THE LIFE LITERACY PROJECT

SKILLS FOR TODAY. CONFIDENCE FOR TOMORROW.

Career Readiness Circle

with Natalie Goldwyn

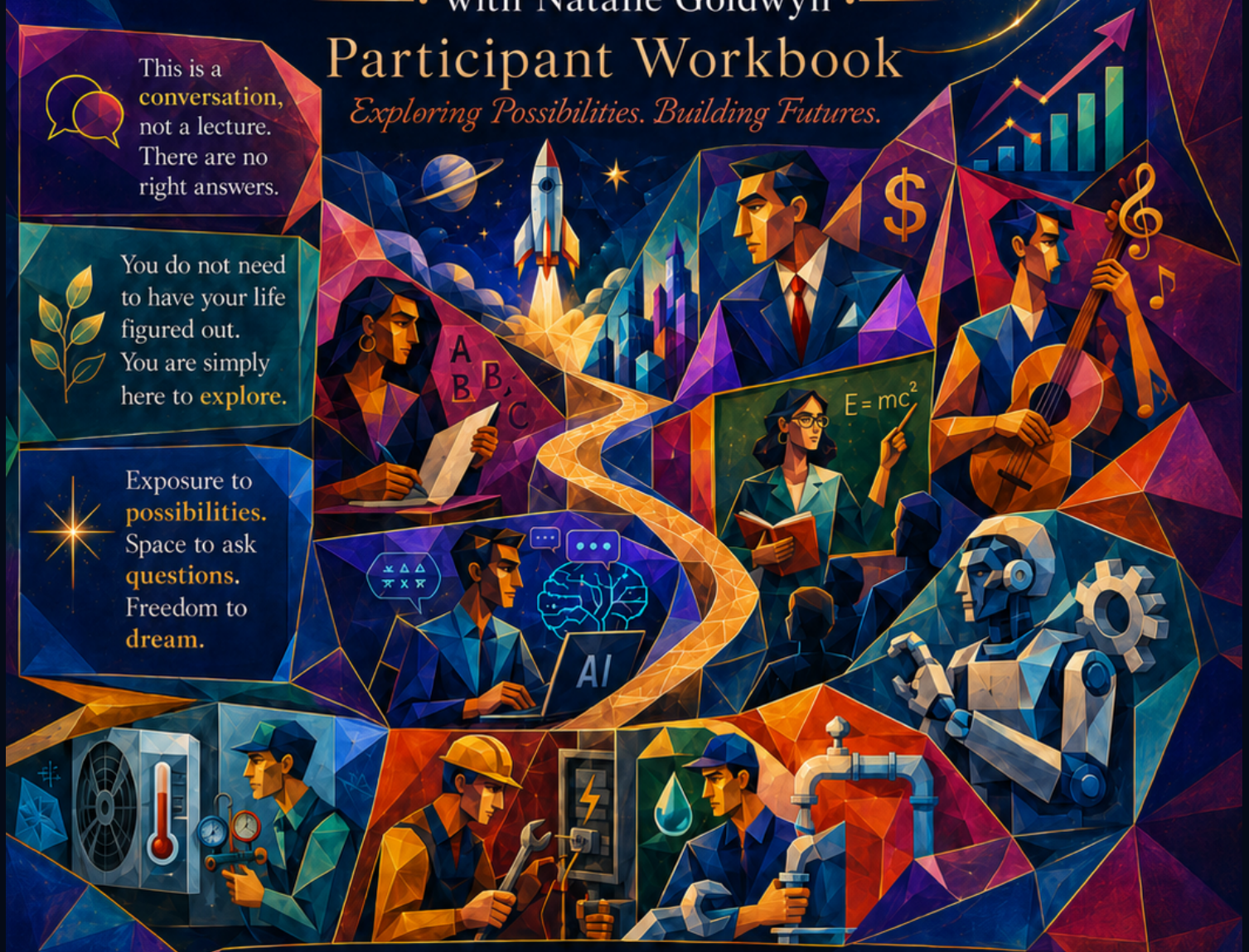
Participant Workbook

Exploring Possibilities. Building Futures.

This is a **conversation**, not a lecture. There are no right answers.

You do not need to have your life figured out. You are simply here to **explore**.

Exposure to **possibilities**. Space to ask **questions**. Freedom to **dream**.



