

PRAYER TEAM GUIDE

Introduction to Hebrews

Hebrews Lesson 1 · Hebrews 1:1 to 3

A One Hour Prayer Covering for the Teaching Session

OUR CENTRAL PRAYER

"Lord, reveal Jesus Christ clearly to every person in this session, and let the knowledge of who He is transform the way we live."

As a prayer team, we are asking for more than people simply understanding a lesson.

We are asking the Holy Spirit to **open hearts, lift spiritual dullness, lift up Christ, bring conviction, deepen faith and change lives.**

1. Consecrating the Prayer Team

0 TO 5 MINUTES

"Lord, prepare us to intercede."

Before we pray for anyone else, we bring our own hearts before the Lord.

MAIN SCRIPTURE

Psalms 51:10 (KJV)

"Create in me a clean heart, O God; and renew a right spirit within me."

SUPPORTING SCRIPTURES

Romans 12:1 · Psalm 139:23, 24 · 2 Timothy 2:21 · James 5:16

PRAY FOR

- Clean hearts in every member of the prayer team.
- Freedom from distraction.
- Humility.
- Sensitivity to the Holy Spirit.
- Unity among the women.
- A real burden for the people listening.
- That we would pray from God's Word rather than from our own ideas.

WORDS TO USE IN PRAYER

"Father, before we pray for others, search our own hearts. Cleanse us, sanctify us and make us vessels You can use. Remove every distraction, anxiety, personal agenda and spiritual heaviness. Give us one heart and one purpose. As the Word is being taught, help us discern how to pray. Let us stand in the gap with faith, humility and dependence upon the Holy Spirit."

2. God Speaking Clearly Through His Word. 5 TO 10 MINUTES

"Lord, let Your Word be heard clearly."

The lesson opens with how God has revealed Himself and how He has spoken to us.

MAIN SCRIPTURE

Hebrews 1:1, 2 (KJV)

"God, who at sundry times and in divers manners spake in time past unto the fathers by the prophets, hath in these last days spoken unto us by his Son, whom he hath appointed heir of all things, by whom also he made the worlds."

SUPPORTING SCRIPTURES

Isaiah 55:11 · Romans 10:17 · 2 Timothy 3:16, 17 · John 8:31, 32 · Psalm 119:105

PRAY FOR

- The Word to be communicated clearly.
- The preacher to teach faithfully.
- Every listener to hear God's voice through Scripture.
- No distraction or confusion in the room.
- The Word to go deep into hearts.

WORDS TO USE IN PRAYER

"Lord, speak through Your Word. Let nothing distract from the message of Christ. Give the preacher clarity, wisdom and boldness. Give every listener ears to hear. Let Your Word go beyond the mind and reach the heart. May no word be spoken merely as information, but may Your truth bring conviction, faith and transformation."

3. Christ Exalted Above All

10 TO 15 MINUTES

"Jesus must be the center."

Hebrews places Jesus at the very heart of everything and draws our eyes to His glory and majesty.

MAIN SCRIPTURE

Colossians 1:18 (KJV)

"And he is the head of the body, the church: who is the beginning, the firstborn from the dead; that in all things he might have the preeminence."

SUPPORTING SCRIPTURES

Philippians 2:9 to 11 · John 3:30 · Colossians 3:11 · Revelation 5:12, 13 · Hebrews 12:2

PRAY FOR

- Jesus to be the focus of the whole session.

- No person to receive the glory that belongs to Him.
- Human wisdom never to overshadow Scripture.
- Every heart to see Christ as preeminent.

WORDS TO USE IN PRAYER

"Lord Jesus, take the center place. Let this session not be about a preacher, a program, a conference or any human achievement. Let Christ be exalted. Turn every eye toward Jesus. Let every heart see His beauty, His glory and His sufficiency. May Christ have the preeminence in this gathering."

4. Seeing Who Jesus Christ Really Is

15 TO 20 MINUTES

"Lord, open our spiritual eyes to see Jesus."

When we truly know Jesus Christ, fully God and fully man, and understand what He has done, it changes the way we live.

MAIN SCRIPTURE

Ephesians 1:17, 18 (KJV)

"That the God of our Lord Jesus Christ, the Father of glory, may give unto you the spirit of wisdom and revelation in the knowledge of him: the eyes of your understanding being enlightened; that ye may know what is the hope of his calling."

SUPPORTING SCRIPTURES

John 17:3 · Philipians 3:8 to 10 · 2 Corinthians 4:6 · Colossians 2:2, 3 · Hebrews 12:2

PRAY FOR

- Spiritual eyes to be opened.
- A deeper knowledge of Christ.
- Fresh understanding from Scripture.
- Those who know about Jesus to truly know Him.
- Christ to become more precious to every heart.

WORDS TO USE IN PRAYER

"Father, open the eyes of our understanding. Some may know about Jesus but have never truly considered His glory. Reveal Christ to them through Your Word. Give them a deeper knowledge of His person, His ministry and His finished work. Let Jesus become more precious to every listener."

