke Rd Suite 100 Concord, NH 03301

Phone: 603-207-4814

Email / website: Stephanie@capitalrecoveryhealth.com

Services / population: PHP, Case Management

Contact / notes: Stephanie | 603-415-8843

Dismas Home

Location / address: 102 Fourth St Manchester, NH 03103

Phone: 603-782-3004

Services / population: For Women

Gate House

Location / address: 491 Amherst St #105 Nashua, NH 03063

Phone: 844-942-2424

Email / website: agordius@gatehousetreatment.com

Services / population: MAT, Individual/Group Therapy

Contact / notes: Audra Gordius

Granite Recovery Centers

Location / address: 6 Manor Parkway Salem, NH 03079

Phone: 844-706-1116

Email / website: admissions@graniterecoverycenters.com

Services / population: Detox, Residential, Outpatient, after care programs, holistic tx, individual/group counseling, dual diagnoses, 12 step, CBT, Trauma Therapy

Contact / notes: Mike McCormick 603-339-9444 michael.mccormack@graniterecoverycenters.com | CT, ME, MA, NH, VT, RI

Harmony Recovery Group

Location / address: Haverhill, MA

Email / website: bferguson@harmonyrecoverygroup.com

Hope on Haven Hill

Location / address: Physical: 40 Charles St. Mailing: PO Box 1272 Rochester, NH 03867

Phone: 603-841-5353 ext. 2022

Email / website: admissions@hopeonhavenhill.org kplasse@hopeonhavenhill.org

Services / population: Residential & Outpatient for pregnant and parenting women with SUD

Contact / notes: Kati Plasse | 603-841-5585

Insight Recovery

Location / address: Mass, Portland, Dover

Phone: 207-520-3600

Email / website: jbaer@insightrecoverytc.com

Contact / notes: Jon Baer 207-520-3600

Liberty Health Services

Location / address: 29 Ashleigh Dr. Derry, NH 03038

Phone: 603-216-0277

Email / website: admissions@libertyhealthdetox.com

Services / population: Alcohol, Drug, Residential, IOP, MAT, Therapy

Contact / notes: Christine_cmanter@libertyhealthdetox.com 603-660-0843

Live Free Recovery Services

Location / address: 17 Kit St. 70 Kelley St. Keene, NH 03431 Manchester, NH 03102

Phone: 855-705-3759

Email / website: LFRSAdmissions@LiveFreeRecoveryNH.com

Services / population: Detox, Pysch, MAT, Case Management, Therapy, Groups

Contact / notes: Matthew Bohannon, 207-332-7477 | 603-439-2029 | \$500 Per day Detox \$250 Residential

Recovery Centers of America

Location / address: 9 Village Inn Rd West Minister, MA 01473

Phone: 1-800-RECOVERY

Email / website: t.reid@recoverycoa.com

Contact / notes: Tim Reid: 603-568-1716

The Starlight Program - Stonington Institute

Location / address: 75 Swantown Hill Rd North Stonington CT
Phone: Ph.860-235-5570 Cell 857-249-7726
Email / website: Dustin.Ward@uhsinc.com
Services / population: Behavioral Health care for Active Duty Service Members
Contact / notes: Dustin Ward | 860-445-3-18

Sullivan House

Location / address: 19 Sullivan St Claremont, NH 03743
Phone: 603-542-9096
Email / website: jfarnsworth@sullivancountynh.gov
Contact / notes: Jeremy Farnsworth

The Plymouth House

Location / address: 446 Main St Plymouth, NH 03264
Phone: 888-665-9607 603-707-4496
Email / website: info@theplymouthhouse.com
Services / population: Detox Residential and 12 step program.
Contact / notes: Marissa 603-707-4497 | 603-536-1241

True Healing

Location / address: Concord - Blueprint Recovery Rochester - Bonfire Behavioral Health Bethlehem - New Hampshire
Detox
Phone: 1-888-897-6237
Email / website: andycurrier8@gmail.com kassad@truhealingcenters.com
Services / population: Detox and Residential
Contact / notes: Andy Currier 603-828-4053 Kevin Assad

Valley Vista MENS Facility Valley Vista WOMENS Facility

Location / address: 23 Upper Plain Rd 1 Alden Pl. Bradford, VT 05033 Vergennes, VT 05491
Phone: 802-222-5201
Email / website: info@valleyvistarecovery.com
Contact / notes: 855-945-4315

Mountain View Retreat - Christopher Cote, Admissions Director

Email / website: chriscope@mountainviewretreat.com
Contact / notes: 603-217-3892

Pathfinder Recovery

Email / website: <https://www.pathfinder-recovery.com>
Contact / notes: Pathfinder Recovery is a separate organization and is not associated with Mountain View Retreat.

Granite Recovery - presumptive eligibility contact

Phone: 603-339-9444

Email / website: michael.mccormack@graniterecoverycenters.com Level of care: PHP or lower; contact directly regarding detox needs

Contact / notes: Mike McCormick

Granite Recovery - Effingham

Location / address: Effingham, NH

Phone: 844-706-1116

Email / website: admissions@graniterecoverycenters.com

Contact / notes: Confirm bed availability and admission criteria.

Gate House - Nashua

Location / address: 491 Amherst St, Nashua, NH

Phone: 855-448-3707

Contact / notes: Confirm bed availability and admission criteria.

Farnum / Easterseals - Manchester

Location / address: Manchester, NH

Phone: 603-622-3020

Contact / notes: Confirm bed availability and admission criteria.

Nashua Women's Respite

Location / address: 7 Van Buren, Nashua, NH

Phone: 603-521-8546

Contact / notes: Confirm bed availability and admission criteria.

Nashua Men's Respite

Location / address: 32 Locke St, Nashua, NH

Phone: 603-589-9542 | 603-521-8225

Contact / notes: Confirm bed availability and admission criteria.

New Season Treatment Center - Franklin

Location / address: 880 Central Street, Suite 10, Franklin, NH 03235

Phone: 603-671-3215

Services / population: Treatment center

Contact / notes: Fax: 603-671-7065

New Season Treatment Center - Manchester West

Location / address: 865 Second Street, Unit 1B, 2 & 3, Manchester, NH 03102

Phone: 603-397-0970

Services / population: Treatment center

Contact / notes: Fax: 603-222-1964

Concord Metro Treatment Center

Location / address: 100 Hall Street, Concord, NH 03301
Phone: 603-229-4260
Services / population: Treatment center
Contact / notes: Fax: 603-229-4266

Manchester Metro Treatment Center

Location / address: 228 Maple Street, Manchester, NH 03103
Phone: 603-622-5005
Services / population: Treatment center
Contact / notes: Fax: 603-622-5051

Keene Metro Treatment Center

Location / address: 1076 W Swanzey Road, Swanzey, NH 03446
Phone: 603-358-0050
Services / population: Treatment center
Contact / notes: Fax: 603-358-0070

HCRC Somersworth

Location / address: 200 NH-108, Somersworth, NH 03878
Phone: 603-453-1539
Services / population: Treatment center
Contact / notes: Fax: 603-953-0078

