

The Art and Practice of Supervision

Deepening relational skills, real tools, and purposeful presence

**30th September, 1st and
2nd October 2026**

9:30am – 4pm each day

Brighton Club, 1038 Brighton
Rd, Ōtepoti/Dunedin



Facilitated by Jennifer Bell & Megan Ellis

Who is this for

This is a practical 3-day workshop for those already in, or preparing to step into, a supervision role.

It's designed for practitioners across health, education, social care, and community settings who are navigating the complexity of supervision across systems, roles, and cultures. You'll engage through kōrero, reflection, learning and action-bringing real-life experience and a willingness to deepen your supervision practice.

What we will explore

- Your Supervision Practice Framework – clarify your scope and approach
- The Empathically Guided Supervision Framework and the Partnership Compass©©
- Practice-based examples, role dynamics and practical tools
- Supervision as a relational and ethical leadership act
- Practical tools to support your practice-helping you and your supervisee pause, tune in, regulate and make sense of complex or emotionally charged situations so you can move forward with clarity together
- Navigating parallel process, role tension, cultural interface and complexity with integrity and care

Supervision that honours:

- Restorative – wellbeing, wairua, emotional safety
- Educational – reflection, skill-building, purposeful learning
- Accountability – alignment with role, purpose, ethics and integrity

What you will takeaway

- A clear, values-led supervision approach
- Increased capability and confidence facilitating 1:1 supervision – whakawhanaungatanga, shaping the kaupapa, contracting, and using tools like Thinking Caps, Storm Riding and Quick Wins
- Increased Capacity to hold space in complex relational and cultural terrain
- Strengthened leadership presence
- Renewed energy and purpose in your mahi
- A Supervision Workbook

Who are we

Megan Ellis (Kāi Tahu, Kāti Māmoe, Waitaha) has over 30 years' experience training supervisors and leading group learning across sectors, communities, and cultures-working in both government and non-government settings. She co-developed the Empathically Guided Supervision Framework and Partnership Compass©©.

Jennifer Bell is a registered Social Worker, experienced group facilitator, and supervisor. She supports teams and leaders to grow supervision that is reflective, inclusive and real.

Together, they create supervision spaces that are relational, purposeful, and grounded in everyday practice.



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\$900 + gst
(\$180 deposit)

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**What it
Takes**