

靈氣

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Reiki Affirmations for Confidence

25 powerful Reiki-infused affirmations to build unshakeable confidence, clear self-doubt, and align your energy with your *highest potential*.

- I am confident and empowered.
- I trust in my inner wisdom,
- I release all self-doubt and fear.
- I am worthy of success and happiness.
- My energy is strong and radiant.
- I believe in myself completely.
- I speak my truth with courage.
- I am capable of achieving my dreams.
- I stand in my power.
- I love and accept myself as I am.
- I attract positive opportunities.
- I am resilient and unstoppable.
- I radiate self-assurance and strength.
- I am proud of who I am.
- I trust the universe to guide me.
- I deserve success and abundance.
- I am brave and bold.
- I am aligned with my highest potential.
- I embrace my unique gifts.
- I am calm, centered, and *confident*.
- I shine with positive energy.
- I am a powerful creator of my reality.
- I believe in my limitless potential.
- I am unstoppable and fearless.
- I am enough, just as I am.



Empowered, Aligned, Confident