

Interview Preparation

Prepare stories, evidence and questions before the interview.

1 Context	WHY THIS MATTERS Good interview preparation reduces nerves and helps you answer with relevant, specific examples instead of general statements.	A SIMPLE PATHWAY → Research the organisation → Review the role → Prepare STAR examples → Practise aloud → Plan logistics → Write your questions	KEY TAKEAWAYS ■ Research the organisation, role and industry. ■ Prepare examples using STAR: Situation, Task, Action, Result. ■ Practise common questions aloud. ■ Prepare at least two questions to ask the interviewer.
2 Insight	EMPLOYER INSIGHT Preparation signals motivation. Interviewers can usually tell when a candidate has researched the role and organisation.	TOP TIP Research the organisation and leadership on LinkedIn. Be prepared, be on time, look the part. Have at least two questions ready to ask the interviewer.	
3 Action	WHAT TO DO ✓ Prepare examples for teamwork, problem solving and feedback. ✓ Test technology for virtual interviews in advance. ✓ Plan your travel time and route. ✓ Bring notes and a copy of your resume.	WHAT TO AVOID ■ Memorising scripts word for word. ■ Arriving late or joining online at the last minute. ■ Forgetting what is on your own resume. ■ Having no questions prepared to ask.	QUICK CHECKLIST ■ Company researched ■ STAR examples prepared ■ Two questions written ■ Clothes planned ■ Travel or tech checked
REFLECTION Practise your answers in front of the mirror. Tell me about yourself. Why this role? Describe a challenge you overcame. Why should we hire you?			
YOUHIVE TIP	Practise your interview answers in front of the mirror — are you convinced by what you hear?		