Sensory Room Guidelines



SUPERVISION

- Children must always be supervised by responsible, trained adult.
- Sensory tools should be guided by an adult to ensure safe use.
- If equipment is used improperly, kindly redirect the child.



USE GENTLE TONE

- Speak in soft and gentle voices.
- Keep the room peaceful and quiet.



CREATING A CALM ENVIRONMENT

- Avoid running, loud play, or rough activity.
- Limit the number of children using the room at one time.



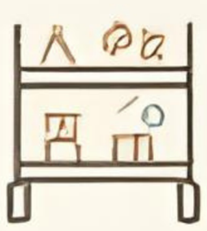
USING SENSORY TOOLS

- Encourage children to use one or two tools at a time.
- Guide children in how to properly use swings, fidgets, weighted items, or seating.
- Sensory tools are meant to help calm and regulate the body, not for active play.



RETURNING TO CLASS

- The sensory room is meant to be a short-term support space.
- Once a child is calm and regulated, help them transition back to their Sunday School classroom.



CARING FOR THE ROOM

- Return items to their proper place after use.
- Inform a ministry leader if something is broken or missing.
- Help keep the room clean and welcoming for others.

"Thank you for helping create a supportive environment for every child."