FREE SAMPLE

My 11+ Interview Journey

30 Days of Speaking, Thinking and Growing in Confidence



NAME: .....

M&W Education UK

Meet your guides

Four M&W friends will help you through this booklet. Each one asks some of the questions, and sometimes they share their own answers to give you ideas. Your answers should always be about YOU!



Shy the Fox

Your guide for All about you, Interests and hobbies

At school: House Captain for Blue House, member of the Saturday drama group

Loves: Performing, baking with Grandma, making people laugh

Shy's top tip: *"Smile and say hello. First impressions really count!"*



Amari the Wolf

Your guide for Roles, clubs and projects, Why this school?

At school: Football team captain, Eco Council member

Loves: Football, building things outdoors, nature projects

Amari's top tip: *"Talk about what YOU did, not just what the team did."*



Mia the Gazelle

Your guide for School and learning, Reading

At school: School librarian, reading buddy for Year 2

Loves: Writing stories, playing the violin, visiting museums

Mia's top tip: *"Know two books really well. Interviewers love to ask about them."*



Dylan the Raven

Your guide for The world around you, Thinking questions

At school: Science club, school chess team

Loves: Coding, space facts, puzzles of every kind

Dylan's top tip: *"Do not know the answer? Think out loud. They want to hear HOW you think."*

How to use this booklet

In a school interview, a teacher asks you questions to get to know you. There are no trick answers. They just want to hear what you think and what you love doing! This booklet has two parts.

Part 1: My Showcase

Collect everything that makes you stand out: your roles, clubs, projects and best stories. Do this first!

Part 2: The 30-Day Challenge

One interview question a day. Think, write, then say your answer out loud to a grown-up.

Each day

1	**Read the question** Your guide asks it. Read it out loud too.
2	**Think** Use the "Things to think about" box to get your brain going.
3	**Stuck?** Look at the ideas box, or your Showcase pages. Pick an idea and make it your own.
4	**Write** Build your answer with Say it, Show it, Stretch it. Short notes are fine!
5	**Share it** Say it out loud to a grown-up, then colour in that day on your tracker.



Say it, Show it, Stretch it

Say it **Give a clear answer.** *"I love playing football."*

Show it **Add an example.** *"I captain our school team, and I set up warm-ups before every match."*

Stretch it **Say why, or what next.** *"Being captain taught me to encourage people, not just score goals."*

My roles and responsibilities



Amari says *"Interviewers love hearing about jobs you do at school. Small ones count too! Even handing out books shows you can be trusted."*

Tick any you have done, or add your own.

- ☐ School council
- ☐ Eco team
- ☐ Playground leader
- ☐ Reading in assembly
- ☐ Class job
- ☐ House or team captain
- ☐ School librarian
- ☐ Sports captain
- ☐ Showing visitors around
- ☐ Helping younger pupils
- ☐ Prefect or monitor
- ☐ Reading buddy
- ☐ Digital leader
- ☐ Wellbeing ambassador
- ☐ _____

My role	What I actually do	What it has taught me
Amari's example *Eco Council member*	*Set up a lights off team that checks every classroom at lunchtime*	*Small changes add up, and you have to keep people motivated*

DAY 1 ALL ABOUT YOU



Shy asks

Tell me a little about yourself.

Things to think about

- Who is in your family or home?
- What do you love doing?
- What makes you, you?

Stuck? Try one of these ideas

- I have a younger brother and we build model cities together.
- I love drawing animals, especially cats.
- I can speak two languages because my family is from another country.

Then make it your own!

How Shy answered *Now make yours about YOU!*

Say it *I'm in Year 6 and I'm House Captain for Blue House.* **Show it** *Outside school I do drama on Saturdays, and last term I was the narrator in our school play, which meant learning loads of lines!* **Stretch it** *I love being on stage, so I'm hoping to join the drama club here and maybe try debating too.*

My answer

Say it *Give a clear answer.*

Show it *Add an example or a detail.*

Stretch it *Why? What does it link to? What next?*

Share it! Say it out loud without reading it. Grown-up: ask one surprise follow-up question!