HCRC Newington

Location / address: 177 Shattuck Way, Newington, NH 03801
Phone: 603-207-0015
Services / population: Treatment center
Contact / notes: Fax: 603-436-0668

HCRC Hudson

Location / address: 323 Derry Road, Hudson, NH 03051
Phone: 603-453-1983
Services / population: Treatment center
Contact / notes: Fax: 603-579-2734

CTC Manchester

Location / address: 20 Market Street, Manchester, NH 03101
Phone: 877-337-0413
Services / population: Treatment center

CTC West Lebanon

Location / address: 254 N Plainfield Road, Unit 5, West Lebanon, NH 03784
Phone: 603-392-7615
Services / population: Treatment center

Recovery Clinic - Gilford

Location / address: 14 Maple Street, Gilford, NH
Phone: 603-737-6047
Services / population: Treatment clinic
Contact / notes: Phone also listed with Franklin location

Recovery Clinic - Franklin

Location / address: 15 Aiken Avenue, Franklin, NH
Phone: 603-737-6047
Services / population: Treatment clinic

Health First - Laconia

Location / address: 22 Strafford Street #1, Laconia, NH
Phone: 603-366-1070
Services / population: Health care

Health First - Franklin

Location / address: 841 Central Street, Franklin, NH
Phone: 603-934-1464
Services / population: Health care

Health First - Canaan

Location / address: 18 Roberts Road, Canaan, NH
Phone: 603-523-4343
Services / population: Health care

Mid-State Health - Bristol

Location / address: 100 Robie Road, Bristol, NH
Phone: 603-744-6200
Services / population: Health care

Mid-State Health - Plymouth

Location / address: 101 Boulder Point Drive, Plymouth, NH
Phone: 603-536-4000
Services / population: Health care

Mid-State Health - Lincoln

Location / address: 6 South Mountain Drive, Lincoln, NH
Phone: 603-536-4000
Services / population: Health care

ROAD to a Better Life - Concord

Location / address: 22 Bridge Street, Concord, NH
Phone: 603-415-0330
Services / population: Treatment

ROAD to a Better Life - Somersworth

Location / address: 255 Route 108, Somersworth, NH

Phone: 603-841-2301

Services / population: Treatment

ROAD to a Better Life - Merrimack

Location / address: 2 Mound Court, Merrimack, NH

Phone: 603-423-0207

Services / population: Treatment

Groups Recover Together - Manchester

Location / address: 377 South Willow Street, Suite B2-5, Manchester, NH

Phone: 603-565-2798

Services / population: Recovery treatment

Contact / notes: New members: 603-518-6725

Groups Recover Together - Nashua

Location / address: 155 Main Dunstable Road, Suite 115, Nashua, NH

Phone: 603-581-6725

Services / population: Recovery treatment

Contact / notes: New members: 603-518-6725

Groups Recover Together - Keene

Location / address: 12 Kingsbury Street, Keene, NH

Phone: 603-272-6668

Services / population: Recovery treatment

Contact / notes: New members: 603-518-6725

SaVida Health Gilford

Location / address: 401 Gilford Avenue, Gilford, NH

Phone: 603-556-4409

Services / population: Treatment

Middlesex Recovery

Location / address: 45 Stiles Road, Unit 206, Salem, NH

Phone: 603-757-5643

Services / population: Recovery treatment

Confidant Health

Location / address: Virtual

Phone: 203-747-8696

Services / population: Therapy, psychiatry, addiction treatment

Contact / notes: Supplied list also gives 230-747-8696; confirm number

Heartfelt Recovery Center

Location / address: Hudson and Laconia, NH

Phone: 603-207-4535

Services / population: PHP, IOP, outpatient

Paugus Bay Behavioral Health

Location / address: Laconia, NH

Phone: 603-619-1132

Services / population: PHP, IOP, sober living

Brighter Day Recovery

Location / address: Somersworth, NH

Phone: 603-699-9000

Services / population: PHP, IOP

Teen Challenge - Manchester

Location / address: Manchester, NH

Phone: 603-647-7770

Services / population: Inpatient

Clear Steps Recovery

Location / address: Londonderry, NH

Phone: 603-796-8981

Services / population: PHP, IOP, evening IOP

Cynthia Day Program

Phone: 603-821-7788

Services / population: Pregnant women or mothers; inpatient

Addiction Recovery Services

Location / address: Greenland, NH

Phone: 978-228-5853

Services / population: In-person and virtual IOP

Pathfinders

Phone: 603-458-0598

Services / population: Virtual detox and IOP

Riverbend Choices Program

Location / address: Concord, NH

Phone: 603-228-1600

Services / population: IOP

Innate Therapeutic Services

Location / address: Franklin, NH

Phone: 603-671-7045

Services / population: Counseling, evaluations, impaired driver services

Pursue Care

Location / address: Virtual

Phone: 866-744-1930

Services / population: Addiction and mental health services

Away Recovery

Location / address: Pike, NH

Phone: 603-481-1974

Services / population: Inpatient

Contact / notes: Supplied list describes private pay

Discover Health Group

Location / address: Nashua, NH

Phone: 603-202-3423

Services / population: PHP, IOP, outpatient, alumni program

Contact / notes: Supplied list describes private insurance or private pay; confirm current terms

Sober Living & Recovery Housing

Bonfire

Location / address: Dover, NH

Phone: 603-836-9152

Email / website: <https://bonfirebh.wpengine.com/>

Services / population: Men

Contact / notes: Availability and eligibility were not independently verified.

Carey House (sober shelter)

Location / address: Laconia, NH

Phone: 603-527-8026

Email / website: <https://nne.salvationarmy.org/laconia>

Services / population: Men

Contact / notes: Availability and eligibility were not independently verified.

Driven by Circumstances

Location / address: Franklin, NH

Phone: 603-867-3204

Email / website: <https://drivenbycircumstances.org/>

Services / population: Men

Contact / notes: Availability and eligibility were not independently verified.

Freeman House

Location / address: Dover, NH

Phone: 978-358-1349

Email / website: <https://thefreemenhouse.com/>

Services / population: Men

Contact / notes: Availability and eligibility were not independently verified.

Fresh Perspective

Location / address: Laconia, NH

Phone: 603-455-8670

Email / website: <https://www.freshperspectivehouse.com/contact>

Services / population: Men

Contact / notes: Availability and eligibility were not independently verified.

Friends Program (shelter)

Location / address: Concord, NH

Phone: 603-228-1193

Email / website: <https://friendsprogram.org/>

Services / population: Men

Contact / notes: Availability and eligibility were not independently verified.

Gate House

Location / address: Nashua, NH

Phone: 855-448-3774

Email / website: <https://www.gatehousesobercommunity.com/>

Services / population: Men

Contact / notes: Availability and eligibility were not independently verified.

Golden Oaks

Location / address: Salem, NH

Phone: 603-912-4490

Email / website: none

Services / population: Men

Contact / notes: Availability and eligibility were not independently verified.

Granite Recovery

Location / address: Various

Phone: 866-957-3125

Email / website: <https://www.graniterecoverycenters.com/>

Services / population: Men

Contact / notes: Availability and eligibility were not independently verified.

