

Vale of Leithen FC

First Aid Plan

Website-ready PDF based on the current First Aid Plan page.

Introduction

Vale of Leithen Football Club states that it will take all reasonable and practicable steps to safeguard welfare against hazards to health or safety arising out of the club's activities. This document sets out the club's first aid plan and should be read alongside the Health and Safety Policy.

Purpose

This plan provides guidance on the provision of first aid at Victoria Park, Innerleithen.

The club is committed to providing a safe and healthy environment for club personnel, supporters and visitors, with access to first aid assistance should an injury or illness occur.

First Aid Procedures

- The club will train an appropriate number of personnel to a recognised Sports Injury Training standard.
- The club will maintain a register of all personnel who hold an appropriate Sports Injury certificate.
- At least one person holding a Sports Injury certificate will be present at each home game.
- For each home game a lead First Aid Officer will be appointed by the club.

First Aid Equipment

- A mobile first aid kit approved by the club's qualified personnel will be available at each home game.
- A static wall-mountable first aid kit will be located in the first aid room and suitable for up to 50 persons.
- A mobile 50-person first aid kit will be available for each home game.
- A mobile players' first aid bag approved by qualified personnel will be available for away games and training sessions.

Location and Certification

The static first aid kit is located in the first aid room within the pavilion at Victoria Park, opposite the board room.

The club will obtain a yearly medical certificate issued by the SFA Chief Medical Officer.

Review

Vale of Leithen Football Club will keep this policy under review, with additions or amendments made where deemed appropriate or on the advice of relevant governing bodies.

Reviewed September 2024.