IGNITE DANCE STUDIO

SABOD MODERN & HIP-HOP

1 August 2026

UPCOMING COMPETITIONS and PRACTICE SCHEDULE: SAVE THE DATES

Good day parents & dancers

As communicated via WhatsApp on 21 July, the competition organizers have made a few changes to the competition dates. Please find below the updated competition schedule, indicating which dance items will be participating in each of the remaining competitions for the 2026 season.

1. **AMERICAN DANCE AWARDS (ADA):**
   24–26 September & 28 September–3 October 2026 (Dates Confirmed) (Modern & Hip-Hop)
   The American Dance Awards serves as the qualifying competition for potential South African representation at the 2027 American Dance Awards in Miami, USA.

Please note: The majority of our competition dancers will be participating in this event.

Once the 2026 competition season has concluded, we will host an information meeting for parents to discuss the 2027 America tour in detail, including all relevant information and requirements.

At this stage, no dancer or parent is required to make a commitment regarding the tour. Our focus is simply to enjoy the competition season and give every dancer the opportunity to perform to the best of their ability. Any decisions regarding participation in the 2027 tour can be made after the competition has taken place.

Abbreviations: HH – Hip-Hop SG – Small Group

Groups Modern	Groups Hip Hop
Adult Modern SG HOPE	Adult Commercial/Open SG BREAKING POINT
Adult Jazz SG ROYALE	Adult HH SG RENEGADE
Adult Contemporary SG SELF-PORTRAIT	Senior HH SG GLA-MOR
Senior Modern SG THE METHOD	Junior HH SG - SYNC
Senior Jazz SG FRINGE & FABULOUS	Children HH SG DO YOU LIKE TO DANCE?
Junior Modern Formation DUNE	Mini HH SG SIZZLE SQUAD
Junior Jazz SG CRUELLA	Mini HH Formation K-SQUAD
Children Jazz SG ON DISPLAY	
Children Contemporary SG GOLDEN GOODBYE	

Tasha le Roux
083 321 3416
Ignitedancestudio07@gmail.com

ignite DANCE STUDIO

Duos Modern	Duos Hip Hop
MJ Smit & Clarissa Meyer	MJ Smit & Devon Marneweck
Anne-C'mon Joubert & Zuné van der Linde	Anja Cloete & Karli Bruwer
Zoé Ahlers & Elsa Lehmann	Clarissa Meyer & Elsa Lehmann
Anike Burke & Lienke le Cock	Amelie du Toit & Kendra van Dijk
Iva Thirion & Miané Botha	Zani Malan & Desiree Thirion
Vivian Yuan & Sophia Swart	Bella Nel & Jané van den Berg
Jana-Marie van Heerden & Amélie Clark	Jana-Marie van Heerden & Lika Wasserman
	Amélie Clark & Cassidy Best
	Femke van Rensburg & Mandie de Wet
	Mia Schutte & Nika Stander
	Caley Lubbe & Lika Pienaar
Solos Modern	**Solos Hip Hop**
Jealise Goosen	Elsa Lehmann
Anastasia Onanov	Amelie du Toit
Anike Burke	Lulu Brink
	Sophia Swart
	Louis van Wyk
	Femke van Rensburg
	Mia Schutte
	Nika Stander

2. DANCE STAR:
8–11 October 2026 (Modern & Hip-Hop)
Venue: Johannesburg (Venue to be confirmed)

Please note that the following two dance items are scheduled to compete on Sunday, 11 October.

As this is also the morning of our annual Dance Concert, we have been in contact with the competition organizers, who have kindly agreed to accommodate us by scheduling these items later in the day. This will allow our dancers to participate in the concert before travelling to the competition.

We are grateful for the organizers' flexibility and look forward to giving our dancers the opportunity to participate in both events.

Groups Hip-Hop	
GLA-MOR	SYNC

3. SA DANCE SCHOOL CHAMPIONSHIP:

5–31 October 2026 (Modern & Hip-Hop)

Venue: Lewende Woord, Centurion

CHAMPIONSHIP DIVISION: 5–10 October 2026

Groups Modern	Groups Hip Hop
HOPE	RENEGADE
ROYALE	BREAKING POINT
SELF-PORTRAIT	SIZZLE SQUAD
THE METHOD	K-SQUAD
FRINGE & FABULOUS	
CRUELLA	
Duos Modern	**Duos Hip Hop**
Zoé Ahlers & Elsa Lehmann	MJ Smit & Devon Marneweck
Anne-C'mon Joubert & Zuné van der Linde	Clarissa Meyer & Elsa Lehmann
Anike Burke & Lienke le Cock	Anja Cloete & Karli Bruwer
	Amelie du Toit & Kendra van Dijk
	Zani Malan & Desiree Thirion
Solos Modern	**Solos Hip Hop**
Anike Burke	Amelie du Toit
	Nika Stander
	Elsa Lehmann