Headrest

Location / address: Lebanon, NH

Phone: 603-448-4400

Email / website: www.headrest.org

Services / population: Men

Contact / notes: Availability and eligibility were not independently verified.

Helping Hands

Location / address: Manchester, NH

Phone: 603-623-8778

Email / website: <http://helpinghandsmanchesternh.com/>

Services / population: Men

Contact / notes: Availability and eligibility were not independently verified.

Homestead Inn

Location / address: Boscawen, NH

Phone: 603-975-0041

Email / website: www.homesteadinn.org

Services / population: Men

Contact / notes: Availability and eligibility were not independently verified.

Hope 2 Freedom Recovery Home

Location / address: Camden, NH

Phone: 603-233-3753

Services / population: Men

Contact / notes: Availability and eligibility were not independently verified.

Humble House

Location / address: Manchester, NH

Phone: 603-722-5408

Email / website: None

Services / population: Men

Contact / notes: Availability and eligibility were not independently verified.

Into Action

Location / address: Manchester, NH

Phone: 603-678-4740

Email / website: <https://intoactionsobberliving.business.site/>

Services / population: Men

Contact / notes: Availability and eligibility were not independently verified.

Legacy Retreat

Location / address: Laconia, NH

Phone: 603-828-5159

Email / website: <https://www.legacyretreat.org/>

Services / population: Men

Contact / notes: Availability and eligibility were not independently verified.

Liberty House (veterans)

Location / address: Manchester, NH

Phone: 603-669-0761

Email / website: None

Services / population: Men

Contact / notes: Availability and eligibility were not independently verified.

Live Free

Location / address: Manchester, NH Keene, NH

Phone: 877-932-6757

Email / website: <https://livefreessl.com/>

Services / population: Men

Contact / notes: Availability and eligibility were not independently verified.

Mckenna House Shelter

Location / address: Concord, NH

Phone: 603-228-3505

Email / website: <https://www.salvationarmyusa.org/usn/>

Services / population: Men

Contact / notes: Availability and eligibility were not independently verified.

Merrimac St. Sober Living

Location / address: Laconia, NH

Phone: 603-536-5500

Email / website: <http://theplymouthhouse.com/>

Services / population: Men

Contact / notes: Availability and eligibility were not independently verified.

New England RAW (Avenues)

Location / address: Concord, NH

Phone: 603-556-8144

Email / website: <https://www.newenglandraw.com/>

Services / population: Men

Contact / notes: Availability and eligibility were not independently verified.

New Horizons Shelter

Location / address: Manchester, NH

Phone: 603-668-1877

Email / website: <http://www.newhorizonsfornh.org/programs/shelter/>

Services / population: Men

Contact / notes: Availability and eligibility were not independently verified.

New Leaf

Location / address: Laconia, NH

Phone: 603-520-9177

Services / population: Men

Contact / notes: Availability and eligibility were not independently verified.

New Life Recovery

Location / address: Laconia, NH

Phone: 603-273-8442

Email / website: <https://newliferecoveryhomes.com/>

Services / population: Men

Contact / notes: Availability and eligibility were not independently verified.

Oxford House

Location / address: Manchester, NH

Phone: 603-518-8778

Email / website: www.oxfordhouse.org

Services / population: Men

Contact / notes: Availability and eligibility were not independently verified.

Prospect House

Location / address: Keene, NH

Phone: 603-762-0611

Email / website: <https://www.prospecthousenh.org/>

Services / population: Men

Contact / notes: Availability and eligibility were not independently verified.

Reverence House

Location / address: Laconia, NH

Phone: 603-832-1913

Email / website: www.reverencehouse.com

Services / population: Men

Contact / notes: Availability and eligibility were not independently verified.

Richie's Recovery

Location / address: Manchester, NH

Phone: 603-327-9705

Email / website: richiesrecoveryresidences@gmail.com

Services / population: Men

Contact / notes: Availability and eligibility were not independently verified.

Rise Above

Location / address: Manchester, NH Nashua, NH

Phone: 781-691-9006

Email / website: <http://www.time2riseabove.com/>

Services / population: Men

Contact / notes: Availability and eligibility were not independently verified.

Riverbank House

Location / address: Laconia, NH

Phone: 603-505-7912

Email / website: <https://riverbankhouse.net/>

Services / population: Men

Contact / notes: Availability and eligibility were not independently verified.

RJM House

Location / address: Manchester, NH

Phone: 603-836-4031

Email / website: www.rjmhouse.com

Services / population: Men

Contact / notes: Availability and eligibility were not independently verified.

Solution House

Location / address: Nashua, NH

Phone: 603-557-6693

Email / website: www.thesolutionhouse.com

Services / population: Men

Contact / notes: Availability and eligibility were not independently verified.

Starting Point

Location / address: Manchester, NH

Phone: 603-387-2479

Email / website: <https://www.startingpointnh.com/>

Services / population: Men

Contact / notes: Availability and eligibility were not independently verified.

Tabula Rasa

Location / address: Manchester, NH

Phone: 781-443-3184

Services / population: Men

Contact / notes: Availability and eligibility were not independently verified.

Turning Point

Location / address: Dover, NH

Phone: 603-516-8161

Email / website: <https://senhs.org/>

Services / population: Men

Contact / notes: Availability and eligibility were not independently verified.

Tirrell House

Location / address: Manchester, NH

Phone: 603-836-5145

Email / website: <https://www.fitnh.org/>

Services / population: Men

Contact / notes: Availability and eligibility were not independently verified.

Total Recovery Housing

Location / address: Manchester, NH

Phone: 781-962-0795

Email / website: none

Services / population: Men

Contact / notes: Availability and eligibility were not independently verified.

Unity House

Location / address: Laconia, NH

Phone: 617-930-7671

Email / website: <https://unitysoberliving.com/>

Services / population: Men

Contact / notes: Availability and eligibility were not independently verified.

White Mountain Sober Living

Location / address: Littleton, NH Northfield, NH Tilton, NH

Phone: 603-262-3964

Email / website: <https://www.whitemountainsrecovery.com/>

Services / population: Men

Contact / notes: Availability and eligibility were not independently verified.

Adira

Location / address: Manchester, NH

Phone: 603-387-2479

Email / website: <https://www.startingpointnh.com/>

Services / population: Women

Contact / notes: Availability and eligibility were not independently verified.

Avenues

Location / address: Concord, NH

Phone: 855-416-8221

Email / website: <https://www.avenuesrecovery.com/>

Services / population: Women

Contact / notes: Availability and eligibility were not independently verified.

Bonfire

Location / address: Dover, NH

Phone: 603-836-9152

Email / website: <https://bonfirebh.wpengine.com/>

Services / population: Women

Contact / notes: Availability and eligibility were not independently verified.

Butterfly House

Location / address: Laconia, NH

Phone: 603-527-8682

Email / website: <https://www.butterflyhouseforwomen.org/>

Services / population: Women

Contact / notes: Availability and eligibility were not independently verified.

Carey House (sober shelter)

Location / address: Laconia, NH

Phone: 603-527-8026

Email / website: <https://nne.salvationarmy.org/laconia>

Services / population: Women

Contact / notes: Availability and eligibility were not independently verified.

