

Jumping Beans Health, Safety & Welfare Policy

Our commitment

Jumping Beans regards the health, safety and welfare of all children, parents/carers, coaches, staff and visitors as a priority.

Gymnastics and physical activity involve an inherent level of risk. Jumping Beans aims, so far as is reasonably practicable, to identify foreseeable risks and take appropriate measures to minimise them while providing children with opportunities to develop their physical skills, confidence and independence.

Responsibilities

Jumping Beans is responsible for providing, so far as is reasonably practicable:

- A safe environment for gymnastics activities.
- Equipment that is appropriate for the age and ability of participating children and checked regularly for safety.
- Appropriate risk assessments for activities and the environment in which sessions take place.
- Coaches and staff who are appropriately trained, qualified and/or supervised for their role.
- Appropriate first-aid provision during sessions.
- Clear procedures for responding to accidents, injuries, emergencies and safeguarding concerns.
- Appropriate recording and reporting of accidents and incidents.
- Appropriate information and instruction for staff, coaches, parents/carers and participants.

All coaches, staff and volunteers must:

- Take reasonable care of their own health and safety and that of others who may be affected by their actions.
- Work within their level of training, competence and qualification.
- Follow Jumping Beans policies, procedures and risk assessments.
- Carry out appropriate safety checks before sessions.
- Report hazards, defective equipment or other safety concerns promptly.
- Follow Jumping Beans procedures for accidents, injuries, emergencies and safeguarding concerns.
- Record accidents and incidents where required.

Parent/carer responsibilities

In parent-and-child sessions, the accompanying adult remains responsible for actively supervising their child throughout the session.

Parents/carers must follow instructions provided by the coach, particularly when helping or physically supporting their child on or around gymnastics equipment.

The coach remains responsible for providing appropriate instruction, organising activities safely and ensuring that activities and equipment are suitable for the class.

Parents/carers must inform Jumping Beans of any relevant medical condition, injury, additional need or other information that may affect their child's safe participation.

Children must not participate if they are unwell or have an injury or medical condition that makes participation unsafe.

Independent participation

Where children participate without their parent/carer directly accompanying them around the equipment, Jumping Beans coaches are responsible for providing appropriate supervision and instruction in accordance with the child's age, ability and the activity being undertaken.

Activities will be adapted or stopped where a coach considers that continuing would present an unacceptable risk.

Risk management

Jumping Beans will identify significant hazards associated with its activities and take reasonable steps to reduce the likelihood and potential severity of injury.

Risk assessments will be reviewed when appropriate, including following a significant accident or incident, a substantial change to equipment or activities, or the identification of a new hazard.

Accidents and emergencies

All accidents and significant incidents must be dealt with in accordance with the Jumping Beans Accident, Injury & Emergency Procedure.

Appropriate first aid will be provided where required.

Accidents and incidents will be recorded where appropriate, and parents/carers will be informed in accordance with the Accident, Injury & Emergency Procedure.

Emergency services will be contacted where an injury or medical emergency requires urgent professional assistance.

Relevant incidents will be reported to insurers, enforcing authorities or other organisations where legally or contractually required.

Equipment and facilities

Equipment must be appropriately positioned and checked before use.

Any equipment considered unsafe must be removed from use until it has been repaired, replaced or confirmed as safe.

Coaches should continually monitor the environment during sessions and take action where new hazards arise.

Legislation and guidance

Jumping Beans will have regard to relevant UK health and safety legislation and guidance, including the Health and Safety at Work etc. Act 1974 and the Management of Health and Safety at Work Regulations 1999 where applicable to its activities.

Review

This policy will be reviewed annually and sooner where appropriate following:

- A significant accident or incident.
- A material change to Jumping Beans activities or operating arrangements.
- Changes to relevant legislation, insurance requirements or recognised guidance.
- Identification of a significant new risk.

Policy owner: Jumping Beans

Review frequency: Annually

Last reviewed: September 2026

Next review: September 2027