A journey of possibility. This workbook invites emerging leaders to explore careers, reflect on their strengths, and build confidence in their unique future path — across technology, creativity, service, innovation, and beyond.

PARTICIPANT NAME _____ WORKSHOP DATE _____

AN INVITATION

Welcome, Emerging Leader

This workbook belongs to you.

Today is not about choosing one perfect career for the rest of your life. It is not about having every answer, making a final decision, or proving that you already know exactly where you are going.

Today is about exploration.

This workshop is a conversation, not a lecture. You will have time to think, write, ask questions, listen to others, and notice what sparks your curiosity. There are no perfect answers here. There is no pressure to be certain. There is no expectation that you already know your future.

Most young people are asked, "What do you want to be when you grow up?" But too often, they are not shown what different careers actually look like day to day. This experience exists to help you see more possibilities, understand yourself more clearly, and take one real step forward.

A Gentle Reminder

You are not behind.
You are beginning a process that many adults are still learning how to navigate.

Uncertainty is normal and powerful.
Not knowing yet can be the beginning of honest discovery.

Curiosity is a strong place to start.
You do not need a final answer today. You only need a willingness to explore.

What You'll Gain

By the end of this workshop, you will have:

- A wider view of the world of work.
- A clearer understanding of your interests, strengths, and values.
- Exposure to careers you may not have considered before.
- Practice using trusted career exploration tools.
- A more honest understanding of career myths and real pathways.
- Two careers researched more deeply.
- One practical next step you can take within 30 days.

Today's Journey

1. **Discover** — Your interests
2. **Explore** — Career worlds
3. **Investigate** — Two careers
4. **Reflect** — Myths, skills, values
5. **Commit** — One next step

> *Your future does not have to be fully visible for your next step to matter.*

DISCOVER

Understanding Your Interests

Step 1 of 5

Start with the Career Bridge Career Quiz

The Career Bridge quiz can help you identify your interests and connect them to possible career pathways worth exploring.

Take the Career Quiz

Scan to open the Career Bridge career quiz

Estimated time: 10–15 minutes

Scan the QR code or visit the link below:

https://careerbridge.wa.gov/quiz/career-quiz-start

As you complete the quiz, pay attention to the types of tasks, environments, and interests that seem to fit you best.

> *Your results are not a label. They are a starting point.*

What Is RIASEC?

R — Realistic
Hands-on, building, fixing, tools, technology.

I — Investigative
Researching, analyzing, solving, questioning.

A — Artistic
Creating, designing, performing, imagining.

S — Social
Helping, teaching, counseling, serving.

E — Enterprising
Leading, persuading, organizing, influencing.

C — Conventional
Organizing, systems, data, records, structure.

My Results

My Top Interest or Code:

_____

If the quiz provides more than one strong area, record the ones that stood out most.

Top Career Matches

1. _____
2. _____
3. _____

Reflection

Which parts of your results feel accurate?

Which result surprised you?

Which career suggestion would you like to learn more about?

_____

What question do you still have?

_____

EXPLORE

Eight Worlds of Work

Step 2 of 5

Circle any career that sparks curiosity. You do not need to know everything about a career to be curious about it. A career interest is not a contract. It is an invitation to explore.

💻 Technology & Data

Software Engineer
Cybersecurity Analyst
Data Analyst
AI Specialist
UX Designer
Robotics Engineer
Web Developer
Game Designer
IT Support Specialist
Product Manager

🎨 Creative & Media

Graphic Designer
Animator
Illustrator
Photographer
Video Editor
Filmmaker
Content Creator
Brand Strategist
Journalist
Music Producer

⚖️ Business, Finance & Law

Entrepreneur
Accountant
Financial Analyst
Marketing Manager
Lawyer
Paralegal
HR Specialist
Recruiter
Operations Manager
Project Manager

❤️ Health & Wellbeing

Nurse
Doctor
Surgeon
Therapist
Psychologist
Physical Therapist
Social Worker
Public Health Specialist
Dental Hygienist
Nutritionist

🏛 Public Service & Education

Teacher
Professor
School Counselor
Nonprofit Director
Community Organizer
Urban Planner
Policy Analyst
Firefighter
Librarian
Youth Director

🔬 Science & Engineering

Architect
Civil Engineer
Mechanical Engineer
Environmental Scientist
Biologist
Chemist
Biomedical Engineer
Lab Technician
Climate Scientist
Forensic Scientist

🛠 Trades & Aviation

Pilot
Electrician
Plumber
HVAC Technician
Construction Manager
Automotive Technician
Welder
Carpenter
Aircraft Mechanic
Solar Installer

🌎 Lifestyle & Global Careers

Chef
Fashion Designer
Interior Designer
Makeup Artist
Translator
Event Planner
Hotel Manager
Travel Coordinator
Fitness Trainer
Program Coordinator

Circle Discussion Prompts

Which careers did you circle first? Why?