Dismas House

Location / address: Manchester, NH

Phone: 603-782-3004

Email / website: <https://www.dismashomenh.org/#/Index>

Services / population: Women

Contact / notes: Availability and eligibility were not independently verified.

Endeavor House

Location / address: Conway, NH

Phone: 603-662-0668

Email / website: <https://www.mwvsupportsrecovery.org/endeavor-house>

Services / population: Women

Contact / notes: Availability and eligibility were not independently verified.

Freeman House

Location / address: Dover, NH

Phone: 978-358-1349

Email / website: <https://thefreemenhouse.com/>

Services / population: Women

Contact / notes: Availability and eligibility were not independently verified.

Friends Program (shelter)

Location / address: Concord, NH

Phone: 603-228-1193

Email / website: <https://friendsprogram.org/>

Services / population: Women

Contact / notes: Availability and eligibility were not independently verified.

Granite Recovery

Location / address: Various

Phone: 866-957-3125

Email / website: <https://www.graniterecoverycenters.com/>

Services / population: Women

Contact / notes: Availability and eligibility were not independently verified.

Headrest

Location / address: Lebanon, NH

Phone: 603-448-4400

Email / website: www.headrest.org

Services / population: Women

Contact / notes: Availability and eligibility were not independently verified.

Hope on Haven Hill (Abi's House)

Location / address: Rochester, NH

Phone: 603-841-5353

Email / website: <http://www.hopeonhavenhill.org/>

Services / population: Women

Contact / notes: Availability and eligibility were not independently verified.

Humble House

Location / address: Manchester, NH

Phone: 603-722-5408

Email / website: <https://www.humblehouserecovery.org/>

Services / population: Women

Contact / notes: Availability and eligibility were not independently verified.

Into Action

Location / address: Manchester, NH

Phone: 603-678-4740

Email / website: <https://intoactionsobberliving.business.site/>

Services / population: Women

Contact / notes: Availability and eligibility were not independently verified.

Lin's Place (FIT)

Location / address: Manchester, NH

Phone: 603-641-9441

Email / website: <https://www.fitnh.org/housing-services/willows/>

Services / population: Women

Contact / notes: Availability and eligibility were not independently verified.

Lydia's House of Hope

Location / address: Somersworth, NH

Phone: 603-692-3100

Email / website: <https://seedsoffaithnh.org/lydias-house-of-hope/>

Services / population: Women

Contact / notes: Availability and eligibility were not independently verified.

Lotus House

Location / address: Nashua, NH

Phone: 603-553-5056

Email / website: None

Services / population: Women

Contact / notes: Availability and eligibility were not independently verified.

Magnolia House

Location / address: Hampton, NH

Phone: 818-482-0694

Email / website: None

Services / population: Women

Contact / notes: Availability and eligibility were not independently verified.

Mckenna House Shelter

Location / address: Concord, NH

Phone: 603-228-3505

Email / website: <https://www.salvationarmyusa.org/usn/>

Services / population: Women

Contact / notes: Availability and eligibility were not independently verified.

New Horizons Shelter

Location / address: Manchester, NH

Phone: 603-668-1877

Email / website: <http://www.newhorizonsfornh.org/programs/shelter/>

Services / population: Women

Contact / notes: Availability and eligibility were not independently verified.

New Life Home (faith based)

Location / address: Manchester, NH

Phone: 603-624-8444

Email / website: <https://newlifehome.org/>

Services / population: Women

Contact / notes: Availability and eligibility were not independently verified.

Rise Above

Location / address: Manchester, NH Nashua, NH

Phone: 781-691-9006

Email / website: <http://www.time2riseabove.com/>

Services / population: Women

Contact / notes: Availability and eligibility were not independently verified.

Sober Sisters

Location / address: Somersworth, NH

Phone: 603-703-9077

Email / website: <https://sober-sisters.org/>

Services / population: Women

Contact / notes: Availability and eligibility were not independently verified.

Sobriety Centers of NH (Antrim)

Location / address: Antrim, NH Manchester, NH

Phone: 855-644-3876

Email / website: <https://sobrietycentersofnh.com/>

Services / population: Women

Contact / notes: Availability and eligibility were not independently verified.

Total Recovery Housing

Location / address: Manchester, NH

Phone: 781-962-0795

Email / website: none

Services / population: Women

Contact / notes: Availability and eligibility were not independently verified.

White Mountain Sober Living

Location / address: Littleton, NH Northfield, NH Tilton, NH

Phone: 603-262-3964

Email / website: <https://www.whitemountainsrecovery.com/>

Services / population: Women

Contact / notes: Availability and eligibility were not independently verified.

Sunrise House

Location / address: 168 Union Avenue, Laconia, NH

Services / population: Women

Contact / notes: Owner email listed in supplied notes; use program contact before referral

Leave a Light On

Location / address: 15 Spring Street and 46 Academy Street, Laconia, NH

Phone: 603-581-4871 / 603-409-1971

Services / population: Men

Contact / notes: Two contacts are listed for separate addresses

Merrimac Street Sober Living

Location / address: Merrimac Street, Laconia, NH

Phone: 603-581-6582

Services / population: Men

Prices Hope and Recovery Home

Location / address: Union Avenue and S Main Street, Laconia, NH

Phone: 603-595-9053

Services / population: Men

Second Chance at Rivers Edge

Location / address: Franklin, NH

Phone: 978-382-2442

Services / population: Men

White Mountain Recovery Homes

Location / address: Plymouth and Littleton, NH

Phone: 603-262-3964

Services / population: Sober living

Hope 2 Freedom

Location / address: Claremont, NH

Phone: 603-233-3753

Services / population: Men

Stoodley Sober House

Location / address: 189 Broad Street, Claremont, NH

Phone: 844-762-3747

Services / population: Sober living

Recovery & Mental Health Peer Support

Alanon - Relatives & Friends of Alcoholics Group

Location / address: <https://nhal-anon.org>

Phone: 603-369-6930

Email / website: outreach@nhal-anon.org

Alcoholics Anonymous

Location / address: <https://www.nhaa.net>

Phone: 1-800-593-3330

Archways - Concord

Location / address: 202 N. State St Concord, NH 03301

Phone: 603-671-0300

Services / population: Peer Support/Recovery

Archways - Franklin

Location / address: 175 Central St Franklin, NH 03235

Phone: 603-671-0060

Services / population: Peer Support/Recovery

Archways - Plymouth

Location / address: 57D Main St Plymouth, NH 03264

Phone: 603-236-9330

Services / population: Peer Support/Recovery

Archways - Tilton

Location / address: 5 Prospect St Tilton, NH 03276

Phone: 603-286-4255

Services / population: Peer Support/Recovery

Alternative Life Center - Serenity Steps - Berlin

Location / address: 567 Main St Berlin, NH 03570

Phone: 603-215-6404

Services / population: Groups, One-on-One Support, outreach, Transportation Peer Support

Alternative Life Center - The Haven - Colebrook

Location / address: 27 Lombard St Colebrook, NH 03576

Phone: 603-237-4353

Alternative Life Center - Conway Peer Support

Location / address: 6 Main St. Conway, NH 03818

Phone: 603-447-1765

Alternative Life Center - Littleton Peer Support

Location / address: 33 Main St Suite 203/204 Littleton, NH 03561
Phone: 603-575-5419

Brain Injury Association of NH

Contact / notes: Jennifer Waterhouse: 603-225-8400

Charlie Health Teens, youth, and Families

Location / address: Virtual
Phone: 866-491-5196
Email / website: admissions@charliehealth.com

Doorway - Berlin - AVH

Location / address: 7 Page Hill Rd Berlin, NH 03570
Services / population: accessing every level of treatment.

