

SEPTEMBER 2025 | VOL.10

THE SEEKER'S SCROLL



Monthly Newsletter from 2 Minutes with the Lord

Walking with Angels: Messengers of God's Love



Dear Friends in Christ,

September is a month when the Church invites us to pause and reflect on one of the most mysterious yet comforting truths of our faith—the presence of the holy angels. These heavenly beings, created by God out of pure love, are not abstract ideas or distant symbols. They are real, active, and ever-present messengers who participate in God's plan of salvation and accompany us on our earthly pilgrimage.

On September 29, the Church celebrates the Feast of the Archangels—Michael, Gabriel, and Raphael. Each of them has a unique mission that reveals the heart of God's care for His people. Michael, the mighty defender, leads the heavenly hosts in spiritual battle, reminding us that evil never has the last word. Gabriel, the herald of the Incarnation, proclaimed to Mary the most joyful news the world has ever received—that the Word would become flesh and dwell among us. Raphael, the healer, guided young Tobias on his journey and stands as a companion for all who seek God's healing and direction. Just days later, on October 2, we honour our Guardian Angels—those personal protectors entrusted to each of us by God's loving providence.

Throughout Scripture, angels appear at pivotal moments. They guide Abraham, protect Lot, strengthen Elijah in the desert, announce Christ's birth to the shepherds, comfort Jesus in His agony, and proclaim the Resurrection at the empty tomb. Their presence assures us that God is never absent, even in moments of darkness, confusion, or fear.

The Fathers of the Church held a deep devotion to angels. St. Basil the Great wrote: "Beside each believer stands an angel as protector and shepherd leading him to life." This is not mere poetry—it is reality.



Every moment of our lives, an angel watches over us, guiding us through struggles, defending us in trials, and inspiring us to live a life of holiness. Their silent mission is to whisper God's will, to encourage us to choose good over evil, and to lift our thoughts heavenward.

What comfort and strength this truth brings! We are never alone. Each time we face temptation, discouragement, or doubt, we can turn to our angels for guidance and support. In moments of thanksgiving, we can join them in praising God, echoing the song of the seraphim: "Holy, holy, holy is the Lord God of hosts." (Isaiah 6:3)

This September, let us open our hearts anew to the reality of the angels—our invisible companions and faithful protectors. May their constant presence remind us that heaven is not far away but near, surrounding us with God's love, protection, and providence.

With prayerful blessings,
Fr. Veigas Dominic, SVD



2 Minutes of Divine Wisdom

REFLECTION ON THE WORD OF GOD

Verse: "Whatever you do, in word or deed, do everything in the name of the Lord Jesus." – Colossians 3:17

Exegesis & Reflection

This verse comes from the Apostle Paul's letter to the Colossians, written to a community surrounded by competing philosophies, false teachings, and pressures from the surrounding culture. Paul reminds them that their lives are now rooted in Christ, who is the true image of God (Col. 1:15) and the source of their new identity.

The phrase "whatever you do" (Greek: *panta ho ean poieite*) is deliberately broad. Paul makes it clear that Christian life cannot be compartmentalized—faith is not reserved for prayer, worship, or religious rituals alone.



Every dimension of life, from speech (logos) to action (ergon), is included.

The command to do everything “in the name of the Lord Jesus” carries rich biblical meaning. In Scripture, a name is not just a label—it expresses identity, authority, and mission. To act in Jesus’ name is to act under His authority, in His spirit, and in alignment with His will. It is not merely adding “in Jesus’ name” as a formula to our words or prayers, but allowing Christ’s presence to permeate the very motive and manner of our actions.

The early Christians understood this as a radical call:

- Their work, even the most ordinary, became sacred when offered to Christ.
- Their words were to reflect the truth and kindness of Jesus.
- Their interactions with others had to reveal the humility and love of the Lord they served.

Thus, the verse tears down the artificial wall between “sacred” and “secular.” Whether one is preaching the Gospel, sweeping a floor, writing a letter, or sharing a meal, all can become acts of worship when done consciously for the sake of Christ. This is the spirituality of the “everyday sacrament”—transforming routine into prayer, and duty into devotion. The ordinary becomes extraordinary when it bears the fragrance of Christ.

Reflection Questions

- Do my words build up others and reflect Christ’s truth, or do they sometimes wound or mislead?
- How often do I consciously dedicate my daily tasks—work, chores, studies—to God?
- If an outsider observed my daily routine, would they see evidence that Christ is at the center of my life?

Prayer

“Lord Jesus, help me to see that no moment of life is wasted when lived in Your name. Purify my words, so that they speak truth and kindness. Sanctify my actions, so that even the smallest task becomes an offering to You. Teach me to carry Your presence into my work, my relationships, and my service. Let my whole life—ordinary and extraordinary—become a hymn of praise to You. Amen.”