PERFORMANCE DIVISION: 12 – 31 October

Groups Modern	Groups Hip Hop
ON DISPLAY	DO YOU LIKE TO DANCE?
GOLDEN GOODBYE	
DUNE	

Duos Modern	Duos Hip Hop
Iva Thirion & Miané Botha	Jané van den Berg & Bella Nel
Vivian Yuan & Sophia Swart	Jana-Marie van Heerden & Lika Wasserman
Jana-Marie van Heerden & Amélie Clark	Amélie Clark & Cassidy Best
Izabel Michau & Lara Kruse	Femke van Rensburg & Mandie de Wet
Zani Malan & Este Stander	Mia Schutte & Nika Stander
	Caley Lubbe & Lika Pienaar
Solos Modern	**Solos Hip Hop**
Jealise Goosen	Lulu Brink
Anastasia Onanov	Sophia Swart
Annabelle Diedericks	Louis van Wyk
Izabel Michau	Femke van Rensburg
	Mia Schutte

PRACTISE SCHEDULE: AUGUST TO 11 OKTOBER

Tuesday 4 August			
Trinity Church		IDS STUDIO	
17:30 – 18:30	Devon & MJ	14:15 – 15:30	Amelie & Kendra
18:30 – 19:15	Anja & Karli	15:30 – 16:15	Gla-mOr

Wednesday 5 August	
Trinity Church	
18:15 – 19:15	MJ & Clarissa

Friday 7 August			
TBC		TBC	
13:15 – 14:00	Amélie & Jana-Marie	13:00 – 14:00	Iva & Miane
14:00 – 15:00	The Method	14:00 – 15:00	Cruella
15:00 – 16:30	Fringe & Fabulous	15:00 – 15:30	Amelie du Toit
16:30 – 17:30	Zoé & Elsa	15:30 – 16:30	Gla-mOr
17:30 – 19:30	Renegade	16:30 – 17:30	Anike & Lienke
TBC			
13:00 – 13:30	Mia Schutte		
13:30 – 14:30	Mia & Nika		
14:30 – 15:30	Amélie & Cassidy		
15:30 – 16:30	Lika & Jana-Marie		
16:30 – 17:30	Vivian & Sophia		

Saturday 8 August			
TBC		TBC	
08:30 – 10:30	Sync	08:30 – 09:30	Lienke & Anike
		09:30 – 10:00	Anike Burke
TBC			
08:00 – 08:30	Femke & Mandie		
08:30 – 10:00	Do You Like To Dance?		

Tuesday 11 August			
Trinity Church		Room 10 Laerskool Lynnwood	
17:30 – 19:30	Royale	15:00 – 15:45	Golden Goodbye
		15:45 – 16:15	Femke & Mandie

Wednesday 12 August			
Trinity Church		Room 10 Laerskool Lynnwood / Skoolsaal	
18:30 – 19:30	Zoé & Elsa	16:00 – 16:30	Izabel Michau

Friday 14 August			
TBC		TBC	
13:00 – 13:30	Izabel Michau	13:00 – 13:30	Louis van Wyk
13:30 – 14:30	Amélie & Cassidy	13:30 – 14:30	Sizzle Squad
14:30 – 16:00	Sync	14:30 – 15:30	Lika & Caley
16:00 – 17:00	Gla-mOr	15:30 – 16:15	Mia & Nika
17:00 – 18:00	Vivian & Sophia	16:15 – 17:15	Jané & Bella
		17:15 – 18:00	Lulu Brink
TBC			
16:00 – 16:45	Femke van Rensburg		
16:45 – 17:45	Nika Stander (Choreo)		
17:45 – 18:30	Anastasia Onanov		

Saturday 15 August			
TBC		TBC	
13:30 – 15:00	Fringe & Fabulous		
15:00 – 16:00	Anike		
16:00 – 18:30	Renegade (Choreo)		

Tuesday 18 August			
Trinity Church		IDS STUDIO	
17:30 – 18:30	Elsa & Clarissa	15:00 – 15:45	Gla-mOr
18:30 – 19:30	Royale	15:45 – 16:15	Amelie du Toit

Wednesday 19 August			
Trinity Church		Room 10 Laerskool Lynnwood / Skoolsaal	
17:30 – 18:15	Amelie & Kendra	16:00 – 16:30	Izabel & Lara
18:15 – 19:15	Renegade		
19:15 – 19:30	Elsa Lehmann		

Thursday 20 August	
Room 11	
16:15 – 17:00	Self-Portrait

Friday 21 August			
TBC		TBC	
13:00 – 14:30	Golden Goodbye	13:15 – 14:00	Lara & Izabel
14:30 – 15:30	Amelie & Kendra	14:00 – 14:45	Iva & Miane
15:30 – 17:00	Zani & Desiree	14:45 – 15:30	Amélie & Jana-Marie
17:00 – 18:00	Elsa & Clarissa	15:30 – 17:00	Cruella
18:00 – 19:30	Anja & Karli	17:00 – 17:45	Nika Stander
TBC			
13:00 – 13:45	Lika & Caley		
13:45 – 14:30	Mia Schutte		
14:30 – 15:30	Sync		
15:30 – 17:00	K-Squad		
17:00 – 17:30	Sophia Swart		
17:30 – 19:00	Do You Like To Dance?		