Doorway - Concord

Location / address: 40 Pleasant St Concord, NH 03301
Services / population: accessing every level of treatment.

Doorway - Dover - Wentworth Douglas Hospital

Location / address: 798 Central Ave Dover, NH 03820
Services / population: accessing every level of treatment.

Doorway - Keene - Cheshire Medical

Location / address: 24 Railroad St Keene, NH 03431
Services / population: accessing every level of treatment.

Doorway - Laconia - Concord Hospital

Location / address: 80 Highland St Laconia, NH 03246
Services / population: accessing every level of treatment.

Doorway - Lebanon - Dartmouth Hitchcock

Location / address: 85 Mechanic St Suite B3-1 Lebanon, NH 03766
Services / population: accessing every level of treatment.

Doorway - Littleton - Littleton Hospital

Location / address: 11 Riverglen Lane Suite 100 Littleton, NH 03561
Services / population: accessing every level of treatment.

Doorway - Manchester

Location / address: 60 Rogers St Suite 210 Manchester, NH 03103
Services / population: accessing every level of treatment.

Doorway - Nashua

Location / address: 268 Main St Nashua, NH 03064

Groups Recover Together - Manchester, NH

Location / address: 337 S. Willow St Ste B2-5 Manchester, NH 03103

Phone: 603-400-4784

Email / website: danielle.dye@jointgroups.com

Services / population: Groups

Contact / notes: Daniel Dye

Groups Recover Together - Portland ME

Location / address: 315 Park Ave. Portland, ME 04102

Phone: 207-778-1266

Email / website: melissa.caminiti@joingroups.com

Services / population: Groups

Contact / notes: Melissa Caminiti

Narcotics Anonymous

Location / address: <https://gsana.org>

Phone: 1-888-624-3578

North Country Serenity Center

Location / address: 45 Union St Littleton, NH 03561

Phone: 603-444-6465

Services / population: Peer support groups, meetings, recovery coaching

Northern Human Services - Littleton

Location / address: 29 Maple St Littleton, NH 03561

Phone: 603-444-5358

Smart Recovery

Location / address: www.smartrecovery.org Online

Phone: 440-951-5357

SOS Recovery Community Center - Rochester

Location / address: 14 Signal St Rochester, NH 03867

Phone: 603-841-2350 ext 1

Email / website: mdymek@sosrco.org

Services / population: Recovery support

Contact / notes: Mike Dymek: 603-973-5614

SOS Recovery Community Center - Dover

Location / address: 4 Broadway Dover, NH 03820

Phone: 603-841-2350 ext 2

Email / website: clewis@sosrco.org

Services / population: Recovery support

Contact / notes: Caitlin Lewis: 603-973-7897

SOS Recovery Community Center - Exeter

Location / address: 92 Portsmouth Ave Exeter, NH 03833

Phone: 603-841-2350 ext 3

Services / population: Recovery support

Respite for WOMEN - Nashua

Phone: 603-521-8546

Respite for MEN - Nashua

Phone: 603-589-9542 603-521-8225

SAMHSA - National Helpline

Location / address: <https://www.samhsa.gov>

Phone: 800-662-4357

North Country Peer Support - Conway

Location / address: 6 Main St / PO Box 241, Conway, NH 03818

Phone: 603-447-1765

Email / website: alcexecdirector@gmail.com; alcjodicollins@gmail.com Warmline: 866-447-1765, 6–9 pm daily

North Country Peer Support - Berlin

Location / address: 567 Main St, Berlin, NH 03570

Phone: 603-215-6404

Email / website: serenitystepspsc@gmail.com Warmline: 866-447-1765, 6–9 pm daily

North Country Peer Support - Groveton

Location / address: 9 Summer St, Unit 1, Groveton, NH 03582

Phone: 603-636-5000

Email / website: alcexecdirector@gmail.com Warmline: 866-447-1765, 6–9 pm daily

North Country Peer Support - Littleton

Location / address: 111 Saranac St, Suites 169–171, Littleton, NH 03561

Phone: 603-575-5419

Email / website: shawncardi75@gmail.com Warmline: 866-447-1765, 6–9 pm daily

Stepping Stone - Claremont

Location / address: 108 Pleasant St, Claremont, NH 03743

Phone: 603-543-1388

Email / website: susan.seidler@steppingstonenextstep.org; shanon.laferte@steppingstonenextstep.org Warmline: 888-582-0920; Sat–Thu 4–9 pm, Fri 4–8 pm

Next Step - Lebanon

Location / address: 109 Bank St, Lebanon, NH 03766

Phone: 603-448-6941

Email / website: susan.seidler@steppingstonenextstep.org; shanon.laferte@steppingstonenextstep.org Warmline: 888-582-0920; Sat–Thu 4–9 pm, Fri 4–8 pm

One Peer to Another - Laconia

Location / address: 328 Union Ave / PO Box 304, Laconia, NH 03247

Phone: 603-528-7742

Email / website: michelle@onepeer.org Warmline: 800-306-4334, 5-10 pm daily

One Peer to Another - Concord

Location / address: 224 N Main St, Concord, NH 03301

Phone: 603-224-0894

Email / website: michelle@onepeer.org Warmline: 800-306-4334, 5-10 pm daily

Monadnock Peer Support Agency

Location / address: 24 Vernon St, Keene, NH 03431

Phone: 603-352-5093

Email / website: david@monadnockpsa.org Warmline: 866-352-5093, 4-9 pm daily; peer respite 603-352-5093

H.E.A.R.T.S. Peer Support Center

Location / address: 5 Pine St Extension, Suite 1G, Nashua, NH 03060

Phone: 603-882-8400

Email / website: kenl@heartspsa.org Warmline: 800-306-4334, 5-10 pm daily; peer respite 603-864-8769

On the Road to Wellness - Manchester

Location / address: 377 S Willow St, Suite B2-4, Manchester, NH 03103

Phone: 603-623-4523

Email / website: manchester@otrtw.org Warmline: 800-306-4334, 5-10 pm daily

Connections Peer Support Center

Location / address: 544 Islington St, Portsmouth, NH 03801

Phone: 603-427-6966

Email / website: fred@connectionspeersupport.org; nina@connectionspeersupport.org Warmline: 800-809-6262, 5-10 pm daily

Infinity Peer Support

Location / address: 55 Summer St, Rochester, NH 03867

Phone: 603-948-1036

Email / website: heather@infinitypeersupport.org; carole@infinitypeersupport.org Warmline: 800-809-6262, 5-10 pm daily

