



HOLISTIC HEALTH RESEARCH PROJECT SWITZERLAND NOVEMBER 2025

*Investigating the
Therapeutic Potential of
consciousness medicine (Qi Medicine)
on benign or Malignant Tumor regression
led by Master Yuantong Liu*

9–15 November 2025 | Dornach Switzerland | Three month follow-up



Project leadership : Master Yuantong Liu, Heather Bourne, and Maria Isabel Bühler.

The project applied the **Hunyuan Qi Therapy** and
Zhineng Qigong Science Methods developed
by Professor Dr Pang Ming.

This seven-day holistic health research project in Dornach explored how Hunyuan Qi Therapy and Zhineng Qigong Science may influence tumour dimensions, quality of life, and participants' wider experience of health. The programme continued with three months of group practice and follow- up.

The project at a glance

- 15 participants joined the programme.
- 11 participants had solid tumours that could be monitored by ultrasound.
- 4 participants had conditions that were not suitable for ultrasound monitoring.
- Participants received daily group and individual Hunyuan Qi Therapy sessions by 8 certified Hunyuan Qi Therapist.
- Three Swiss physician monitored tumour dimensions before, during, and after healing sessions.



Certified Hunyuan Qi Therapy Coaches.

- Razmig Azezian, Lebanon
- Reyna Orlea, USA
- Shakura Meddings, UK
- Naomi Hales, UK
- Farinaz Kheradpicheh, Netherlands
- Heather Bourne, France
- Britta Stalling, Cyprus
- David Ho, UK
- Maria Isabel Bühler, Switzerland

A dynamic pattern of change

Ultrasound monitoring showed measurable changes in tumour length, width, and depth. This temporary enlargement is known as **Pseudoproggression** <https://www.cancercenter.com/community/blog/2023/05/tumor-growth-cancer-immunotherapy>, a phenomenon in which a tumour may appear to grow even though it is actually responding to treatment as a response of the Immunsystem. Participants experienced periods of both contraction and expansion within a session were understood as immediate effects, while changes across several sessions were interpreted as cumulative and adaptive responses.



Participant ultrasound measurement trends during the research period

Key insights

Contraction and expansion

Zhineng Qigong Science and Hunyuan Qi Therapy understand contraction and expansion as part of a transformation across information, energy, and physical matter. Expansion was associated with activation and internal change, while contraction was associated with integration and physical reduction.

Healing sessions and continued support

Teams of three trained therapists delivered the individual healing sessions. Participants connected with the Qi field and practised methods intended to transform unhealthy information into healthy information. The sessions also incorporated the Hua San, Mei La, and Hao La chanting methods. After the week in Dornach, participants continued with weekly group practice, mindset coaching, peer support, and individual updates. This helped them integrate Zhineng Qigong Science and Hunyuan Qi Therapy into everyday life during the three-month follow-up.

Reported physical outcomes after three months

- A participant who previously had a 5 cm tumour in the uterus was informed that the oncologist could no longer find the tumour.
- Another participant received an oncology report showing a 37 percent reduction in the size of a tumour behind the eye.

9. Physical Improvements after 3 months

- a. Participant 8 previously had a 5cm tumour in her uterus which could not be found by the oncologist

Lab Results

• US scan of abdomen and pelvis Commentary: (MC1) - NORMAL RESULT, previous right hydronephrosis cleared, no adnexal mass found previously as well

- b. Participant 13 provided Oncology report with a 37% reduction in size of tumour behind eye

i. 10 Sep 2025

Tumor	
LA	
Sonographie	B-Schall Prominenz: 3,5 mm

ii. 14 Jan 2026

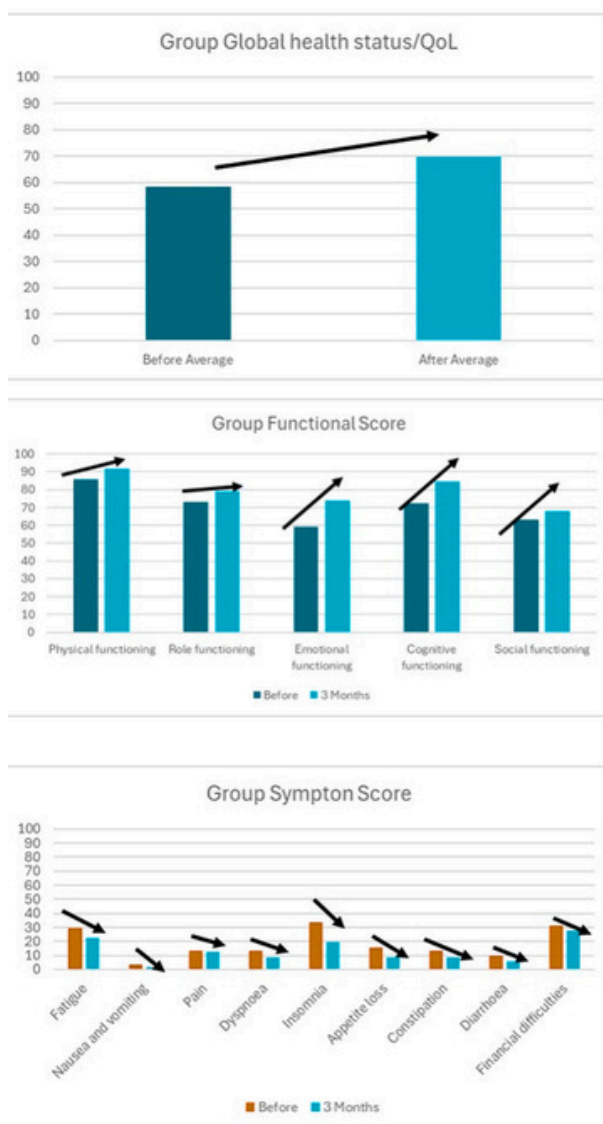
Tumor	
LA	
Sonographie Befund	B-Schall Prominenz: 2,2 mm OCT, OPTOS