☐ Said it out loud ☐ Eye contact ☐ Used my Showcase I felt ☆ ☆ ☆

Grown-up: one thing I liked was _____

DAY 6 ROLES, CLUBS AND PROJECTS



Amari asks

Tell me about a role or responsibility you have at school.

Things to think about

- What is your role?
- What do you actually do each week?
- What has it taught you?
- Look back at your Showcase pages!

Stuck? Try one of these ideas

- I am a reading buddy for a Reception child every Friday.
- I am on the school council and we chose new playground equipment.
- I am a playground leader and set up games at lunchtime.

Then make it your own!

How Amari answered *Now make yours about YOU!*

Say it *I'm on the Eco Council, and I'm captain of the school football team.* **Show it** *On Eco Council we noticed lights were left on at lunchtime, so I set up a lights off team that checks every classroom before we go out to play. We made a chart to track it each week.* **Stretch it** *It taught me that small changes add up. I'd love to join an eco group at secondary school.*

My answer

Say it *Give a clear answer.*

Show it *Add an example or a detail.*

Stretch it *Why? What does it link to? What next?*

Share it! Say it out loud without reading it. Grown-up: ask one surprise follow-up question!

☐ Said it out loud ☐ Eye contact ☐ Used my Showcase I felt ☆ ☆ ☆

Grown-up: one thing I liked was _____

DAY 15 READING



Mia asks

Recommend a book to me in one minute.

Things to think about

- Who would enjoy this book?
- What happens? No spoilers!
- Why will they love it?

Stuck? Try one of these ideas

- Start with: "If you like adventure, you will love..."
- Describe one exciting moment without giving away the ending.
- Finish by saying who would enjoy it most and why.

Then make it your own!

My book card

Title _____

Author _____

Who would love it? _____

My rating ☆ ☆ ☆ ☆ ☆

My one-minute pitch *Hook them in, describe one great moment, say who should read it.*

_____

_____

_____

_____

_____

Share it! Say it out loud without reading it. Grown-up: ask one surprise follow-up question!

☐ Said it out loud ☐ Eye contact ☐ Used my Showcase I felt ☆ ☆ ☆

Grown-up: one thing I liked was _____

DAY 25 THE WORLD AROUND YOU



Dylan asks

Should children have mobile phones at primary school?

Things to think about

- Reasons for.
- Reasons against.
- What do you think in the end?

Stuck? Try one of these ideas

- For: children walking home alone can call their parents.
- Against: group chats can cause arguments and less time outside.
- In the middle: a basic phone just for calls and texts.

Then make it your own!

My answer

Reasons for	Reasons against

Say it *My verdict: I think...*

Stretch it *It depends on... / The best solution might be...*

Share it! Say it out loud without reading it. Grown-up: ask one surprise follow-up question!

☐ Said it out loud ☐ Eye contact ☐ Used my Showcase I felt ☆ ☆ ☆

Grown-up: one thing I liked was _____

WANT THE FULL BOOKLET?
My 11+ Interview Journey
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ENJOYED YOUR SAMPLE?

Get the full My 11+ Interview Journey

30 Days of Speaking, Thinking and Growing in Confidence

Inside the full booklet

- ☑ **30 days of real interview questions** covering you, school, reading, the world around you and thinking questions.
- ☑ **The Showcase section** to collect roles, clubs, projects and best stories before practising.
- ☑ **A story bank** showing how one good story can answer lots of different questions.
- ☑ **10 modelled answers** from Shy, Amari, Mia and Dylan, including learning from a mistake.
- ☑ **Debates, a book card and quick-thinking tasks** to build confident, flexible answers.
- ☑ **A 30-day tracker, certificate and grown-ups guide** with tips on follow-up questions.



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