On the Road to Wellness - Derry

Location / address: 45 S Main St, Derry, NH 03038

Phone: 603-552-3177

Email / website: derry@otrtw.org Warmline: 800-809-6262, 5-10 pm daily

Navigating Recovery Center

Location / address: 102 Court Street, Laconia, NH 03246

Phone: 603-524-5939

Services / population: Recovery support

White Horse Recovery - Center Ossipee

Location / address: 68 NH-16B, Center Ossipee, NH 03814

Phone: 603-651-1441

Services / population: Recovery support

White Horse Recovery - North Conway

Location / address: 2977 White Mountain Highway, North Conway, NH

Phone: 603-651-1441

Services / population: Recovery support

White Horse Recovery - Berlin

Location / address: 38 Glen Avenue, Berlin, NH 03570

Phone: 603-215-6360

Services / population: Recovery support

Mount Washington Valley Supports Recovery

Location / address: 1620 E Main Street, Center Conway, NH 03813

Phone: 603-662-0668

Services / population: Recovery support

TLC Recovery Programs

Location / address: 62 Pleasant Street, Claremont, NH 03743

Phone: 603-542-1848

Services / population: Recovery support

Keene Serenity Center

Location / address: 24 Vernon Street, Keene, NH 03431

Phone: 603-283-5015

Services / population: Recovery support

HOPE for NH Recovery

Location / address: 293 Wilson Street, Manchester, NH 03103

Phone: 603-935-7524

Services / population: Recovery support

Revive Recovery Resource Center - Manchester

Location / address: 99 Blaine Street, Manchester, NH 03102

Phone: 888-317-8312

Services / population: Recovery support

Revive Recovery Resource Center - Derry

Location / address: 6 Railroad Avenue, Derry, NH 03038

Phone: 888-317-8312

Services / population: Recovery support

Revive Recovery Resource Center - Nashua

Location / address: 263 Main Street, Nashua, NH 03060

Phone: 888-317-8312

Services / population: Recovery support

Addiction Recovery Coalition of New Hampshire (ARCNH)

Location / address: 180 Elm Street, Suite E, Milford, NH 03055

Phone: 603-554-8142

Services / population: Recovery support

Safe Harbor Recovery Center

Location / address: 865 Islington Street, Portsmouth, NH 03801

Phone: 603-570-9444

Services / population: Recovery support

SOS Recovery Community Organization - Exeter

Location / address: 92 Portsmouth Avenue, Suite 10, Exeter, NH 03833

Phone: 603-841-2350

Services / population: Recovery support

SOS Recovery Community Organization - Dover

Location / address: 4 Broadway, Dover, NH 03820

Phone: 603-841-2350

Services / population: Recovery support

SOS Recovery Community Organization - Rochester

Location / address: 14 Signal Street, Rochester, NH 03867

Phone: 603-841-2350

Services / population: Recovery support

RISE Recovery - Plymouth

Location / address: 28 Main Street, Plymouth, NH 03264

Phone: 603-536-3898

Services / population: Recovery support; another number appears for virtual IOP in supplied list

One Peer to Another

Phone: 603-528-7742

Services / population: Peer support

Counseling, Behavioral Health & Family Supports

National Alliance on Mental Illness NH

Location / address: Statewide

Phone: 800-242-6264

Email / website: <https://www.naminh.org>

Services / population: Education and family support

Ashley Janos (DCYF Employee)

Contact / notes: Staffing and email spellings should be confirmed before use.

Amy Kelly, LICSW, MLADC, LCS

Phone: (603) 260-0646

Email / website: amy.kelly@affiliate.dhhs.nh.gov

Contact / notes: Staffing and email spellings should be confirmed before use.

Meredith Belesca, LCMHC, MLADC

Phone: (603) 402-6025

Email / website: meredith.a.belesca@affiliate.dhhs.nh.gov

Contact / notes: Staffing and email spellings should be confirmed before use.

Alyssa Wyman, LICSW, MLADC

Phone: (603) 851-1879

Email / website: alyssa.j.wyman@affiliate.dhhs.nh.gov

Contact / notes: Staffing and email spellings should be confirmed before use.

Demetra Keith, PMHNP

Phone: (603) 722-9503

Email / website: n/a

Contact / notes: Staffing and email spellings should be confirmed before use.

Shannon Morin, BS

Phone: (603) 548-7160

Email / website: shannon.e.morin1@affiliate.dhhs.nh.gov

Contact / notes: Staffing and email spellings should be confirmed before use.

Ryan Barrieau, LICSW, MLADC

Phone: (603) 305-7376

Email / website: ryan.barrieau@affiliate.dhhs.nh.gov

Contact / notes: Staffing and email spellings should be confirmed before use.

Michelle Lattime, LCMHC, MLADC

Phone: (603) 305-2379

Email / website: michelle.lattime@affiliate.dhhs.nh.gov

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Contact / notes: Staffing and email spellings should be confirmed before use.

The Ridge

Phone: 855-921-3941

Services / population: Youth program

Hampstead Hospital

Phone: 603-329-5311

Services / population: Youth program

Anna Jacques Hospital

Location / address: Newburyport, MA

Phone: 978-463-1066

Services / population: Youth program in supplied list

Goodwin House

Location / address: Massachusetts

Phone: 413-316-1642

Services / population: Teen boys; youth program

LRCS Family Resource Center

Phone: 603-524-8811

Services / population: Family resources

Housing, Homelessness & Basic Needs

Tri-County Community Action Program

Location / address: North Country / Carroll County

Phone: 603-444-0184 | Tamworth 603-323-7400

Email / website: <http://www.tccap.org>

Services / population: Housing, fuel, weatherization, shelter and support services

Waypoint Transitional Housing

Location / address: Statewide

Phone: 603-518-4380

Email / website: <https://waypointnh.org>

Services / population: Transitional housing for ages 18-21

Tyler Blain House

Location / address: 56 Prospect St, Lancaster, NH

Phone: 603-788-2344

Services / population: Homeless shelter

Way Station

Location / address: 15 Grove St, North Conway, NH

Phone: 603-452-7113

Services / population: Day resource center; laundry, showers, internet, mail, identification support and referrals; no overnight shelter

MWV Housing Coalition

Location / address: Mount Washington Valley

Phone: 603-452-7414

Email / website: <http://www.mwvhc.org/>

Services / population: Affordable-housing advocacy and resource information

Bridge House

Location / address: Plymouth, NH

Phone: 603-536-7631

Services / population: Families, singles, hospice spaces

My Friends Place

Location / address: Dover, NH

Phone: 603-749-3017

Services / population: Singles and families

New Generations

Location / address: Greenland, NH

Phone: 603-436-4989

Services / population: Pregnant women and mothers

The Mission

Location / address: Nashua, NH

Phone: 603-889-3421

Services / population: Women and men

Bancroft House

Location / address: Franconia, NH

Phone: 603-823-8842

Services / population: Women and families

Hundred Nights, Inc.

