IGNITE DANCE STUDIO

SABOD MODERN & HIP-HOP

IGNITE DANCE STUDIO CLASS TIMES 2026 (FROM THIRD TERM)

MONDAY

IDS studio (Lynnwoodrif)		Trinity church studio	
14:45-15:45	Grade 11/12 Modern	16:00-17:00	Junior Hip Hop OPEN
15:45-16:45	Grade 7/9 Modern	17:00-18:00	Level 8 Hip Hop
16:45-17:45	Adult Beginner Modern	18:00-19:00	Senior Hip-Hop OPEN
		19:00-19:45	Hip-Hop Free Style / SENIOR Concert dance (Every 2nd Week)
School Hall (Lynnwood Primary)			
17:00-18:00	Level 12 Hip-Hop		

TUESDAY

DSP School (Scout Hall)		Trinity church studio	
14:15-15:00	Gr R-2 Hip Hop		
15:00-15:45	Gr 3-5 Hip Hop	16:30-17:30	Grade 8/10 Modern
15:45-16:30	Gr 6 and up	17:30-19:30	Adult Modern/Hip-Hop Competition (according to practice schedule)
IDS studio (Lynnwoodrif)			
14:00-14:45	Privat class (Luca)		
14:45-16:15	Competition class (according to practice schedule)		
16:15-17:15	**Senior/Junior Hip-Hop OPEN (if Monday class was missed)*		

WEDNESDAY

Tasha le Roux
067 402 1503
Ignitedancestudio07@gmail.com

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Trinity church studio	
16:30-17:15	Grade 7/9 Modern
17:15-18:15	Senior Modern OPEN class
18:15-19:30	Adult Hip-Hop Competition (according to practice schedule)

THURSDAY

IDS studio (Lynnwoodrif)		Lynnwoodrif CAEIA / ATRIUM	
15:30-16:30	**Acro: Strengthening & Flexibility Class*	15:30-16:30	Grade 8/10 Modern
16:30-17:30	Grade 11/12 Modern	16:30-17:30	** Acro: Strengthening & Flexibility Class*
17:30-18:30	** Acro: Strengthening & Flexibility Class*		

Teachers Tasha, Clarissa and coach MJ

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