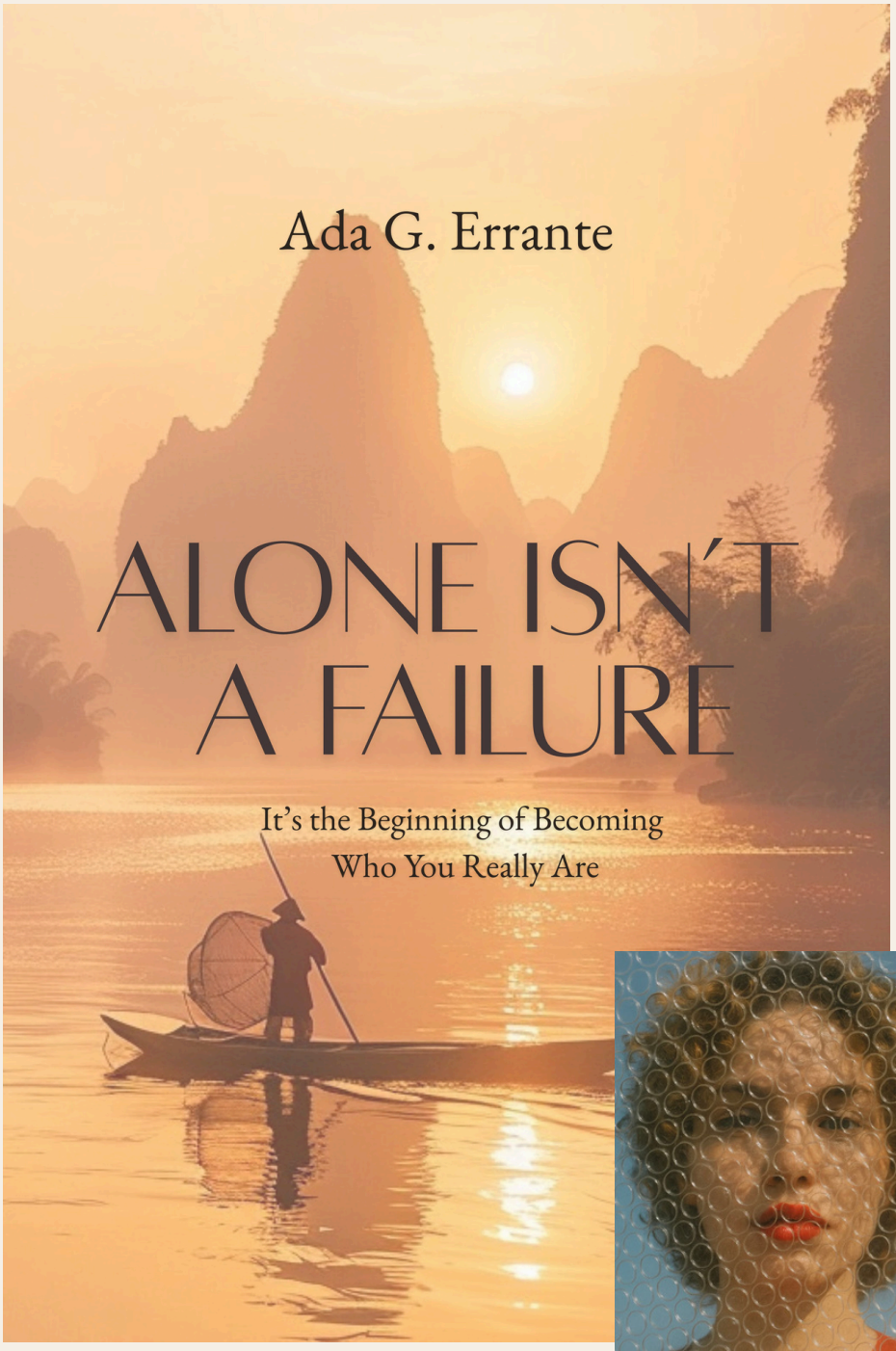
ADA GERTRUDE ERRANTE

Alone Isn't a Failure: It's the Beginning of Becoming Who You Really Are



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PRESS RELEASE

"Alone Isn't a Failure" – A Transformative Travel Novel on Finding Yourself Between China, New York, and Tuscany