Reported physical improvements at the three month follow up

Quality of life

Participants completed the EORTC QLQ-C30 questionnaire before the programme and again after three months. The group results showed improved general health and higher functional scores, with the strongest gains in emotional and cognitive functioning.

Symptom scores also decreased. Sleep showed the most significant improvement, alongside positive changes in fatigue, pain, appetite, and other symptoms.



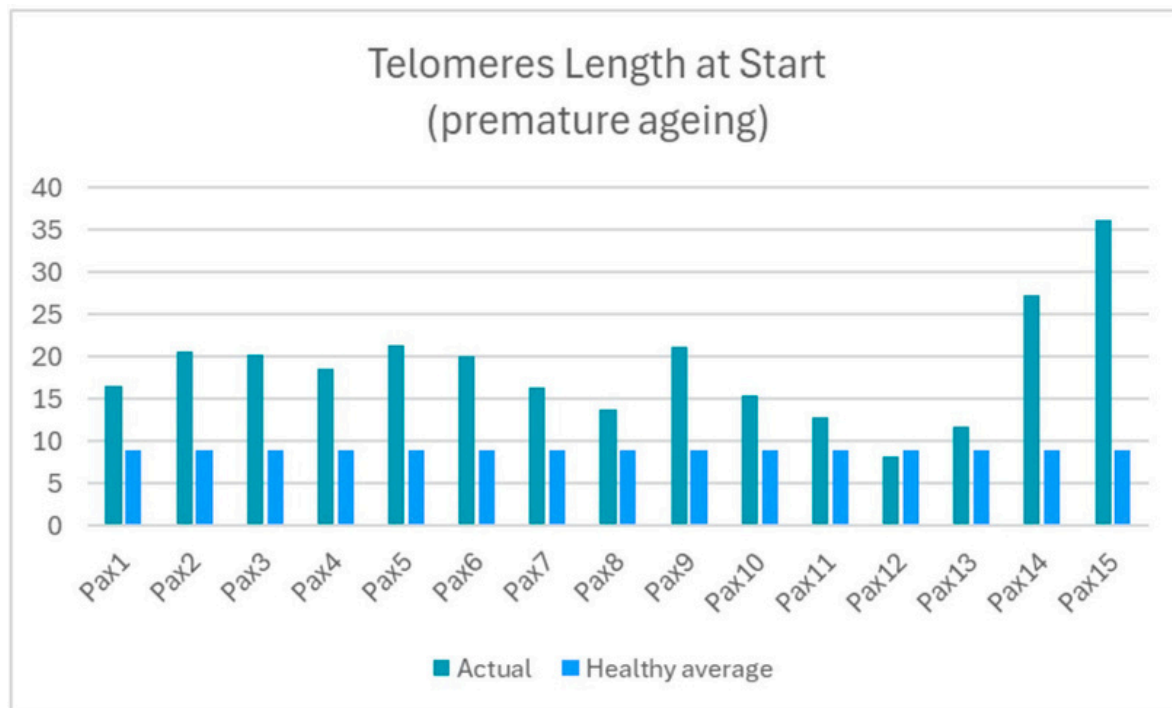
Group quality of life functional and symptom scores before the programme and after three months

Participants described feeling supported, cared for, safe, and inspired. Many reported greater confidence in their ability to live healthier and more joyful lives and felt motivated to continue practising Zhineng Qigong Science.

Telomere insights

Baseline telomere testing indicated signs of premature biological ageing in almost all participants. Telomeres protect chromosome ends and are associated with cellular ageing, immune function, oxidative stress, and resilience.

The findings suggested that many participants entered the programme with biological stress and reduced cellular resilience. Telomere testing was included as a way to understand their broader biological condition at the beginning of the project.



Baseline telomere results compared with the healthy average shown in the project data

Looking ahead

The project reported measurable changes in tumour dimensions, improvements in quality of life, and positive participant experiences. It provides an encouraging foundation for further exploration of Consciousness Medicine as a complementary approach within modern healthcare.

Future research can involve larger participant groups, longer follow-up periods, consistent medical measurements, and stronger collaboration with doctors, hospitals, universities, and research institutions.

The long-term vision is to build a bridge between consciousness-based healing practices and scientific research, while making Hunyuan Qi Therapy and Zhineng Qigong Science available to more people and exploring their potential across a wider range of health conditions.

Final reflection

The combination of daily practice, individual healing sessions, medical observation, and a supportive group environment encouraged participants to become actively involved in their own health process. The work points toward a future in which consciousness, personal practice, and scientific inquiry can contribute together to a broader understanding of human healing potential.