

YOUR WHY IS YOUR BOSS

Starting today, my WHY goes to work.

FAST FORWARD 12 MONTHS

Imagine it's one year from today. You stayed consistent. You helped people.

What is different about your life?

What problems have been solved?

What stress is gone?

Who benefits because you became a Coach?

What opportunities exist for you and your family that don't exist today?

WHAT WOULD FINANCIAL BREATHING ROOM LOOK LIKE?

What would an extra \$500 mean to you?

What would an extra \$1,000 mean to you?

What would an extra \$2,000 mean to you?

What would an extra \$2,000 EVERY MONTH mean to you?

MY WHY

Why did you really become a Coach?

Who benefits if you succeed?

What future are you trying to create?

What would make you proud 90 days from now?

WHAT'S STOPPING MY SUCCESS?

What action steps am I avoiding?

What am I afraid might happen?

What might happen if I do it scared and get into action anyway?

MY WHY

I am building this business because:

MY 3-MONTH COMMITMENT

For the next 3 months, I commit to:

- ☐ Sharing before I feel ready
- ☐ Inviting before I feel confident
- ☐ Learning as I go
- ☐ Staying focused on helping people
- ☐ Taking action every day

Signature

Date

NEXT STEP

Follow Start Building: Your First 30 Days to get started building your business.