

JUNE 2025 | VOL. 7

THE SEEKER'S SCROLL



Monthly Newsletter from 2 Minutes with the Lord

Finding Rest in the Heart of Christ



Dear Friends in Christ,

As we enter June, the Church warmly invites us to celebrate one of her most profound and cherished devotions—the Sacred Heart of Jesus. This devotion beautifully draws us into the core of who Jesus is: a God of boundless mercy, tender compassion, and infinite love.

The heart symbolizes the essence of human life and emotion.

It is a place of love, courage, passion, and vulnerability. But the Sacred Heart of Jesus represents something infinitely more profound. It is a heart pierced for our sake, wounded by humanity's sin, yet continually overflowing with forgiveness, mercy, and grace. His heart calls us to find shelter from our fears, peace from our turmoil, and healing for our deepest wounds.

In today's world, we often find ourselves weighed down by worry, stress, and uncertainty. The pressures of daily life, responsibilities at home and work, conflicts, and anxieties about the future can leave us feeling restless and exhausted. In these moments, Jesus gently whispers to our weary hearts:

**"Come to me, all you who labor and are burdened, and I will give you rest."
(Matthew 11:28)**

This promise of rest is not mere comfort—it is an invitation to intimacy with Jesus Himself. To rest in His heart means to fully trust Him with our burdens, bring Him our pains and struggles, and allow His love to restore us from within.

St. Margaret Mary Alacoque, the humble visionary who introduced the devotion to the Sacred Heart to the world, understood this deeply. When Jesus appeared to her, He showed her His heart, aflame with love and encircled with thorns.



He reminded her—and through her, all of us—that His love is stronger than our fears, deeper than our wounds, and more powerful than any sin or pain we carry.

Just as St. Margaret Mary responded to Jesus' call with courageous trust and unwavering faith, let us also respond with open hearts. May we take deliberate steps this month—moments of prayerful silence, Eucharistic adoration, and simple acts of kindness—to experience and share Christ's compassionate love.

Let us find rest, hope, and healing in His Sacred Heart together. Let His heart shape our hearts, making us vessels of His mercy, peace, and love in a world thirsting for compassion.

With prayerful blessings,
Fr. Veigas Dominic, SVD



2 Minutes of Divine Wisdom

REFLECTION ON THE WORD OF GOD

Verse:

“I have loved you with an everlasting love.”

– Jeremiah 31:3

Exegesis & Reflection

This profound declaration of God's love from the Book of Jeremiah is a cornerstone for understanding God's heart. Jeremiah prophesied during one of Israel's most challenging periods—times filled with turmoil, exile, and deep uncertainty. Yet, amid such despair, God's voice emerges as one of reassurance and tenderness.

The original Hebrew phrase used here is “ahavat olam,” which beautifully means “a love without end,” “an everlasting love,” or “eternal affection.” This isn't merely a poetic expression; it reveals a foundational truth about the nature of God's love—it is constant, unchanging, and unaffected by human frailty or sin.

God's everlasting love is not conditional. It isn't based on our performance, achievements, or faithfulness. Instead, it flows freely from God's very being. He loves us not because we earn it but because we belong to Him



as beloved children. His love precedes our actions and sustains us, even when we feel most unworthy.

In the devotion to the Sacred Heart of Jesus, this eternal love becomes vividly tangible. Christ's heart, pierced and wounded, symbolizes God's willingness to bear all pain and suffering out of love for humanity. This heart is open—welcoming us, waiting patiently to heal us, renew us, and transform us. No matter how far we stray, how deeply we fall, or how often we fail, Jesus' heart remains accessible and overflowing with mercy.

When doubts about our worthiness creep into our minds, this verse reminds us: God's love isn't something we need to win or prove ourselves worthy of. It is already ours, freely given, waiting to be embraced.

Reflection Question:

- How have I personally experienced Christ's unconditional love?
- Recall specific moments when you felt profoundly accepted and forgiven by Christ. Reflect on how those moments shaped your life.
- Do I truly believe I am loved by God with an everlasting love?

Action Step

Each night this month, before sleep:

1. Quietly reflect on the day's events—joys, struggles, interactions.
2. Thank Christ specifically for His moments of grace and presence throughout the day.
3. Consciously surrender any anxieties, worries, or self-doubts to the Sacred Heart, trusting His love and care.