Tuscany, Italy — What if being alone wasn't a weakness, but the start of everything?
In her debut novel *Alone Isn't a Failure: It's the Beginning of Becoming Who You Really Are,* author Ada G. Errante invites readers on a profound journey that blends travel, culture, and inner transformation. Following Agata's path from the monasteries of China to the chaos of New York City, and finally back to the olive groves of Tuscany, the book is not only about crossing continents, but also about breaking through the inner walls of fear, love, and solitude.
Through Agata's story, readers explore themes of self-discovery, female empowerment, cultural contrast, and the search for authentic love in a world that often confuses connection with dependency.
Alone Isn't a Failure will be released globally through IngramSpark (paperback + ebook) and as an exclusive Collector Limited Edition (50 numbered copies), featuring a collector's box with 3 travel-inspired objects — one from China, one from New York, and one from Tuscany, plus a small guide for self love.

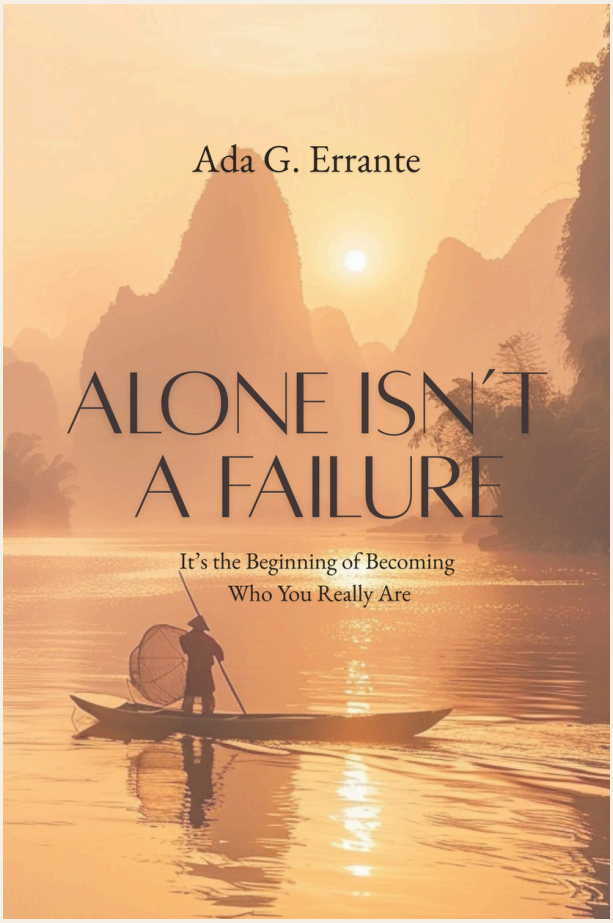
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📩 Review copies, interviews, and press materials available upon request.
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BOOK OVERVIEW

Title: Alone Isn't a Failure: It's the Beginning of Becoming Who You Really Are
Author: Ada G. Errante
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Genre: Fiction / Women's Fiction / Travel / Self-Discovery
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Release Date Worldwide: 21st November 2025
Release Date Collection Box (*only 50):* 30th October 2025



Agata thought she was just traveling — from the serene silence of Chinese monasteries, to the sleepless pulse of New York City, to the earthy rhythm of her Tuscan home. But what began as a physical journey soon became a mirror: of solitude, love, and the search for herself. Alone Isn't a Failure is a novel about learning to see solitude not as an absence, but as a beginning.

COMPARABLE TITLES

- EAT PRAY LOVE — ELIZABETH GILBERT
- WILD — CHERYL STRAYED
- UNTAMED — GLENNON DOYLE

TARGET AUDIENCE

- WOMEN 25–45 PASSIONATE ABOUT TRAVEL, MEMOIR-STYLE FICTION, AND SELF-GROWTH.
- READERS WHO ENJOYED EAT PRAY LOVE AND WILD.
- FOLLOWERS OF PERSONAL DEVELOPMENT PODCASTS (MEL ROBBINS, JAY SHETTY).

