



10 Plagues & Passover

God rescues His people!

Story #15 | Ages 4–10 | Exodus 7–12

1 10 Terrible Plagues!

Scripture: Exodus 7:14–8:32 | Theme: There is only ONE true God!

💧 Water to Blood!



God was tired of Pharaoh saying **NO**.

So He started sending **MIRACLES** — big, loud, impossible ones!

☀️ GOD SAYS:

"By this you shall know that I am the LORD!"

PLAGUE #1: The great Nile river turned to **BLOOD**!

Ewww! The water was RED. The fish DIED.

No one could DRINK. The whole land STANK!

Pharaoh's magicians copied it somehow —

But only God could FIX it!

And when water turned back, do you think Pharaoh let them go?

Nope! His heart stayed **HARD** as a rock! 😡

Plague Tracker: 1. Blood ✓ | Pharaoh: Still said NO!

🔴 Water Watch

Fill 3 cups. Put red juice in one. Which looks different?
God makes impossible things happen!

🐸 Frogs, Bugs & Flies!



PLAGUE #2: FROGS!

Millions and millions of FROGS!

In beds, in ovens, in Pharaoh's soup bowl!

Pharaoh BEGGED: "Stop them!" Moses prayed. **GONE!**

But Pharaoh's heart got hard again. 😡

PLAGUE #3: LICE (tiny bugs EVERYWHERE)!

This time Egypt's magicians tried to copy it — and **FAILED!**

They said to Pharaoh: "This is the finger of GOD!"

PLAGUE #4: FLIES! Swarms so thick the sky went BLACK!

But in Israel's land — **NO FLIES AT ALL!**

God was drawing a big circle around His people saying: "**MINE!**"

"I will put a division between My people and your people." — Exodus 8:23

Plague Tracker: 1-4 Done! | Pharaoh: STILL says NO!

💡 Tiny Truth

Every plague showed Egypt's fake gods were **powerless**. There is only ONE real God — and He's on YOUR side!

👉 Bug Count!

Count to 10 on your fingers. Each finger = one plague! Wiggle the ones we've covered so far!

2 Sickness, Storms & Darkness!

Scripture: Exodus 9–10 | Theme: God's power covers everything

Hail & Hungry Bugs!



PLAGUE #5: All the Egyptian cows and animals got sick. The Israelites' animals? **PERFECTLY FINE!**

PLAGUE #6: BOILS — big ouchies on everyone's skin! Even the magicians were too hurt to do their tricks!

PLAGUE #7: **HAIL** from the sky — giant balls of ICE mixed with FIRE!

It CRUSHED houses, smashed plants, and terrified everyone!

Pharaoh cried: "I have SINNED! Stop it!"

Moses stopped the storm. And... Pharaoh broke his promise. AGAIN.

PLAGUE #8: **LOCUSTS!** A BILLION bugs eating every green leaf!

They covered the ground like a moving carpet!

Egypt had NO food left!

"They covered the face of the whole land, so that the land was darkened." — Exodus 10:15

Plague Tracker: 1-8 Done! | Pharaoh: STILL refuses!

Ice Crunch

Crunch an ice cube. Imagine that falling from the SKY as big as a ball! God's power is HUGE!

Three Days of Darkness



PLAGUE #9: Darkness so THICK you could FEEL it!

Not just nighttime. Not just closed eyes.

Day turned into NIGHT — for **THREE WHOLE DAYS!**

The Egyptians couldn't see their own hands! They stumbled and bumped into walls!

They were TERRIFIED. The sun god they worshipped? **USELESS!**

But in Israelite homes — **LIGHTS WERE ON!**

God's people had warm glowing lamps while Egypt was pitch black.

Pharaoh was SO close to letting them go...

 **PHARAOH SAYS:**

"Go! Worship the LORD! But leave your animals here."

 **MOSES SAYS:**

"NO! We need our animals for sacrifices. EVERYONE and EVERYTHING goes!"

Pharaoh SNAPPED: "GET OUT of my sight! If I see you again, you DIE!"

ONE more plague was coming.

The last one. The worst one.

And God would keep HIS people SAFE.

Plague Tracker: 9/10 Complete! | NEXT: The Last Plague

Light in the Dark

Turn off all lights for 10 seconds. How does darkness feel? Now turn on ONE flashlight. That's what God does for His people!

3 Passover Night!

Scripture: Exodus 12:1-13 | Theme: A lamb saves God's people

A Special Lamb



God told Moses His RESCUE PLAN:

GOD SAYS:

"This month will be the BEGINNING of months for you. On the 10th day, every family takes a PERFECT lamb."

The Israelites picked sweet baby lambs. No scratches. No spots.

PERFECT.

They kept the lamb in their house for 4 days — like a pet!

Then, on the special night...

They cooked the lamb over fire.

They ate it FAST — with their shoes ON and walking sticks ready!

They ate **flat bread** with no fluff (no time to wait for it to rise!).

They ate **bitter herbs** to remember the hard times.

They were ready to RUN at any moment!

"They shall eat it in haste. It is the LORD's Passover." — Exodus 12:11

Flat Bread Taste Test

Ask an adult to help make flat bread (matzah) with just flour and water! No yeast! Eat it fast — like you're leaving Egypt!

Blood on the Door!



Then came the most important part.