Prayer for Embracing Everlasting Love: “Heavenly Father, thank You for loving me with everlasting love. Help me to fully receive Your love, even when I feel undeserving or distant. May Your eternal love transform my heart, renewing me each day. Teach me to reflect Your boundless mercy to others so they may also know Your infinite and unwavering affection. Amen.”

Sacred Heart Challenge: 7 Days of Compassion

Day 1: Pray the Litany of the Sacred Heart.

Day 2: Perform a quiet act of kindness for someone.

Day 3: Offer forgiveness or seek reconciliation.

Day 4: Visit Jesus in Eucharistic Adoration.

Day 5: Give comfort to someone in distress.

Day 6: Express gratitude for God's love.

Day 7: Enthroned an image of the Sacred Heart in your home.

Special Column: POPE LEO XIV

Habemus Papam

On May 8, 2025, the Roman Catholic Church witnessed a historic moment as Cardinal Robert Francis Prevost was elected the 267th pope, taking the name Pope Leo XIV.

A Historic Election

Pope Leo XIV's election marks several significant milestones:

First American-born Pope: He was born on September 14, 1955, in Chicago, Illinois, and is the first pontiff from the United States.

First Augustinian Pope: He is the first member of the Order of Saint Augustine to ascend to the papacy.

Dual Citizenship: He holds both U.S. and Peruvian citizenship, and his extensive missionary work in Peru has deeply influenced his pastoral approach.

Early Life and Ministry

Robert Francis Prevost entered the Augustinian novitiate in 1977 and was ordained a priest in 1982. His academic pursuits led him to earn a licentiate in Canon Law from the Pontifical University of Saint Thomas Aquinas in Rome.

His missionary journey took him to Peru, where he served for over two decades in various capacities, including as judicial vicar and professor of Canon Law. In 1999, he was elected Provincial Prior of the Augustinian Province of "Mother of Good Counsel" in Chicago and later served as Prior General of the Augustinian Order.

Path to the Papacy

In 2014, Pope Francis appointed him Apostolic Administrator of the Diocese of Chiclayo in Peru, elevating him to the episcopacy. He later served as Prefect of the Dicastery for Bishops and President of the Pontifical Commission for Latin America.

Vision and Priorities

Pope Leo XIV is known for his commitment to social justice, pastoral care, and administrative reform. His leadership style is characterized by humility, inclusivity, and a focus on the marginalized.

Looking Ahead

As Pope Leo XIV begins his pontificate, the global Catholic community anticipates that the Church's mission to promote peace, justice, and compassion in an ever-changing world will continue.



POPE LEO XIV'S MOTTO AND COAT OF ARMS

Pope Leo XIV reveals his coat of arms and motto, which clearly reflect his Augustinian roots.

By Vatican News

Pope Leo XIV's coat of arms clearly reflects his Augustinian roots and the values he seeks to promote during his pontificate, particularly unity and communion within the Church.

The shield is divided diagonally into two sections. The upper half features a blue background with a white lily.

The lower half of the shield has a light background and displays an image that recalls the Order of Saint Augustine: a closed book with a heart pierced by an arrow. This is a direct reference to the conversion experience of Saint Augustine himself, who described his personal encounter with God's Word using the phrase: **"Vulnerasti cor meum verbo tuo"** - "You have pierced my heart with your Word."



Pope Leo XIV's coat of arms

THE MOTTO

Pope Leo XIV has also chosen a motto that reflects this Augustinian tradition: *In illo uno unum*, which means "In the One, we are one." The phrase is taken from Saint Augustine's Exposition on Psalm 127, where he explains that "although we Christians are many, in the one Christ we are one. Saint Augustine's reflection on Psalm 127 highlights the theological foundation of this idea. "Christ - head and body - is one single man. And what is the body of Christ? His Church," Augustine writes. He then adds, "Although we Christians are many, in the one Christ we are one. We are many and we are one - because we are united to Him, and if our Head is in heaven, the members will follow."

INSTA-SAINT



@St Margaret Mary Alacoque 

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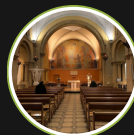
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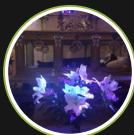
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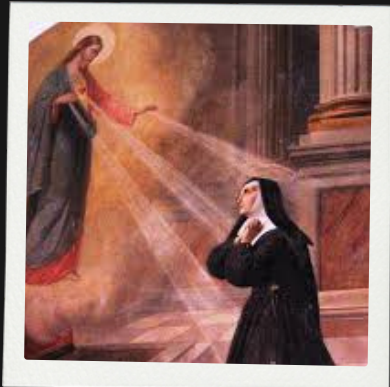
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Visitation



Tomb



St. Margaret Mary Alacoque

Story Highlight:

Apostle of the Sacred Heart – St. Margaret Mary Alacoque

Born on July 22, 1647, in Burgundy, France, Margaret Mary Alacoque was drawn to spiritual things from a young age. Despite facing many hardships—including severe illness and family opposition to her vocation—she entered the Visitation Convent at Paray-le-Monial in 1671.