5. Knowing Jesus as God

20 TO 25 MINUTES

"Jesus Christ is truly God."

Hebrews 1:2, 3 gives us a rich picture of who Christ is. He is the Son of God, the heir of all things, the Creator, the One who holds all things together, the brightness of God's glory and the express image of His person.

MAIN SCRIPTURE

Hebrews 1:3 (KJV)

"Who being the brightness of his glory, and the express image of his person, and upholding all things by the word of his power, when he had by himself purged our sins, sat down on the right hand of the Majesty on high."

SUPPORTING SCRIPTURES

John 1:1 to 3 · John 1:14 · Colossians 1:15 to 17 · Colossians 2:9 · John 10:30 ·
Philippians 2:6

PRAY FOR

- A strong faith that rests on Christ.
- Protection from false teaching about Christ.
- A clear understanding of His deity.
- Worship that flows from truth.

WORDS TO USE IN PRAYER

"Lord, establish in us the truth about Jesus Christ. He is not merely a teacher, a prophet or a religious example. Open our understanding to the glory of the Son. Protect Your people from every false view of Christ. Let right doctrine produce right worship. May our understanding of who Jesus is lead us to bow before Him."

6. Fully God and Fully Man

25 TO 30 MINUTES

"Help us understand the person of Christ."

The lesson reminds us that Jesus is fully man and, at the same time, fully God.

MAIN SCRIPTURE

Hebrews 2:17 (KJV)

"Wherefore in all things it behoved him to be made like unto his brethren, that he might be a merciful and faithful high priest in things pertaining to God, to make reconciliation for the sins of the people."

SUPPORTING SCRIPTURES

John 1:14 · Philippians 2:7, 8 · Hebrews 4:15 · Hebrews 2:18 · 1 Timothy 2:5

PRAY FOR

- A fresh wonder at the incarnation.
- Comfort for believers who are suffering.
- Confidence that Jesus understands our weakness.
- A deeper love for Christ.

WORDS TO USE IN PRAYER

"Lord Jesus, thank You that You came into our world. You know our weaknesses, our suffering and our struggles. Help Your people understand the wonder of the incarnation. Let those who are hurting know that they have a Savior who understands. Let the truth that Christ became man strengthen their faith."

7. The Finished Work of Christ

30 TO 35 MINUTES

"Jesus finished the work of salvation."

Hebrews 1:3 tells us that Christ, by Himself, purged our sins and then sat down at the right hand of God. He sat down because the work of salvation was complete.

MAIN SCRIPTURE

John 19:30 (KJV)

"When Jesus therefore had received the vinegar, he said, It is finished: and he bowed his head, and gave up the ghost."

SUPPORTING SCRIPTURES

Isaiah 53:5, 6 · Romans 5:8, 9 · Ephesians 1:7 · Hebrews 9:12 · Hebrews 10:10 to 14 · 1 Peter 2:24

PRAY FOR

- Those carrying guilt to understand that Christ's work is finished.
- Assurance that rests in Christ alone.
- Freedom from trying to earn salvation.
- Thankful hearts for the cross.
- Genuine repentance and faith.

WORDS TO USE IN PRAYER

"Father, thank You for the finished work of Jesus Christ. Thank You that salvation does not depend upon our ability but upon Christ's completed work. Let those carrying guilt understand the sufficiency of the cross. Let repentance be genuine and let faith be placed completely in Christ. Teach us to rest in what Jesus has accomplished."

8. Freedom from Spiritual Dullness

35 TO 40 MINUTES

"Lord, give us ears to hear."

Hebrews was written to believers who had grown sluggish and dull of hearing. Somewhere along the way, they had stopped growing in their faith.

MAIN SCRIPTURE

Hebrews 5:11 (KJV)

"Of whom we have many things to say, and hard to be uttered, seeing ye are dull of hearing."

SUPPORTING SCRIPTURES

Matthew 11:15 · Mark 4:23, 24 · Revelation 2:7 · Psalm 119:18 · James 1:22

PRAY FOR

- Spiritual ears to be opened.
- Freedom from spiritual laziness.
- A hunger for God's Word.
- Restoration for those who have grown spiritually tired.
- A renewed desire to grow.

WORDS TO USE IN PRAYER

"Lord, awaken every heart that has become dull. Where there is spiritual tiredness, bring renewal. Where there is complacency, bring holy hunger. Where people have stopped reading Your Word, create a fresh desire. Give us ears to hear and hearts ready to obey."

9. Kept from Drifting and Backsliding

40 TO 45 MINUTES

"Lord, keep us from drifting."

The very first warning in Hebrews is simple and serious: do not drift away and do not backslide.

MAIN SCRIPTURE

Hebrews 2:1 (KJV)

"Therefore we ought to give the more earnest heed to the things which we have heard, lest at any time we should let them slip."

SUPPORTING SCRIPTURES

Proverbs 4:23 · 1 Corinthians 10:12 · James 1:22 to 25 · Revelation 2:4, 5 · Psalm 139:23, 24

PRAY FOR

- Protection from spiritual drift.
- Restoration of our first love.
- Faithfulness in God's Word.