Location / address: Keene, NH

Phone: 603-352-5197

Services / population: Men, women and families

Families in Transition

Phone: 603-641-9441

Services / population: Families and singles

Cross Roads House

Location / address: Portsmouth, NH

Phone: 603-436-2218

Services / population: Men, women and families

Strafford Homeless Shelter

Location / address: Rochester, NH

Phone: 603-332-3065

Services / population: Shelter

Belknap House

Location / address: Laconia, NH

Phone: 603-527-8097

Services / population: Families

Concord Cold Weather Shelter

Location / address: Concord, NH

Phone: 603-290-3375 ext. 203

Services / population: Singles

Southwestern Community Services - Claremont

Location / address: Claremont, NH

Phone: 603-542-9528

Services / population: Housing and community assistance

Seacoast Family Promise

Location / address: Exeter, NH

Phone: 603-658-8448

Services / population: Families

Southwestern Community Services - Keene

Location / address: Keene, NH

Phone: 603-352-7512

Services / population: Housing and community assistance

Beech Street Emergency Winter Shelter

Location / address: 39 Beech Street, Manchester, NH

Phone: 603-413-1775

Services / population: Winter shelter

Friends Emergency Housing

Location / address: Concord, NH

Phone: 603-228-1462

Services / population: Families

Laconia City Welfare

Location / address: Laconia, NH

Phone: 603-527-1267

Services / population: Municipal welfare

Lakes Region Community Developers

Phone: 603-527-0747

Services / population: Community development and housing

New Beginnings - domestic violence shelter

Phone: 603-528-6511

Services / population: Shelter for people experiencing domestic violence

Contact / notes: Domestic violence hotline: 866-644-3574; sexual assault: 800-277-5570

Foxfire Property Management

Location / address: 81 N. Main Street, 4th Floor; PO Box 1438, Concord, NH 03302-1438

Phone: 603-228-2151

Email / website: general@foxfirenh.com | <https://www.foxfirenh.com/>

Services / population: Apartment and affordable housing property management

Contact / notes: Contact for property listings, applications and availability. Foxfire reports managing Parker Village in Littleton.

Stewart Property Management

Location / address: PO Box 10540, Bedford, NH 03110

Phone: 603-641-2163

Email / website: office@stewartproperty.net | <https://stewartproperty.net/>

Services / population: Affordable apartment property management in NH, VT, ME and MA

Contact / notes: Contact for specific properties, applications and current availability. Fax: 603-641-1063.

Community Housing Program (CHP) - NH Courts

Location / address: New Hampshire statewide

Email / website: CHP@courts.state.nh.us | khajjent@courts.state.nh.us | rivancso@courts.state.nh.us

Services / population: Short-term housing bridge funding for eligible people with a diagnosed SUD who are homeless or at risk and under NH probation/parole supervision or participating in an eligible NH treatment court

Contact / notes: Referral must come from a criminal justice service agent. Housing selection requires availability, sustainability and agent approval. CHP contracts with a state-registered housing provider; recovery residences require NHPRR certification and DHHS registration. Typically 1-6 months; duration depends on need, funds and engagement.

Coordinators: Katie Hajjent and Rebecca Ivancso.

Food, Clothing & Community Assistance

Friends-N-Neighbors Food Pantry

Location / address: 38 King Square Whitefield, NH 03598

Phone: 603-837-9044 Hours / Eligibility: Tuesdays from 11am to 1pm Thursdays 3pm-5pm

Contact / notes: Hours and eligibility may have changed.

Christ United Methodist Church

Location / address: 135 Main St Lancaster, NH 03584

Phone: 603-788-2734 Hours / Eligibility: Mon, Wed, Fri 1pm-3pm Free Community meals: Monday 5-6, Thursday 12-1 and Fridays 7-9pm

Contact / notes: Hours and eligibility may have changed.

St Pauls Episcopal Church

Location / address: 113 Main St Lancaster, NH 03584

Phone: 603-788-4645 Hours / Eligibility: Free Community meals: once a month April - September. Soup Kitchen: Tuesday nights 5pm-6:30pm November - March <https://www.stpaulslancaster.org>

Contact / notes: Hours and eligibility may have changed.

Elevate Church

Location / address: 70 Redington St Littleton, NH 03561

Phone: 603-444-6517 Hours / Eligibility: Monday, Wed, Fri 10am - Noon Bring valid photo ID and proof of income

Contact / notes: Hours and eligibility may have changed.

All Saints Church

Location / address: 35 School St Littleton, NH 03561

Phone: 603-444-3414 Hours / Eligibility: Food Pantry: Tuesday & Thursday: 9am-10am Sundays 9am-9:45am Dinner Bell Community Meal: Every Tuesday September - June 5pm-6pm

Contact / notes: Hours and eligibility may have changed.

First Congregational Church

Location / address: 189 Main St Littleton, NH 03561

Phone: 603-444-3376 Hours / Eligibility: Open 24 Hours 7 days a week Take or leave items

Contact / notes: Hours and eligibility may have changed.

Helping Hands Food Pantry

Location / address: 475 Whitefield Rd Bethlehem, NH 03574

Phone: 603-444-1230 Hours / Eligibility: Serves Bethlehem residents and requires proof of ID Open :Mondays 9am-12 Wednesdays: 4:30pm-6:30

Contact / notes: Hours and eligibility may have changed.

Community Church of Christ

Location / address: 44 Church St Franconia, NH 03580

Phone: 603-823-8421 Hours / Eligibility: Tuesdays 11am-Noon

Contact / notes: Hours and eligibility may have changed.

Nashua Soup Kitchen

Location / address: Nashua, NH

Phone: 603-889-7770

Services / population: Food assistance

Isaiah 61 Café

Phone: 603-305-6741

Services / population: Community support

Partnership for Public Health

Phone: 603-528-2145

Services / population: Public health

St. Vincent de Paul - Lakes Region

Phone: 603-524-5470

Services / population: Community assistance

Helping Hands for the Lakes Region

Phone: 603-273-5410

Services / population: Community assistance

Love INC - Lakes Region

Phone: 603-366-1525

Services / population: Community assistance

Salvation Army - Lakes Region

Phone: 603-524-1834

Services / population: Community assistance

Transportation & Insurance

NH Healthy Families Transportation

Phone: 888-597-1192 non-urgent; 888-597-1182 urgent

Services / population: Medicaid transportation; supplied list says 3 days notice for non-urgent

WellSense Transportation

Phone: 844-909-7433 non-urgent; 603-315-3737 or 617-835-8610 urgent

Services / population: Supplied list says 48 hours notice for non-urgent

NH Health Navigator

Phone: 877-211-NAVI (6284)

Services / population: Health coverage navigation

Medicare

Phone: 800-MEDICARE (800-633-4227)

Email / website: <https://www.medicare.gov>

Services / population: Medicare and Part D enrollment information

Social Security - Extra Help

Phone: 800-772-1213

Email / website: <https://www.ssa.gov/extrahelp>

Services / population: Low-Income Subsidy for Medicare Part D

Older Adults, Disability & Adult Protective Services

NH Adult Protective Services / BAAS

Phone: 603-271-7014 | 800-949-0470 in-state

Services / population: Reports of suspected abuse, neglect, exploitation, or self-neglect involving vulnerable adults

Contact / notes: Supplied guide: Monday-Friday, 8:00 am-4:30 pm

Long-Term Care Ombudsman

Location / address: 129 Pleasant St, Concord, NH 03301

Phone: 800-442-5640 in NH | 603-271-4375

Email / website: OLTCO@dhhs.nh.gov

Services / population: Complaints, rights, and advocacy for residents of long-term-care facilities

Disability Rights Center - NH

Phone: 603-228-0432 | 800-834-1721

Email / website: <https://drcnh.org/>

Services / population: Disability-rights advocacy

Office of Public Guardian

Phone: 603-224-8041; option 2 for receptionist

Contact / notes: Supplied document states the patient must be seen by a mental-health case manager and be willing to receive case- management services | Confirm current referral and eligibility requirements directly.