CHURCH NEWS

1. Pope Leo XIV Joins Patriarchs in Calling for Peace in Gaza

On August 26, Pope Leo unified his voice with both the Latin and Greek Orthodox Patriarchs of Jerusalem in appealing for an end to the conflict in Gaza. He reiterated the urgent need for a permanent ceasefire, the safe entry of humanitarian aid, the protection of civilians, and the release of hostages. The Pope also invoked the intercession of the Blessed Virgin Mary, “Queen of Peace,” in seeking reconciliation in the Holy Land.

2. Pope’s Message to Christian Politicians: Values Without Christ Are Ineffective

In a message delivered to French elected officials, Pope Leo warned that even deeply held “values” are powerless unless rooted in Christ. He encouraged Christian leaders to anchor their public service in the Gospel, deepen their faith, uphold Catholic social teaching, and boldly craft laws that uphold human dignity and justice.

3. Key Peace Theme Announcement for 2026 World Day of Peace

- **Theme Title:** “Peace be with you all: Towards an ‘unarmed and disarming’ peace”—Pope Leo XIV chose this theme for the upcoming 2026 World Day of Peace, celebrated each year on January 1, the Solemnity of Mary, Mother of God
- **Meaning and Vision:**
 - The concept of “unarmed peace” emphasises a peace that is not founded on fear, threats, or weapons.
 - “Disarming peace” refers to a peace that is capable of resolving conflicts, opening hearts, and fostering mutual trust, empathy, and hope.
 - Humanity is invited to reject the logic of violence and war, embracing a peace built on love and justice.
- **Universal Invitation:**
 - The greeting “Peace be with you” (Jn 20:19)—spoken by the risen Christ—is extended not only to believers but to everyone: non-believers, political leaders, and all citizens. It calls all to collaborate in constructing a humane and peaceful future.

- **New Publication:**

- **Coinciding with this theme, the Vatican Publishing House released a book titled “And Let There Be Peace! Words to the Church and the World”. It compiles Pope Leo XIV’s first public addresses and underscores his papacy’s focus on peace, unity, and the primacy of God.**



4. Mary’s Meals Achieves Milestone—Over 3 Million Children Fed Daily

Marking a decisive moment of hope, the charity Mary’s Meals will officially announce on September 8 (the Feast of the Nativity of Mary) that it now feeds more than three million children daily at school. This growth spans regions such as Malawi, Zambia, Tigray in Ethiopia, and Haiti. The founder cited the initiative as a simple yet transformative act: “A meal in a school can change how people see their future.”

Source: Vatican News

Faith in Action: 7 Days of Everyday Holiness

- **Day 1: Offer your first words of the day to God in prayer.**
- **Day 2: Do one hidden act of kindness.**
- **Day 3: Speak encouragement to someone struggling.**
- **Day 4: Pause for 2 minutes of silence to invite Christ into your work.**
- **Day 5: Forgive a small irritation without complaint.**
- **Day 6: Give thanks before every meal, however simple.**
- **Day 7: End your day by recalling where you saw God’s presence.**

INSTA-SAINT



@St. Jerome



2k
Posts

12.3 M
Followers

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Following

Bio:

- 📍 Born in Stridon (Dalmatia, present-day Croatia/Slovenia)
- ✝️ Priest, Doctor of the Church
- 📖 Translator of the Bible into Latin (Vulgate)
- 🦁 Often depicted with a lion, symbol of wisdom and courage

Follow

Message



Vulgate



Bible



Bethlehem



with Lion



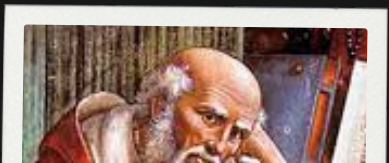
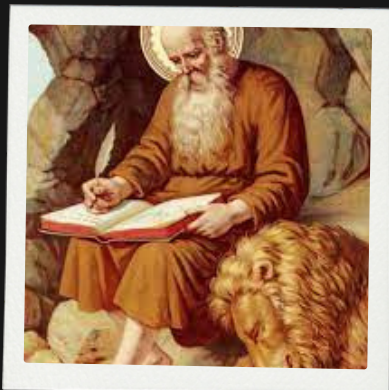
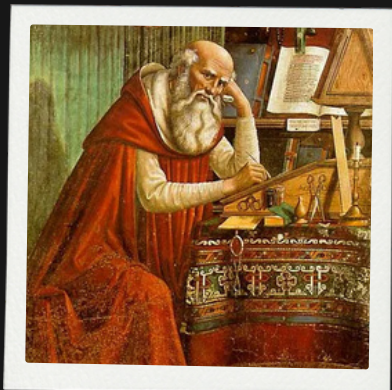
Latin translation



Script



Alexandria



St. Jerome

Story Highlight:

St. Jerome had one burning passion: the Word of God. Gifted with languages, he mastered Latin, Greek, Hebrew, and Aramaic to bring the Scriptures to life for the people of his time. His Latin translation, the Vulgate, became the official Bible of the Western Church for over a millennium.

