Neuro RiseUp Professional Training Workshop

Format: 1 day · 8 instructional hours · six modules

Learning objectives

• Explain the Neuro RiseUp progression from visual-spatial engagement to processing and executive-function practice.

• Select and adapt activities based on cognitive profile, fatigue, goals, and tolerance.

• Facilitate the Therapeutic Drawing Series and core processing and executive-function exercises.

• Create a structured session plan linked to functional rehabilitation goals.

• Use progress information to adjust challenge level within professional scope.

Curriculum

1. Neuro RiseUp Foundations — 60 minutes

Program philosophy, professional scope, and the Visual Spatial !' Processing !'

2. TBI and Cognitive Rehabilitation — 75 minutes

Cognitive, emotional, sensory, and fatigue considerations; pacing and accessible cognitive load.

3. Therapeutic Drawing Series — 90 minutes

Therapeutic Drawing, Mirror Reflection Drawing, Blind Contour Reveal, guided practice, and debrief.

4. Processing Exercises — 90 minutes

Attention, auditory processing, switching, memory, response speed, and adaptation for fatigue.

5. Executive-Function Exercises — 75 minutes

Planning, inhibition, sequencing, flexibility, prioritization, problem-solving, and functional goals.

6. Implementation and Competency — 90 minutes

Individualized sessions, progress monitoring, documentation, case-based knowledge check, and implementation plan.

Completion standard

Participants complete all six modules, guided practice, a case-based knowledge check, and an implementation plan. Professional credentialing requirements should be set by the program owner and aligned with applicable regulations.