



Provis Rudd Clinics

123 Edward Street, Suite 400
Toronto, ON, M5G 1E2
Tel: (416) 597-0997 | Fax: (416) 597-2912

PREPARATION FOR GASTROSCOPY

Date&Time: _____ **Doctor:** _____

- You must arrange for someone to accompany you to and from the clinic as you will not be able to drive for 24 hours following sedation. The person picking you up must meet you in the recovery area of the clinic.
- Bring juice, Gatorade or Powerade for after your procedure to restore energy.
- Wear loose fitted clothing to your appointment and do not bring any valuables.
- If you require a translator they must be present with you for your appointment.
- No cannabis use 48 hours prior to your procedure.

Day before your appointment:

Have a light dinner (nothing heavy or greasy)

No food or fluids including water after midnight, up until your procedure has finished

Medications the morning of may be taken with a small sip of water

Medication Restrictions (please confirm with your family doctor):

Stop Aleve, Motrin and Advil 1 day prior to procedure (you can continue using Celebrex and Vioxx)

Stop Xarelto, Pradaxa, Eliquis 2 days prior to procedure

Stop Coumadin and Warfarin 5 days prior to procedure

Stop Plavix, Brilinta, Ticlid and Iron supplements 7 days prior to procedure

Stop oral diabetic medications the evening before and the morning of the procedure. If you are on insulin please discuss with your doctor about cutting the morning dose in half. Stop Ozempic 14 days prior to procedure.

Medications for blood pressure, thyroid, cholesterol can be taken morning of appointment with a sip of water.

You can take Tylenol or prescribed medication for pain control.