IGNITE DANCE STUDIO

SABOD MODERN & HIP-HOP

31 September 2026

CLASS TIMES – TERM 4 2026

Good day, parents and dancers

I would like to sincerely thank everyone for accommodating the changes to the class times during Term 3. My recovery following my knee surgery is going well, and I will be returning to teaching during Term 4.

Most class times will return to their previous times, although a few changes have been necessary to accommodate the Term 4 school schedule and venue availability.

1. IMPORTANT INFORMATION TERM 4

- **5–9 October:** Please note that there will be **NO normal weekly classes** during this week, as we will be at the State Theatre for our dance production. This applies to dancers in **Grade 4 and above** who are participating in the production.
- **Junior Concert:** More information regarding the Junior Concert on **28 November** will be communicated in due course.

2. VENUES

- **IDS STUDIO (including CAEIA):**
  Our own studio on the premises of NG Lynnwoodrif, 269 Lancia Street, Lynnwood Ridge. The CAEIA is situated inside the Ouditorium on the church premises.
- **TRINITY CHURCH**
  We use the church hall on the premises of Trinity Church, 459 Lovers Walk, Lynnwood. Please use the entrance opposite Laerskool Lynnwood Primary School in Mimosa Avenue.
- **LYNNWOOD SCHOOL HALL & ROOM 11**
  Located on the premises of Laerskool Lynnwood, 450 Rodericks Road, Lynnwood. Room 11 is situated on the first floor, next to the School Hall.
- **SCOUTS HALL (DSP):**
  On the premises of Deutsche Internationale Schule Pretoria, Simon Vermooten Road, The Willows.

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3. CLASS TIMES

Please take note of the **Term 4 class schedule** and update your diaries accordingly.

MONDAY

IDS STUDIO (LYNNWOODRIF)		TRINITY CHURCH STUDIO	
		13:15–13:45	Step Up Hip Hop
		13:45–14:30	Grade 4 Modern
		14:30–15:00	Grade 3 Modern
		15:00–15:30	Level 3 Hip-Hop (Gr 6's)
		15:30–16:15	Level 1 Hip Hop (Gr 4's)
15:30-16:30	Grade 12 Modern	16:15-17:15	Level 8 Hip Hop
16:45-17:45	Adult Beginner Modern	17:15-18:15	**Junior Hip Hop OPEN*
		18:15-19:15	**Senior Hip-Hop OPEN*
		19:15-19:45	**Senior/Junior Hip-Hop Free Style (Every 2nd Week)*
SCHOOL HALL (LYNNWOOD PRIMARY)		**ROOM 11 (LYNNWOOD PRIMARY)**	
13:30-14:00	Grade 2 Modern	13:30 -14:30	Private (N Stander)
14:00-14:30	Level 3 Hip Hop (Gr 5's)	14:30-15:15	**Acro & strengthening Grade 5-7*
14:30-15:00	Level 1 Hip Hop (Gr 3's)	15:15-15:45	**Acro & strengthening Grade 1-4*
15:00-15:30	*Mini's Open Hip-Hop class*		
15:30-16:00	Get Down Hip Hop		
16:00-17:00	Grade 7 Modern		
17:00-18:00	Level 11 Hip-Hop		

** The OPEN Hip-Hop classes are additional enrichment and do not form part of the normal dance syllabus or the Kunste Akademie. These classes are for dancers who want to improve their Hip-Hop technique and learn more about different styles. These classes are compulsory for Hip-Hop competition dancers. OPEN classes are offered additionally by Ignite Dance Studio at an extra cost charged by the studio. Parents may contact the IDS teachers for participation.*

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** The Acro & Strengthening classes are additional enrichment and do not form part of the normal dance syllabus or the Kunste Akademie. These classes are especially for modern dancers who want to improve their flexibility and strength. These classes are compulsory for Modern competition dancers. They are offered additionally by Ignite Dance Studio at an extra cost charged by the studio. Please contact IDS for a separate registration form if you are interested.*

TUESDAY

DSP SCHULE (SCOUTS HALL)		**TRINITY CHURCH STUDIO**	
		13:30 - 14:00	Grade 1 Modern
14:15-15:00	Gr R-2 Hip-Hop	14:00 - 14:45	Grade 3 Modern
15:00-15:45	Gr 3-5 Hip-Hop	14:45 - 15:30	Grade 6 Modern
15:45-16:30	Gr 6 and up Hip-Hop	15:30 - 16:15	Grade 4 Modern
		16:15 - 17:15	Grade 8/10 Modern
		17:15 - 18:15	**Senior Modern Open class*
		18:15 - 19:45	Adult Modern Competition
SCHOOL HALL (LYNNWOOD PRIMARY)		**ROOM 11 (LYNNWOOD PRIMARY)**	
10:45–11:15	Pre School Modern RR	15:15 - 15:45	Level 4 Hip-Hop Boys
12:30–13:00	Pre School Modern R (1)	16:00 - 16:45	Level 3 Hip-Hop (Gr 6's)
13:00–13:30	Pre School Hip-Hop R	16:45 - 17:15	Level 4 Hip-Hop Girls
IDS STUDIO (LYNNWOODRIF)			
14:00 – 14:45	Private (L Wiese)		
16:15 – 17:00	**Junior / Senior Open Hip-Hop Option 2*		

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WEDNESDAY

IDS STUDIO (LYNNWOODRIF)		TRINITY CHURCH STUDIO	
		13:15-13:45	Get Down Hip Hop
		13:45-14:15	Level 1 Hip-Hop (Gr 3's)
		14:15-15:00	Acro & Strengthening Additional Class
15:45-16:45	Acro & Strengthening Additional Class (For Grade 11 & 12's)		
		16:15-17:00	Grade 7 Modern
		17:00-18:00	**Senior Modern Open class*
SCHOOL HALL (LYNNWOOD PRIMARY)		**ROOM 11 (LYNNWOOD PRIMARY)**	
16:15-17:00	**Children Open Hip-Hop*	15:00-15:30	Level 4 Hip-Hop (Boys)
		15:30-16:00	Level 4 Hip-Hop (Girls)

THURSDAY

IDS STUDIO (LYNNWOODRIF)		LYNNWOODRIF CAEIA	
15:30-16:30	Grade 8 Modern	16:30-17:30	**Acro & Strengthening Class*
16:30-17:30	Grade 12 Modern	17:30-18:30	**Acro & Strengthening Class*
17:30-18:30	Grade 10 Modern		
SCHOOL HALL (LYNNWOOD PRIMARY)		**ROOM 11 (LYNNWOOD PRIMARY)**	
13:00-13:30	Voorskool Modern R (2)		
14:00-14:30	Grade 1 Modern	14:30-15:00	Step Up Hip-Hop
14:30-15:15	Grade 2 Modern	15:00-15:45	**Mini / Children Open Hip-Hop Additional Option*
15:15-16:00	Grade 6 Modern	15:45-16:30	Level 3 Hip-Hop (Gr 5's)

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