ABOUT THE NOVEL

Agata never imagined that traveling alone would become the most transformative journey of her life. From the tranquil silence of Chinese monasteries to the restless rhythm of New York City, and finally back to her Tuscan roots among the olive groves, every step challenged her, stripped away illusions, and brought her closer to herself.

Alone Isn't a Failure: It's the Beginning of Becoming Who You Really Are is a novel about more than crossing borders. It's about crossing the invisible boundaries within ourselves: the fears of solitude, the weight of expectations, and the illusions of love. Agata learns that relationships do not cure us — they mirror us. And only by facing her own reflection could she find freedom.

Through evocative descriptions of landscapes, cultures, and inner emotions, the book invites readers to travel alongside Agata — not only across continents, but into the depths of self-discovery. It's a story for anyone who has ever felt "not enough", who has sought answers in love or in distant places, only to discover that the real journey begins within. Moving, inspiring, and deeply relatable, *Alone Isn't a Failure* blends the allure of travel with the intimacy of personal growth, reminding us that being alone is not the end of something, but the beginning of everything.



ABOUT ADA

Ada G. Errante is an Italian writer whose work bridges the worlds of travel and transformation. Born and raised in Tuscany, she has lived abroad between Asia and the U.S., drawing inspiration from cultural contrasts and the search for authentic connection. Her debut novel, *Alone Isn't a Failure: It's the Beginning of Becoming Who You Really Are,* explores what it truly means to embrace solitude, heal from love, and rediscover one's inner compass. With a background in [insert professional detail if you'd like], Ada combines keen observation with emotional storytelling.

ABOUT ADA

Ada G. Errante is an Italian author whose work explores the intersection of travel, identity, and self-discovery. Born and raised in Tuscany, Ada grew up surrounded by olive groves, family traditions, and the quiet rhythm of the countryside — elements that would later inspire her writing. From a young age, she was fascinated by the way places shape people: how the silence of a monastery can bring clarity, or how the chaos of a city can awaken courage.

Her years spent studying, living, and working abroad gave her the chance to immerse herself in diverse cultures, from Asia, MENA to the United States. These experiences not only expanded her worldview but also became the foundation for her debut novel, *Alone Isn't a Failure: It's the Beginning of Becoming Who You Really Are.*

Alongside writing, Ada is deeply passionate about music, literature, poetry, and art, but especially about healing and healthy rituals that enrich daily life. She believes that true fulfillment often lies in simplicity — a morning walk, the aroma of coffee, or the act of journaling by an open window. In all of her travels, she seeks out the essence of each place, looking beyond appearances to find what nourishes the soul.

These passions naturally filter into her writing, which emphasizes themes of resilience, authenticity, and the courage to embrace solitude. Her stories highlight the challenges and strengths of women navigating modern life, encouraging readers to slow down and connect with what truly matters.

Today, Ada lives between Tuscany and her travels, continuously searching for beauty in simplicity and meaning in the everyday. With her debut novel, she hopes to inspire readers not only to journey across the world but also to embark on the most transformative journey of all: the one within themselves.

SAMPLE EXCERPTS

- "It wasn't New York's chaos or China's countryside peace that changed her. It was realizing that everything she was searching for had been within her all along."
- "Relationships aren't the cure. They're the mirror. And what you see in them depends on whether you've faced yourself first."

EARLY PRAISE (PLACEHOLDER)

- "A raw, beautifully written journey through places and emotions. Ada reminds us that solitude can be the most powerful teacher." — Lucia B., Early Reader
- "A must-read for anyone who's ever wondered if being alone means being incomplete. A moving and empowering debut." — Chloe T., Early Reader

TALKING POINTS
(for interviews & features)

- Why solitude isn't failure, but freedom.
- How cross-cultural journeys reveal who we are inside.
- The limited edition collector's box (a tangible way to travel with Agata).
- The balance between fiction and memoir-style authenticity.

CONTACTS

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