But Jerome was not just a scholar—he was also a man of the desert. Living for years as a hermit in Bethlehem, he embraced prayer, fasting, and solitude, convinced that study must flow from holiness. His letters, often sharp and uncompromising, reveal a man unafraid to challenge sin, corruption, or spiritual laziness.

His famous words still ring true:

👉 “Ignorance of Scripture is ignorance of Christ.”

For Jerome, the Bible was not just a text to be studied but a living Word to be encountered and obeyed.

St. Jerome and the Lion

One day, a wounded lion limped into St. Jerome's monastery. While others fled, Jerome noticed a thorn stuck in its paw. He gently removed it and cared for the lion until it healed. From then on, the lion stayed loyally by his side.

This story reminds us that compassion can turn fear into friendship and that God's love can tame even what seems wild and untamable.

Faith in Action – Simplicity Challenge

This month, open your Bible and spend 10 minutes with a passage you rarely read (perhaps a prophet or psalm). Reflect on what God is saying to you personally. Like Jerome, let the Word become your daily bread.

Legacy Today:

St. Jerome is the patron saint of biblical scholars, translators, and librarians. He inspires us to take Scripture seriously—not just as literature but as the voice of Christ Himself. In a world filled with endless words, Jerome points us back to the only Word that saves.

#InstaSaint Vibes

#IgnoranceOfScriptureIsIgnoranceOfChrist

#BibleDoctor

#WordOfGod

#ScriptureAndSpirit #StJerome #DoctorOfTheChurch

A DIGITAL ADVENTURE AWAITS.....



21-Day Prayer Challenge for Generation Z

This 21-day prayer challenge is designed specifically for Generation Z, a generation that values authenticity, community, and social justice. This challenge aims to go beyond traditional prayer formats, offering a dynamic and interactive experience that integrates faith into daily life. Each day focuses on a theme relevant to Gen Z's world—from mental health and social media to finding purpose and navigating relationships. The challenge is structured to be both a personal journey and a shareable experience, encouraging participants to engage with their faith in a way that feels genuine and impactful.

Link for the book :

<https://nas.io/2-minutes-with-the-lord/digital-files/gvgx>

Instagram – @2MinutesWithTheLord

YouTube – 2 Minutes with the Lord

Let's Connect

Website – www.2minuteswiththelord.com

Your one-stop hub for bible resources and programs

Email: 2minuteswiththelord@gmail.com

Podcast

Listen now on [Spotify, Apple Podcasts, or Amazon Music]
@2 Minutes with the Lord

Season One : Faith Series

Season Two: Hope Series

Season Three: Miracle Series

Season Four: Parable Series

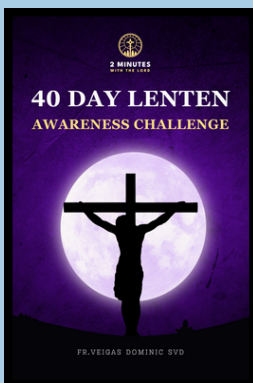
Season Five: Psalm Series

Season Six : Prophet Series

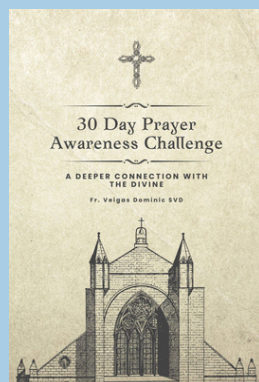
Season Seven: Witness Series



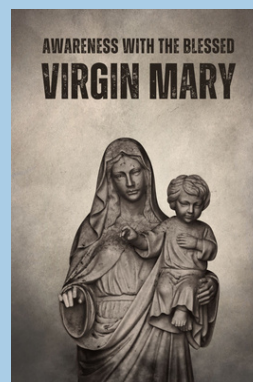
Books



40 Day Lenten
Awareness Challenge



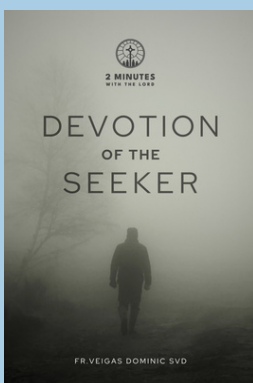
30 Day Prayer
Awareness Challenge



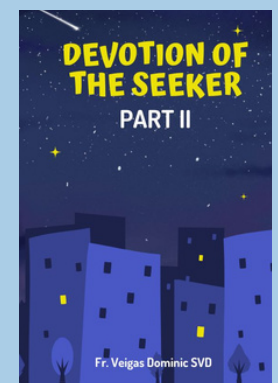
Awareness of the
Blessed Virgin Mary



Guiding Little Hearts of
Hope



Devotion of the Seeker



Devotion of the Seeker II

Available on Amazon.com