Saturday 22 August	
TBC	
07:30 – 08:00	Elsa Lehmann
08:00 – 10:30	Breaking Point
10:30 – 11:30	Devon & MJ
11:30 – 12:30	Gla-mOr
12:30 – 13:15	Iva & Miane
13:15 – 15:00	DUNE
15:00 – 16:15	K-Squad
16:15 – 17:15	Mandie & Femke
17:15 – 18:15	Mia & Nika

Tuesday 25 August			
Trinity Church		IDS STUDIO	
17:30 – 19:00	Devon & MJ	14:45 – 16:15	On Display
19:00 – 20:00	HOPE		

Wednesday 26 August			
Trinity Church		Room 10 Laerskool Lynnwood / Skoolsaal	
18:15 – 19:15	Breaking Point	15:45 – 16:30	Annabelle Diedericks
19:15 – 19:30	Elsa Lehmann		

Friday 28 August			
TBC		TBC	
13:00 – 13:30	Sophia Swart		
13:30 – 14:00	Femke van Rensburg	13:15 – 14:30	Sizzle Squad
14:00 – 15:00	Sync	14:30 – 16:00	The Method
15:00 – 16:00	Amelie & Kendra	16:00 – 17:00	Golden Goodbye
16:00 – 17:00	Zani & Desiree		
17:00 – 18:30	Renegade		
18:30 – 19:15	Elsa & Zoé		
TBC			
13:15 – 13:45	Lulu Brink		
13:45 – 14:30	Louis van Wyk		
14:30 – 15:30	Jana-Marie & Lika		
15:30 – 17:00	Caley & Lika		

Saturday 29 August			
TBC		TBC	
08:00 – 09:00	Royale	12:00 – 13:30	Sizzle Squad
09:00 – 11:00	Self-Portrait	13:30 – 15:00	Fringe & Fabulous
11:00 – 12:00	HOPE		
12:00 – 13:00	Breaking Point		
13:00 – 14:30	Anne-C'mon & Zuné		
14:30 – 15:15	Annabelle Diedericks		
TBC			
09:30 – 10:30	Femke & Mandie		
13:30 – 15:00	Golden Goodbye		

Tuesday 1 September			
Trinity Church		`Room 10/11 Laerskool Lynnwod	
17:30 – 19:00	Royale	15:00 – 16:00	K-Squad
19:00 – 19:30	HOPE		

Wednesday 2 September			
Trinity Church		Room 10 Laerskool Lynnwood / Skoolsaal	
18:15 – 19:00	Elsa & Clarissa	15:45 – 16:30	Anastasia Onanov
19:00 – 19:15	Elsa Lehmann		

Thursday 3 September	
IDS Studio	
18:30 – 20:00	Anne-C'Mon & Zuné

Friday 4 September			
TBC		TBC	
13:00 – 13:30	Sophia Swart	13:15 – 14:30	Sizzle Squad
13:30 – 15:00	Do You Like To Dance?	14:30 – 15:00	Nika Stander
15:00 – 15:45	Amelie & Kendra	15:00 – 16:30	K-Squad
15:45 – 16:00	Amelie du Toit	16:30 – 17:30	Gla-mOr
16:00 – 17:00	Desiree & Zani	17:30 – 18:15	Anike Burke
17:00 – 18:30	Anne-C'mon & Zuné		
18:30 – 19:15	Anja & Karli		
TBC			
13:15 – 14:15	On Display		
14:15 – 16:00	DUNE		
16:00 – 16:45	Jana-Marie & Lika		
16:45 – 17:30	Femke & Mandie		
17:30 – 18:15	Femke van Rensburg		

Saturday 5 September			
TBC		TBC	
08:00 – 09:00	Anne-C'mon & Zuné	08:30 – 10:30	Do You Lke To Dance?
09:00 – 09:45	Zoé & Elsa	10:30 – 12:00	On Display
09:45 – 10:00	Elsa Lehmann	12:00 – 13:00	Vivian & Sophia
10:00 – 11:00	Devon & MJ	13:00 – 13:30	Anastasia Onanov
11:30 – 12:00	Sync	13:30 – 14:00	Lulu Brink
12:00 – 13:00	Bella & Jané		
TBC			
08:00 – 08:45	Annabelle Diedericks		
08:45 – 09:30	Femke van Rensburg		
11:15 – 12:00	Amélie & Cassidy		
12:00 – 13:00	Amélie & Jana-Marie		
13:00 – 14:00	Louis van Wyk		

