RESTORING HOPE MINISTRIES / RECOVERY INITIATIVE

Recovery Initiative FAQ and Getting Started

Clear answers about purpose, participation, peer roles, faith, neurofeedback, partnership, privacy, and the appropriate next step

> Clarity is part of care. People should know what the initiative offers, what it does not offer, what information is appropriate to share, and how to choose the next pathway.

WHO THIS IS FOR

Individuals, families, prospective participants, peer leaders, agencies, churches, schools, employers, clinicians, volunteers, donors, and referral partners

HOW TO USE IT

Read online, download from the RHM website, share before a conversation, or use it as a guided discussion resource.

PUBLIC WEBSITE RESOURCE | AUGUST 2026

Prepared by Restoring Hope Ministries

Dr. Jeffrey W. Gross, President and Lead Counseling Pastor

https://rhmwi.net/RecoveryInitiative

COMMON QUESTIONS

Purpose, Participation, and Services

These answers offer public guidance. A conversation with RHM is still needed to determine fit, availability, scope, cost, and an appropriate next step.

What is the Recovery Initiative?

It is a developing community platform connecting peer leadership, experiential education, mentorship, recovery support, reentry, education, community partnership, and appropriate adjunctive services.

Is it a treatment program?

Not by itself. Some RHM or partner services may be clinical or treatment-related, but the initiative also includes education, peer support, pastoral care, navigation, mentoring, and community activities. Each service must be described clearly.

Who can participate?

Potential pathways exist for individuals, families, alumni, peers, agencies, churches, clinicians, researchers, educators, students, employers, volunteers, donors, and community partners. Availability and fit vary.

Must I be Christian?

No denominational conformity is required to express interest or discuss partnership. RHM is a Christian ministry and may offer faith-based resources openly, while protecting informed choice and avoiding coercion.

Does the initiative promote one recovery pathway?

No. Recovery is personal and may include treatment, medication, faith, peer support, family support, self-care, education, community resources, and other appropriate approaches.

What does 'experiential education' mean?

Participants do more than receive information. They reflect, discuss, practice, apply, create, teach, and examine what the learning means in real relationships and daily life.

COMMON QUESTIONS

Peers, Neurofeedback, and Partnerships

Role clarity helps people understand what each pathway can responsibly provide.

What can a peer leader do?

Peers may build relationships, share lived experience purposefully, support skills and goals, facilitate groups, navigate resources, contribute to curriculum, and encourage connection within their training and role.

What can a peer leader not do?

A peer does not diagnose, prescribe, provide psychotherapy, direct medical treatment, promise secrecy during a safety emergency, or work outside preparation, policy, supervision, and competence.

What is BrainPaint® neurofeedback?

It is an EEG neurofeedback system used by RHM as possible adjunctive brain training. Sensors monitor electrical activity and feedback supports learning. The sensors do not deliver electrical current into the brain.

Does neurofeedback replace treatment or medication?

No. RHM presents neurofeedback as adjunctive. Necessary medical, psychiatric, psychological, substance-use, medication, and crisis care should not be stopped or replaced because of neurofeedback.

What can an agency or church partnership include?

Possibilities include referrals, small pilots, peer development, workshops, experiential classes, neurofeedback-access exploration, reentry or workforce pathways, staff education, events, sponsorship, and shared evaluation.

Does submitting interest create a partnership or guarantee a service?

No. It begins a review and conversation. It does not guarantee availability, acceptance, funding, scholarship, employment, volunteer placement, referral acceptance, or a formal partnership.

GETTING STARTED

Choose the Safest and Most Useful Next Step

The right pathway depends on whether the need is general information, nonclinical interest, secure service intake, professional referral, or immediate safety support.

General information about the initiative, peer roles, education, partnership, or neurofeedback	Review the website resources and submit a general interest inquiry if you would like follow-up.
Counseling, assessment, neurofeedback screening, or another individual service	Use the appropriate RHM service request, screening, or secure intake pathway rather than the public interest form.
An agency, church, school, employer, or community collaboration	Submit a partnership interest inquiry and begin with a listening conversation about priorities, gaps, capacity, and one limited next step.
A referral involving private health or treatment information	Contact RHM to identify the approved secure referral and authorization process before transmitting protected information.
Immediate medical, mental-health, or safety help	Call 911 or go to the nearest emergency department. In the United States, call or text 988 for crisis support.

Before contacting RHM, consider

- What is the broad need or opportunity?
- Which pathway seems closest, even if you are not certain?
- What would a small, meaningful next step look like?
- What information is safe and appropriate to share through a general form?
- Who else should be included in a partnership or referral discussion?

Visit the Recovery Initiative

Review current information and involvement pathways, or contact RHM at restoringhopem@gmail.com for general questions that do not contain private health information.

https://rhmwi.net/RecoveryInitiative

Important: This public resource is educational. It is not a diagnosis, treatment recommendation, treatment intake, crisis service, or promise of outcome. For an emergency, call 911 or go to the nearest emergency department. In the United States, call or text 988 for crisis support. Neurofeedback is presented as adjunctive brain training and does not replace necessary medical, psychiatric, psychological, or substance-use care.

Sources and further reading

SAMHSA, About Recovery (updated 2024).
SAMHSA, Peer Support Workers for Those in Recovery (updated 2026).
SAMHSA, Core Competencies for Peer Workers (updated 2026).
Biofeedback Certification International Alliance, Modalities Comparison Chart.