
IVF babble
THE ESSENTIAL IVF
preparing for fertility treatment
THINGS TO CONSIDER WHEN CHOOSING A FERTILITY CLINIC

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THE LEADING ONLINE FERTILITY RESOURCE & COMMUNITY

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Diagnosis & eligilbility - get a diagnosis before you jump into anything and make sure you are in the best health that you can be to ensure you are not turned down for treatment. (Your BMI should be under 30)

Location - think about the logistics. You will need to make multiple trips to your clinic, sometimes at short notice. Do you want to stay at home or travel abroad for treatment? Wherever you choose, ensure the clinic is regulated.

Cost - consider all hidden costs.

Success rates - look at the clinic's birth and multiple birth rates.

Selection - look at the treatments offered - are they right for you?

Support - do they offer support and counselling?

BEFORE YOU START YOUR SEARCH

What is your diagnosis?
What is your partner's diagnosis?
Do you know what treatment you will need?
Are you a healthy weight to start IVF?

WHICH LOCATION? HOME OR ABROAD?

Where do you think you want to have your treatment? Home/Abroad?	
Is fertility treatment regulated in that country?	
How frequently and at what stages of treatment would you be required to travel to the clinic? (Think about how much time you would need to take off work)	
Do you need to quarantine before or after travel if choosing abroad?	

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HOW MUCH IS THIS GOING TO COST ME?

How much is one round of IVF?

Is medication a separate cost?

Are tests an extra cost?

Is there an extra cost for freezing and storage?

How many rounds am I likely to need?

If travelling abroad - how much will flights and accommodation cost?

Does the clinic offer a shared risk/refund plan?

SUCCESS RATES

Have you looked at the clinic success rates?

You can check a country's success rates by looking at the regularity boards SART, HFEA, or ESHRE.

Are the success rates consistent with the national average?

FOLLOWING INITIAL RESEARCH, REQUEST A CALL AND DELVE A LITTLE DEEPER

How long following a consultation can I start treatment?	
What is your policy on embryo transfers?	
What are your opening times/are you open for retrievals and transfers on weekends?	
Do you do your own testing or have others handle them?	
Do you prefer fresh or frozen embryo transfers?	
Is there always someone that a patient can call 24/7?	
What support do you offer patients whilst they are going through IVF?	
What support do you offer patients after a failed round of IVF?	
Do you have an age limit at your clinic?	
How does someone go about booking an initial consultation with you?	
Is there a waiting list?	
Is there a cost?	

Additional notes: