04

PLANCRAFT USER GUIDE

Momentum Engine

Use the assessment, results, daily actions, and dashboard to identify and move through your primary blocker.

What Momentum Engine does

Momentum Engine is a guided experience designed to identify the mindset blocker most likely to be slowing your progress. It combines a five-question diagnostic, a result experience, practical daily actions, and an optional paid coaching layer.

The assessment journey

1. Select Momentum Engine from PlanCraft.
2. Read the introduction, then answer all five diagnostic questions honestly.
3. PlanCraft calculates and stores your result.
4. Review the coaching education and choose the path that fits you.
5. If you continue without coaching, view the basic result and return to your plan. If you join, complete consent and checkout to enter the richer member experience.

Inside the member dashboard

Daily actions Use small, guided actions to translate insight into repeated behavior.	**AI support** Receive analysis and support based on your Momentum experience.
Achievements Track meaningful completion and reinforce forward movement.	**Preferences** Manage relevant reminders, sharing choices, and Momentum settings.
Coach feedback When coaching and sharing are active, use feedback alongside your own judgment.	**Retake eligibility** Retake access becomes available according to PlanCraft's eligibility controls.

Your result is information, not identity

Use it well	Treat the result as a working hypothesis about your current pattern. Notice where it fits, test the recommended actions, and bring contradictions or questions into coaching or your own reflection.

If you are already a member

Active members normally bypass the sales journey and go directly to the Momentum Dashboard. If you are repeatedly returned to checkout despite an active membership, use Troubleshooting and contact support with the email used for payment.