

The BRIDGE Framework™



BRIDGE

Three Intelligences · Two Directions Each

LEAD SELF / INWARD

OUTWARD / LEAD OTHERS

BRAIN INTELLIGENCE

Self-Awareness & Identity

COMPETENCIES

Know Yourself Honestly
Lead From Your Values



Mobilization & Results

COMPETENCIES

Mobilize & Communicate With Impact
Develop Talent

HEART INTELLIGENCE

Leading From Within

COMPETENCIES

Regulate Under Pressure
Protect Your Energy & Resilience



Systemic Leadership & Legacy

COMPETENCIES

Think & Lead Change Systemically
Cultivate Collective Intelligence

SIGNAL INTELLIGENCE

Signal & Presence

COMPETENCIES

Read Your Own Signal
Align Your Signal With Your Intention



Relationships & Connection

COMPETENCIES

Build Trust Through Courageous Conversations
Integrate Different Perspectives

Every pillar operates in two directions: inward, toward leading yourself, and outward, toward leading others.