PAP Maintenance Guide

Pre Introduction

Hello, in this video, you will learn about the maintenance of CPAP machine

It is crucial that you follow the maintenance guide in this video to ensure a safety, proper functioning CPAP treatment

Parts

CPAP 20a

- Main unit
- Power adapter and cord
- Mask of choice
- 1.8m Tube
- Carrying Bag
- Filter
- SD Card
- Mask of choice

CPAP 20a+

- Main Unit
- 19mm tubing
- Filters
- SD Card
- Carrying Case
- Travel Hard case
- Mask of choice
- Detachable Humidifier

Nea SEFAM (standard set w/ ModCom+)

- 2m Tubing
- Power Adaptor and cord
- Mask of choice
- Nea H2O Humidifier set
- Carrying bag

Important Alert

- Ensure the water in the humidifier tank is empty when traveling.
- Avoid turning off the machine before stopping the treatment.
- Avoid placing the machine on a non-flat surface
- Avoid placing the machine higher or lower on a flat surface to where your head rest on the bed
- Avoid placing the machine outdoor or direct under sunlight
- Avoid smoking nearby the machine
- Avoid spraying water directly to the machine

•

Operational Guide (iBreeze 20a and BiPAP)

1. Place the machine on a night stand or on a flat surface next to your bed. Make sure the machine is place eye level to where your head rest on the pillow
2. Plug the device to a single plug power point
3. Make sure the tubing adapter at the back of the CPAP is locked in place.
4. To remove the humidifier tank from the machine, place your thumb on the top and rest of your finger at the bottom to slide the humidifier tank out.
5. To open the humidifier tank, open the tab at the back of the lid, fill the humidifier tank with water, close the lid and slide the humidifier tank back into the machine.
6. Filled either filtered water or drinking water into the humidifier tank, reaching the minimum line. This will be sufficient for 1 night use
7. Power on the device by turning on the single plug power point
8. Connect one end of the tube to the machine, and connect the other end of the tube to the mask.
9. To start treatment, press the power button on the machine

Operational Guide (iBreeze 20a Plus)

1. Place the machine on a night stand or on a flat surface next to your bed. Make sure the machine is place eye level to where your head rest on the pillow
2. Plug the device to a single plug power point
3. To remove the humidifier tank from the integrated humidifier, place and press your index finger on the blue tab to lift the cover. Remove the tank from its place to fill in water. Make sure to close the lid once the humidifier tank is place back into place.
4. Fill the humidifier tank with either filtered water or drinking water. Fill it to the minimum line. This will be sufficient for 1 night use
5. Power on the device by turning on the single plug power point.
6. Connect one end of the tube to the machine, and connect the other end of the tube to the mask
7. To start treatment, press the power button on the machine.
8. To remove the machine from the integrated humidifier, press and hold the blue button on the side, then slide the machine out.
9. To place the machine on the portable battery, find the locker on the external power pack. Tilt the machine to point at the locker. Place the machine down into the external power pack while pushing the button on the side.

Operational Guide (SEFAM)

1. Place the machine on a night stand or on a flat surface next to your bed. Make sure the machine is place eye level to where your head rest on the pillow.
2. Plug the device to a single plug power point
3. To remove the side cover of the machine, press and hold the button on the top of the machine, the cover should pop out slightly. Remove the side cover from the machine.

4. The open the humidifier tank, unlock the latch and open the humidifier tank. Fill the humidifier tank with either filtered water or drinking water. Fill it to the minimum line. This will be sufficient for 1 night use. Close the cover of the humidifier tank
5. Slide the heated plate into the machine. Slide the humidifier tank into the machine. You will hear a pop sound when it is lock in place.
6. To remove the humidifier tank from the machine, press and hold the button on the top of the machine, then slide the humidifier tank out.
7. To remove the heated plate, hold down the latch and slide the heated plate out.
8. Connect one end of the tube to the machine, and connect the other end of the tube to the mask.
9. Power on the device by turning on the single plug power point
10. To start treatment, press the power button on the machine's screen

Daily Maintenance

- It is important to replace the water daily in the humidifier tank before use. Make sure to fill the humidifier tank with filtered or drinking water only.
- You may clean the headgear and mask cushion with wet wipes.

Weekly Maintenance

- These are the lists of items you would need to clean the accessories.
    1. Mild detergent
    2. Large Container
    3. Clean drying tower
- Disassemble your CPAP machine
- Wash the humidifier tank with mild detergent and warm water, and rinse the tank with cool water
- Soak and submerge the mask and tube into the mild detergent filled container with warm water. Let it soak for a few minutes
- Rinse the tube inside and out, using a brush to clean the inside of the tube.
- Use a brush to clean the headgear and cushion, before rinsing them with water
- Set the clean accessories on a clean tower to air dry and make sure it is not exposed to direct sunlight. The tube can be hang facing down to air dry.

12 months maintenance

- The CPAP machine is required to be service every year. Please contact us to schedule the yearly service

Accessories and parts replacement

- Mask Headgear – Yearly
- Inlet Filter (pollen) – 2-3 months (1 month if using >16 hours per day)
- Bacteria Filter (Optional)- 1- 7 days (max)
- Tube – 6 months to 1 year
- Mask Cushion – 6 months to 1 year