Which career was completely new to you?

Which career would you like to ask an adult about?

Notice What Pulls You In

A career may catch your attention because it sounds creative, stable, helpful, technical, adventurous, meaningful, or unfamiliar.

> *The world of work is wider than what you have already seen.*

INVESTIGATE

Two Careers, Up Close

Step 3 of 5

Choose two careers you circled. Use the Career Bridge quiz results, O*NET OnLine, BLS Occupational Outlook Handbook, CareerOneStop, or another trusted source. The goal is not to decide forever. The goal is to understand more than you did before.

Career 1

Career Name:

What do people in this career actually do day to day?

What skills would this career require?

What education, training, certification, or experience could help?

Salary Range

Education / Training

10-Year Outlook

Work Environment

What surprised me?

What might be challenging?

Still Interested? ☐ Yes ☐ Maybe ☐ No ☐ Not Sure Yet

Career 2

Career Name:

What do people in this career actually do day to day?

What skills would this career require?

What education, training, certification, or experience could help?

Salary Range

Education / Training

10-Year Outlook

Work Environment

What surprised me?

What might be challenging?

Still Interested? ☐ Yes ☐ Maybe ☐ No ☐ Not Sure Yet

Quiet Reflection

One thing I understand better now:

REFLECT

Myths, Skills, Values & Fit

Step 4 of 5

Common Career Myths

Discuss these together. Mark one myth you have heard before.

☐ "You need to know your future career early."
☐ "Changing your mind means you failed."
☐ "A high-paying job automatically means happiness."
☐ "Some careers are more successful than others."
☐ "You need everything figured out right now."

One myth I am ready to challenge:

Skills That Travel Everywhere

Circle skills you already have. Star skills you want to grow.

Communication **Problem Solving** **Creativity** **Adaptability**
Emotional Intelligence **Leadership** **Curiosity** **Teamwork**
Critical Thinking **Initiative** **Organization** **Persistence**
Digital Literacy **Time Management** **Public Speaking**

One skill I already use well:

One skill I want to build:

My Working Style & Values

I usually prefer:

☐ Working with people ☐ Working independently ☐ A balance
☐ Hands-on work ☐ Creative work ☐ Analytical work
☐ Leadership roles ☐ Support roles ☐ Variety and change

In a future career, I value:

☐ Creativity ☐ Stability ☐ Flexibility ☐ Helping Others
☐ High Income ☐ Work-Life Balance ☐ Adventure
☐ Community Impact ☐ Problem Solving ☐ Lifelong Learning

Career Fit Reflection Tool

Rate each career from 1 to 5. **1 = Low fit** and **5 = Strong fit**.

Career	Interest	Skills Match	Values Fit	Lifestyle Fit	Overall Fit
Career 1	___ /5	___ /5	___ /5	___ /5	___ /5
Career 2	___ /5	___ /5	___ /5	___ /5	___ /5

What do these ratings help you notice?

> *Changing your mind can be evidence that you are learning.*

COMMIT

One Conversation. One Next Step.

Step 5 of 5

My 30-Day Action Plan

A next step does not have to be huge to be meaningful. Small steps create momentum.

Week 1: Research

I will learn more about one career using a trusted resource.

Career:

Resource:

Week 2: Connect

I will talk to one person who knows something about a career I am curious about.

Person:

Question:

Week 3: Try

I will try a small experience connected to my interest: a video, shadowing, workshop, reading, visit, or practice.

Small experience:

Week 4: Reflect

I will think about what I learned and decide what I want to explore next.

Reflection question:

Closing Circle

One career I am more curious about now:

One thing that surprised me today:

One next step I am willing to take:

> *Your certificate of participation is included as the final standalone page.*

Certificate of Participation

This certifies that

_____

has completed

The Life Literacy Project
Career Readiness Circle Workshop

and has taken an important step toward exploring future career pathways.

Facilitator Signature _____ Date _____

Exploring Possibilities. Building Futures.