Tuesday 8 September			
Trinity Church		IDS STUDIO	
17:30 – 18:30	Renegade	14:45 – 15:30	Gla-mOr
18:30 – 19:15	Breaking Point	15:30 – 16:15	Mia Scutte

Wednesday 9 September			
Trinity Church		Room 10 Laerskool Lynnwood / Skoolsaal	
18:15 – 19:00	Devon & MJ	16:00 – 16:30	Izabel Michau

Thursday 10 September	
IDS Studio	
18:30 – 19:30	Self-Portrait

Friday 11 September			
TBC		TBC	
13:15 – 14:00	Do You Like To Dance?	13:15 – 14:00	Caley & Lika
16:00 – 16:45	Elsa & Clarissa		
16:45 – 17:00	Elsa Lehmann		
17:00 – 18:30	Self-Portrait		
18:30 – 19:15	HOPE		
TBC			
13:15 – 14:00	Nika & Mia		
16:00 – 17:00	On Display		
17:00 – 18:00	Golden Goodbye		

Saturday 12 September			
TBC		TBC	
08:00 – 09:00	Breaking Point	08:00 – 09:30	The Method
09:00 – 10:00	Anne-C'mon & Zuné	09:30 – 11:00	Fringe & Fabulous
10:00 – 10:45	Nika Stander	11:00 – 12:00	Cruella
11:30 – 12:30	Anike & Lienke	12:00 – 13:30	DUNE
12:30 – 13:30	Anja & Karli		
TBC			
09:30 – 10:15	Gla-mOr		
10:15 – 11:15	On Display		
11:15 – 12:00	Jana-Marie & Amélie		
12:00 – 13:00	Femke & Mandie		
13:00 – 13:30	Louis van Wyk / Femke van Rensburg / Sophia Swart		

Tuesday 15 September			
Trinity Church		Room 11 Laerskool Lynnwood	
17:30 – 19:00	Renegade	14:45 – 15:15	Sync
19:00 – 19:15	Elsa Lehmann	15:15 – 15:45	Lulu Brink / Amelie du Toit
		15:45 – 16:15	Anastasia Onanov

Wednesday 16 September			
Trinity Church		Room 10 Laerskool Lynnwood / Skoolsaal	
18:15 – 19:00	Elsa & Zoé	16:00 – 16:30	Izabel & Lara

Thursday 17 September	
IDS Studio	
18:30 – 19:00	Self-Portrait

Friday 18 September			
TBC		TBC	
13:15 – 13:45	Jana-Marie & Lika	13:15 – 14:00	Vivian & Sophia
16:00 – 17:00	Desiree & Zani	16:00 – 17:00	Amelie & Kendra
17:00 – 18:00	Anne-C'mon & Zuné	17:00 – 17:45	Cassidy & Amélie
18:00 – 19:30	Breaking Point		
TBC			
13:15 – 14:00	Nika Stander / Mia Schutte Solo's		
16:00 – 17:15	K-Squad		
17:15 – 18:15	Sizzle Squad		
18:15 – 19:00	Annabelle Diedericks		

Saturday 19 September			
TBC		TBC	
12:30 – 13:30	K- Squad	12:30 – 14:00	Fringe & Fabulous
13:30 – 14:15	Jana-Marie & Amélie	14:00 – 15:00	The Method
14:15 – 15:15	Anne-C'mon & Zuné	15:00 – 16:00	Lienke & Anike
15:15 – 16:15	Devon & MJ	16:00 – 17:30	On Display
16:15 – 17:15	Anja & Karli		
17:15 – 18:30	Renegade		
TBC			
12:30 – 13:30	Iva & Miane		
13:30 – 14:30	Jané & Bella		

Monday 21 September	
Room 10 Laerskool Lynnwood	
18:15 – 19:15	Nika & Mia Duo / Caley & Lika Duo

Tuesday 22 September			
Trinity Church		Room 11 Laerskool Lynnwood	
17:30 – 18:30	Royale	15:00 – 15:45	Do You Like To Dance?
18:30 – 19:15	HOPE	15:45 – 16:15	Anike Burke
19:15 – 19:30	Clarissa & MJ / Elsa & Zoé / Anne-C'mon & Zuné		

Wednesday 23 September	
Trinity Church	
18:15 – 19:15	Renegade / Breaking Point
19:15 – 19:30	Senior Hip-Hop Duo's

ADA American Dance Award Qualifier 24 September – 3 October