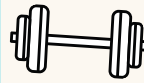


Date:

To Do:

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Habit Tracker:



Empowering Quote:

Brain Dump:



Gratitude Corner:



Affirmations:



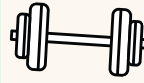
How am I feeling today?:

Date:

To Do:

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Habit Tracker:



Empowering Quote:

Brain Dump:



Gratitude Corner:



Affirmations:



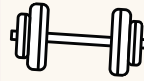
How am I feeling today?:

Date:

To Do:

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Habit Tracker:



Empowering Quote:

Brain Dump:



Gratitude Corner:



Affirmations:



How am I feeling today?: