

The CEO's Table

From Success to Alignment | VIP Experience Companion

Come to the Table: Become the CEO of Your Life

A live, 60-minute group experience with Lynette Sorrentino for entrepreneurs who want their business and life to reflect what matters to them now.

Bring one decision, commitment, or area of your life that feels out of alignment. We will explore what matters, work through Pause, Clarity, Alignment, and Trust, and create a specific next step during the session.

Begin at the table

Bring your Success Reset if you completed it. You can also begin here. Share only what you choose; private reflection counts as participation.

The one area I want to explore is

What would make this hour meaningful to me?

What you will work toward

Identify one value you want to honor more fully. Make one decision about a priority, boundary, or commitment. Begin one action during the experience and choose a time to review it.

Keep this companion available during the live session. You can type in the fields or print it. Session access and scheduling details are provided separately through your VIP invitation.

What Matters in This Season

Your values in everyday life

Choose three values that feel most important now. Examples include freedom, family, integrity, relationships, contribution, health, creativity, stability, learning, or joy. Use your own words.

My three values are

The value asking for more attention right now is

If I lived that value more fully, what would someone see in my week?

What commitment, expectation, or habit is competing with it?

What could I change while honoring my responsibilities?

Consider the real tradeoff: what would this change cost, and what might continuing as you are cost? You do not need to redesign your whole life to honor one value.

Your Decision at the Table

One decision | One action | One review

PAUSE What do I notice when I stop trying to solve everything at once?

CLARITY What do I want this decision to protect or make possible?

ALIGNMENT What will I begin, stop, delegate, or renegotiate?

TRUST What can I try without knowing the entire path?

My decision and the first action I can begin in this session

My seven-day experiment and the date I will review it

At your review, ask: Did my choice help me live the value I named? What did I learn? What will I keep or adjust?
Notice the effect on your life, as well as the result in your business.