Her life changed dramatically between 1673 and 1675, when Jesus appeared to her in a series of visions, revealing His Sacred Heart—a heart aflame with divine love, yet crowned with thorns, symbolizing humanity’s neglect and indifference toward His infinite compassion.

During these profound visions, Christ entrusted Margaret Mary with the mission of spreading devotion to His Sacred Heart, specifically asking for practices such as:

Reception of Holy Communion on First Fridays

Eucharistic adoration

The celebration of the Feast of the Sacred Heart

Initially, Margaret Mary faced skepticism, rejection, and even ridicule. Yet she persevered with quiet strength, patience, and humility, convinced of her divine mission. With the support of her spiritual director, St. Claude de la Colombière, her message gradually took root and spread throughout France and beyond.

St. Margaret Mary passed away on October 17, 1690, at age 43. She was canonized by Pope Benedict XV in 1920, and today she is known worldwide as the Apostle of the Sacred Heart, honored for her faithfulness, humility, and unwavering commitment to Christ’s message of love and mercy.

Patronage: Devotees of the Sacred Heart, those suffering from polio, loss of parents, and those seeking deeper intimacy with Christ

🙏 A Simple Prayer to St. Margaret Mary Alacoque:

St. Margaret Mary, you revealed to the world the profound love of the Sacred Heart. Teach us to imitate your trust, humility, and perseverance. Help us draw closer to the Heart of Christ, experiencing His mercy and compassion. Amen.

#InstaSaint Vibes:

#SacredHeart #InfiniteLove #StMargaretMary #MercyOverflowing

#ApostleOfLove #FirstFridayDevotion #HeartOfJesus

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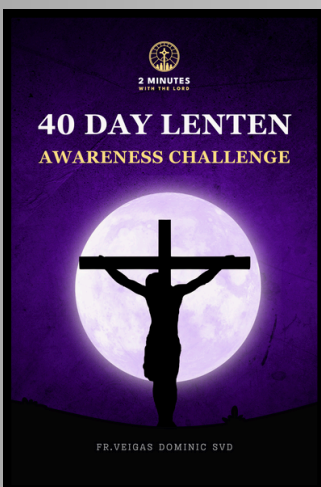
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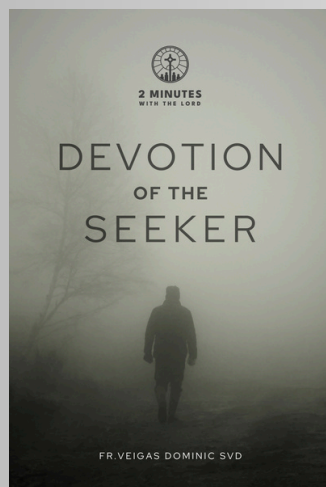
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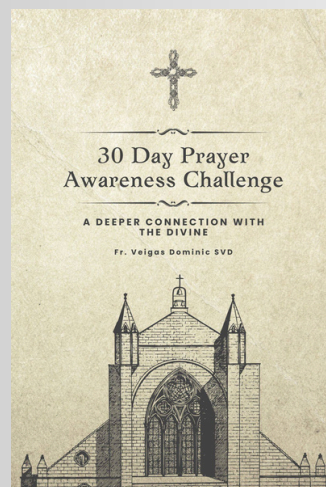
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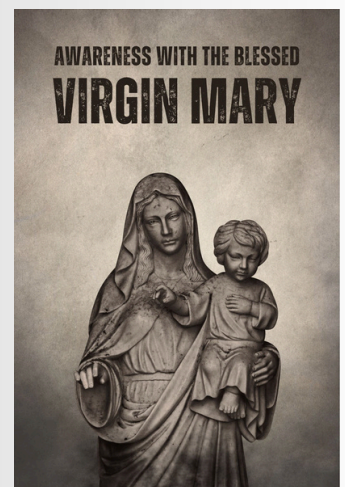
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