

The Recovery Initiative at a Glance

A whole-person framework for peer leadership, experiential learning, adjunctive brain training, mentorship, and community partnership

Recovery is strengthened when people can connect what they learn with the relationships, choices, responsibilities, and communities of everyday life.

WHO THIS IS FOR

Individuals, families, alumni, peer leaders, churches, agencies, educators, employers, clinicians, volunteers, and community supporters

HOW TO USE IT

Read online, download from the RHM website, share before a conversation, or use it as a guided discussion resource.

PUBLIC WEBSITE RESOURCE | AUGUST 2026

Prepared by Restoring Hope Ministries

Dr. Jeffrey W. Gross, President and Lead Counseling Pastor

<https://rhmwj.net/RecoveryInitiative>

THE WHOLE-PERSON FRAMEWORK

Recovery Is More Than Completing a Program

Recovery becomes more sustainable when health, home, purpose, and community are strengthened together.

SAMHSA describes recovery as a process of change through which people improve health and wellness, live self-directed lives, and strive toward their full potential. RHM's Recovery Initiative translates that broad vision into practical, relational, and community-based pathways.

Four dimensions that keep recovery connected

HEALTH

Making informed choices that support physical, emotional, spiritual, and relational well-being while connecting with appropriate care.

PURPOSE

Building meaningful roles through work, education, service, creativity, family life, faith, and responsible contribution.

HOME

Developing safety, stability, routines, and the practical supports that make growth possible outside a program setting.

COMMUNITY

Strengthening relationships and networks that offer support, accountability, friendship, love, belonging, and hope.

The space RHM is seeking to strengthen

Formal treatment, counseling, medical care, and structured programs are essential for many people. Yet growth is often tested in the ordinary spaces between appointments: returning home, responding to stress, rebuilding trust, finding work, joining a community, asking for help, and applying what was learned.

Central purpose: The Recovery Initiative is designed to complement existing care by strengthening connection, practice, reflection, peer leadership, and continuity in everyday life.

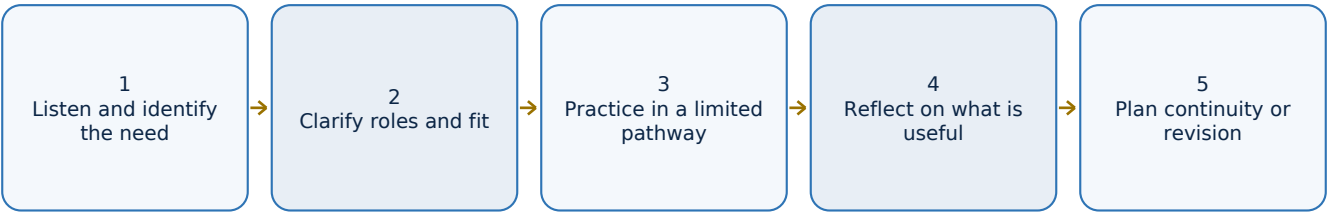
THE INTEGRATED MODEL

Four Connected Areas of Service

The initiative brings lived experience, experiential learning, adjunctive services, and responsible mentorship into conversation.

1. PEER LEADERSHIP People with lived experience prepare to support engagement, resource navigation, recovery groups, curriculum development, reentry, and community connection within clear role boundaries.	2. EXPERIENTIAL EDUCATION Participants encounter ideas, reflect on experience, practice skills, apply learning, and contribute insight instead of only receiving information.
3. ADJUNCTIVE NEUROFEEDBACK BrainPaint® EEG neurofeedback may be explored as noninvasive brain training for appropriate participants alongside necessary treatment and support.	4. MENTORSHIP AND REVIEW Doctoral-level providers, researchers, experienced practitioners, and community mentors help examine ethics, curriculum, facilitation, research literacy, and whether intended goals are being served.

A participant-centered pathway



Enduring principles across different pathways

- Dignity is never conditional on performance, diagnosis, history, faith background, or program completion.
- People are supported in exercising agency and making informed choices rather than being controlled by a program.
- Humility is valued over the need to appear certain; curiosity is valued over rigid conclusions.
- Kindness and responsibility guide disagreement, learning, repair, and community participation.
- No single organization is expected to become everything to everyone.

CLARITY AND NEXT STEPS

What the Initiative Is - and Is Not

Clear language protects participants, partners, peer leaders, and the integrity of the mission.

A flexible platform for recovery education, peer contribution, mentorship, connection, and appropriate adjunctive services.	A replacement for residential care, psychotherapy, medical treatment, substance-use treatment, medication, or emergency services.
A way to test small, responsible collaborations before making larger commitments.	A promise that every service will fit every person or produce a specific result.
A place where lived experience and professional knowledge can inform one another.	Permission for peers, students, volunteers, or unlicensed personnel to work outside their role or competence.
An invitation to cooperate around community well-being while preserving organizational identity.	An attempt to compete for ownership of participants, referrals, recognition, or community position.

A responsible first step

Start with one conversation: What need is present? What is already working? Where do people lose connection? What could be tested on a limited basis? Who should be involved? What must remain outside the scope?

Explore the Recovery Initiative

Use the website to review involvement pathways, current resources, and the general interest form. Do not use a public form or ordinary email to transmit protected health information.

<https://rhmwi.net/RecoveryInitiative>



Important: This public resource is educational. It is not a diagnosis, treatment recommendation, treatment intake, crisis service, or promise of outcome. For an emergency, call 911 or go to the nearest emergency department. In the United States, call or text 988 for crisis support.

Sources and further reading

[SAMHSA, About Recovery](#) (updated 2024).
[Restoring Hope Ministries Recovery Initiative](#).