Carroll County Aging Services Guide

Email / website: resourceguide@gibsoncenter.org Date: January 20, 2022 Coverage: Abuse, advocacy, food, homelessness, legal services, health, housing, nutrition, recreation, senior centers, and transportation

Contact / notes: Use as a starting point and confirm current details.

Gibson Center - Staying Warm, Dry & Safe

Location / address: 14 Grove St / PO Box 655, North Conway, NH 03860

Phone: 603-205-0909

Email / website: staywarm@gibsoncenter.org

Services / population: Home-safety and repair resource coordination

Contact / notes: Renée Wheaton, Senior Resource Coordinator

USDA Rural Development - Section 504 Home Repair

Phone: 603-447-3318

Email / website: <https://www.rd.usda.gov/programs-services/single-family-housing-repair-loans-grants/nh>

Services / population: Loans for very-low-income homeowners to repair or improve homes; grants for eligible older homeowners to remove health and safety hazards

WindowDressers

Phone: 207-596-3073

Email / website: <https://windowdressers.org/>

Services / population: Community-built insulating window inserts

ServiceLink - Lakes Region

Phone: 603-528-6945

Services / population: Aging and disability support

Contact / notes: Fax: 603-527-3790

Legal, Identification & Safety

603 Legal Aid

Phone: 800-639-5290

Email / website: <https://www.603legalaid.org>

Services / population: Civil legal information, advice, representation, or referral for qualifying people

NH Lawyer Referral Service

Phone: 603-229-0002

Email / website: <http://www.newhampshirelawyerreferral.com/>

Services / population: Attorney referrals

Justice in Aging Project

Phone: 888-353-9944

Services / population: Civil legal help for people age 60+ in identified issue areas

Burch House / Tri-County CAP

Phone: Shelter 603-444-0624; support 603-444-0184; crisis 800-774-0544

Email / website: <http://www.tccap.org>

Services / population: Domestic-violence shelter and support

NH Domestic Violence Helpline

Phone: 866-644-3574

Email / website: <https://www.nhcadsv.org>

Services / population: Statewide support

NH Sexual Assault Helpline

Phone: 800-277-5570

Email / website: <https://www.nhcadsv.org>

Services / population: Statewide support

RAINN

Phone: 800-656-HOPE

Email / website: <https://www.rainn.org>

Services / population: National sexual-assault hotline

Vermont Treatment Resources

Lund

Location / address: South Burlington

Services / population: Outpatient SUD treatment and MAT Coverage note: Supplied document states Vermont Medicaid is accepted; confirm directly

BAART Behavioral Health Services

Location / address: St. Johnsbury; Newport; Montpelier

Services / population: Opioid treatment including methadone and buprenorphine Coverage note: Supplied document states Vermont Medicaid is accepted; confirm directly

Howard Center

Location / address: Burlington / St. Albans area

Services / population: Outpatient, MAT, and intensive outpatient services Coverage note: Supplied document states Vermont Medicaid is accepted; confirm directly

Central Vermont Substance Abuse Services

Location / address: Barre

Services / population: Outpatient and intensive outpatient treatment Coverage note: Supplied document states Vermont Medicaid is accepted; confirm directly

Counseling Service of Addison County

Location / address: Middlebury

Services / population: Outpatient SUD treatment Coverage note: Supplied document states Vermont Medicaid is accepted; confirm directly

Brattleboro Retreat

Location / address: Brattleboro

Services / population: Inpatient, PHP, and IOP Coverage note: Supplied document states Vermont Medicaid is accepted; confirm directly

Valley Vista

Location / address: Bradford / Vergennes

Services / population: Gender-specific inpatient treatment Coverage note: Supplied document states Vermont Medicaid is accepted; confirm directly

Clara Martin Center

Location / address: Randolph, Bradford, Wilder

Services / population: Outpatient and some residential services Coverage note: Supplied document states Vermont Medicaid is accepted; confirm directly

SaVida Health

Location / address: Springfield

Services / population: Outpatient MAT and co-occurring care Coverage note: Supplied document states Vermont Medicaid is accepted; confirm directly

Vermont Helplink

Phone: 802-565-LINK | 833-565-LINK

Services / population: Referral, navigation, and Medicaid coordination

Impaired Driver Care Management Programs

Amethyst

Phone: 603-679-2100

Email / website: amethystfoundation@myfairpoint.net Locations: Epping, Salem, Portsmouth, Claremont, Manchester

Beyond the Meadows PLLC

Phone: 603-717-6488

Email / website: contactus@beyondthemeadows.com Locations: Epsom

Blue Heron Neurofeedback and Counseling

Phone: 603-356-6400 ext. 1

Email / website: Sleclerc@blueheroncounseling.org Locations: Gorham, Littleton, North Conway

CAIP at Headrest

Phone: 603-753-8181

Email / website: sarah.haxhija@headrest.org Locations: Boscawen, Laconia, Lebanon, Nashua

Chrysalis Recovery Center

Phone: 603-998-4210

Email / website: intake@crc-idcmp.com Locations: Concord, Franklin, Northwood, Manchester

Community Improvements Association

Phone: Keene 603-352-1016; Manchester 603-623-5052

Email / website: Admin@cianh.com Locations: Keene, Manchester

Homebase Collaborative Family Counseling

Phone: 603-600-4008; 603-892-8084

Email / website: idcmp@homebasenh.org Locations: Manchester, Nashua, Concord, Rochester, Keene

Southeastern NH Services

Phone: 603-516-8160

Email / website: senhs@co.trafford.nh.us Locations: Dover

Online Resource Guides & Source Notes

C3PH Resource Guides

Email / website: <https://www.c3ph.org/resource-center/resource-guides>

Services / population: Regional public-health resource guides

MWV Age-Friendly Resource Guide

Email / website: <https://www.mwvagefriendly.org/resource-guide/>

Services / population: Mount Washington Valley aging resources

NH Refugee, Immigrant and Migrant Health

Email / website: <https://www.dhhs.nh.gov/programs-services/diversity-culture-inclusion/refugee-program/immigrant-refugee-and-migrant-health>

Services / population: State health and inclusion resources

Granite State Market Match

Email / website: <https://www.granitestatemarketmatch.org>

Services / population: SNAP matching at participating markets

NH State Health Improvement Plan

Email / website: <https://www.dhhs.nh.gov/programs-services/health-care/state-health-improvement-plan>

Services / population: Statewide health priorities and planning