God said:

GOD SAYS:

"Take the lamb's blood and put it on the TOP and SIDES of your door."

With a branch called **hyssop**, the fathers painted the blood.

It looked like a **CROSS** — top, sides, dripping down!

GOD SAYS:

"When I see the BLOOD, I will PASS OVER you. No disaster will touch you!"

The blood was a **SIGN**:

"These people belong to GOD!"

"They TRUSTED and OBEYED!"

The lamb **DIED** so the family could **LIVE**!

Do you know who else is called a **LAMB** in the Bible?

JESUS! He died on a cross so WE could live forever!

Passover was a **PICTURE** of what Jesus would do!

The Secret Picture

The lamb died instead of the firstborn. Jesus died instead of **US**. When God sees Jesus' blood on our hearts, He passes over our sin!

Paint a Door!

Draw a door on paper. Use red paint or marker to paint a big T shape across it. Say: "The lamb saves!"

4 Midnight & Freedom!

Scripture: Exodus 12:29-42 | Theme: God's rescue is certain and complete

🌙 The Saddest Midnight



At the stroke of **MIDNIGHT**, it happened.
God sent the last plague into Egypt.
It touched every house that did NOT have blood on the door.
There was crying all through the land —
From Pharaoh's palace to the poorest hut.
Even Pharaoh lost his own child.
It was the **saddest night** Egypt ever had.
But in the Israelite homes? **PEACE**.
The blood on the door meant the angel **PASSED OVER**.
No crying. No harm. Just soft breathing and safe little dreams.
God kept His promise. **AGAIN**.
The lamb had saved them!

"There was a great cry in Egypt, for there was not a house where someone was not dead." — Exodus 12:30

🕯️ Safe & Sound

Light a candle or nightlight. Look at the warm glow. Think: "I am safe because of the Lamb!"

🏃 GO! GO! GO!



This time, PHARAOH found **MOSES**!

👑 PHARAOH SAYS:

"GET UP! GET OUT! GO worship the LORD! Take everything! JUST LEAVE!"

The Egyptians were **SCARED** now.
They gave the Israelites **GOLD, SILVER**, and fancy clothes!
"Take it! Just go!" they begged.
600,000 people — plus kids, plus animals —
All walked out of Egypt **TOGETHER**!
They carried bread dough that hadn't risen yet — flat!
They walked through the great city gates...
After **430 YEARS** of slavery...
They were finally **FREE**!
God did it! He **RESCUED** His people!
Not with swords. Not with armies.
With His **POWER** and His **LOVE**!

"The people of Israel journeyed from Rameses to Succoth." — Exodus 12:37

💡 Tiny Truth

God **ALWAYS** keeps His promises! He can take you from the **darkest** place into the **brightest freedom**!

📦 Pack for Freedom

Imagine God says "It's time!" What would you grab? Draw yourself walking **FREE** with a big smile!

5 Create, Play & Talk Together!

Exodus 7–12 | God rescues His people!



Make Your Own Passover Door

1. Cut a door shape from brown cardboard or paper.
2. Cut 2 strips of red construction paper — one long, one shorter.
3. Tape the long strip across the top of the door (the lintel).
4. Tape the short strip on each side of the doorposts.
5. Write: "I am safe because of the LAMB!" in the middle.
6. Hang it on YOUR bedroom door and remember: Jesus is YOUR lamb!



Spin the 10 Plagues Wheel

1. Cut two circles from cardboard — one big, one small.
2. On the big circle, draw 10 sections like pizza slices.
3. Draw or write one plague per slice: Blood, Frogs, Lice, Flies, Sick Animals, Boils, Hail, Locusts, Darkness, Firstborn.
4. Cut a peek-hole in the small circle and fasten it on top with a brad so it spins.
5. Spin it! Peek through the window. Act out that plague!
6. Talk about how God SHOWS His power so people will KNOW Him!

Sing to the Tune of "If You're Happy and You Know It":

*"When you see the blood upon the door, shout HOORAY!
When the angel passes over, we are safe for evermore,
We are rescued by the Lamb — Shout HOORAY!"*



Family Discussion Time

1. Why did God send so MANY plagues? (Hint: Pharaoh kept saying no, and God wanted Egypt to KNOW who He is!)
2. Which plague would bother YOU most? Which shows God is more powerful than anything in nature?
3. The lamb died so the family in the house could live. How is Jesus like that Passover lamb?
4. The Israelites had to eat with their shoes on, ready to GO. How ready is YOUR heart when God says "Now!"?
5. The Egyptians gave the Israelites gold and silver as they left! How does God turn bad situations into BLESSINGS?
6. They were slaves for 430 years, but ONE night changed everything! How can God change YOUR life fast when you trust Him?

Story #15 of the Biblical Adventure Series. Faith-building visual storytelling for family discipleship.

Next Story Preview: Parting the Red Sea — God makes a way when there is NO way! (Exodus 13–15)

God Rescues His People!

The lamb died so they could live.
The blood marked the door.
The night was dark and stormy,
But God's love conquered all!
God keeps His promises —
He never, ever fails. 🐏 💧 ✨

📖 Next in this Series:

Parting the Red Sea!

God makes a way when there is NO way!

Story #16 Coming Soon

Scripture quotations from the ESV® Bible.
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