- Protection from compromise.
- Grace to stay close to Christ.

WORDS TO USE IN PRAYER

"Father, keep us from drifting. Do not allow us to become careless with the precious truth You have given us. Protect our marriages, families, churches and ministries from spiritual compromise. Restore first love where it has grown cold. Help us hold firmly to Christ."

10. Growing into Maturity

45 TO 50 MINUTES

"Lord, make us mature believers."

Knowing Christ closely should spur us on toward maturity and guard us from spiritual laziness and backsliding.

MAIN SCRIPTURE

Ephesians 4:13 (KJV)

"Till we all come in the unity of the faith, and of the knowledge of the Son of God, unto a perfect man, unto the measure of the stature of the fulness of Christ."

SUPPORTING SCRIPTURES

Colossians 1:28 · 2 Peter 3:18 · Hebrews 5:12 to 14 · Philippians 1:6 · Romans 12:2

PRAY FOR

- Spiritual growth in every listener.
- Mature churches.
- Mature pastors and leaders.
- Young believers to grow strong.
- Leaders who model Christ.
- Knowledge that turns into obedience.

WORDS TO USE IN PRAYER

"Lord, do not allow us to remain spiritually immature. Take us deeper in Your Word. Grow our character, our faith, our obedience and our discernment. Let our knowledge of Jesus be seen in the way we speak, serve, forgive, lead and live. Make us mature followers of Christ."

11. Let Us Draw Near

50 TO 55 MINUTES

"Lord, bring us closer to Yourself."

Hebrews 10:19 to 25 is where the letter turns from teaching to everyday living, and at its heart is a warm invitation: Let us draw near!

MAIN SCRIPTURE

Hebrews 10:22 (KJV)

"Let us draw near with a true heart in full assurance of faith, having our hearts sprinkled from an evil conscience, and our bodies washed with pure water."

SUPPORTING SCRIPTURES

James 4:8 · Psalm 73:28 · Jeremiah 29:13 · John 15:4 · Psalm 42:1, 2

PRAY FOR

- Deeper closeness with Christ.
- A true heart.
- Full assurance of faith.
- Restored prayer lives.
- A hunger for God's presence.
- Churches that truly draw near to God and do not settle for mere religion.

WORDS TO USE IN PRAYER

"Father, draw us near. Take us beyond religious activity into genuine fellowship with Jesus Christ. Give us a true heart and full assurance of faith. Restore the prayer altars in our homes. Restore hunger for Your presence in our churches. May we not simply know about Christ; may we walk closely with Him."

12. Final Surrender: Lord, Transform Our Lives

55 TO 60 MINUTES

"What we know about Jesus must change how we live."

This is the heart of Lesson 1. Knowing Christ should completely transform the way we live.

MAIN SCRIPTURE

Romans 12:2 (KJV)

"And be not conformed to this world: but be ye transformed by the renewing of your mind, that ye may prove what is that good, and acceptable, and perfect, will of God."

SUPPORTING SCRIPTURES

2 Corinthians 5:17 · Galatians 2:20 · Philippians 3:7 to 10 · Colossians 3:1 to 4 ·

Hebrews 10:23 to 25

PRAY FOR

- Genuine transformation.

- Repentance.
- Renewed minds.
- Changed priorities.
- Families centered on Christ.
- Churches centered on Christ.
- Ministry centered on Christ.
- The teaching to keep bearing fruit long after the session ends.

WORDS TO USE IN PRAYER

"Lord Jesus, do not let this teaching end when the session ends. Let Your Word keep working in us. Transform our minds, our hearts, our homes and our ministries. Let us live differently because we have seen Christ more clearly. Make us faithful when nobody is watching. Make us obedient when obedience is difficult. Make us mature, steadfast and centered on Christ."

Three Closing Declarations

As the hour comes to a close, invite all the women to stand together and pray these three declarations slowly.

1. Christ Must Be Seen

"Lord Jesus, reveal Yourself clearly to us. Open our eyes to Your glory, Your deity, Your humanity, Your ministry and Your finished work."

2. Christ Must Be Central

"Lord Jesus, You are better. You are greater. You are sufficient. You are the center of our faith, our families, our churches and our ministry."

Throughout Hebrews, Christ is placed beside the very things the Hebrew Christians held most dear, and every time He is shown to be better.

3. Christ Must Transform Us

"Lord Jesus, what we learn about You must change the way we live. Keep us from spiritual laziness, drifting, unbelief and backsliding. Take us to maturity. Help us draw near and remain faithful."

Closing Prayer Together

Our Father in heaven,

We thank You for speaking to us through Your Word. Thank You that in these last days You have spoken to us through Your Son.

Lord Jesus, we ask that You would be exalted in this entire conference. Open the eyes of every person listening. Let us see You clearly, not merely as a subject of theology, but as our Lord, our Savior, our High Priest and the One who has finished the work of salvation.

Remove spiritual dullness. Remove distractions. Remove hardness of heart. Restore those who have drifted. Strengthen those who are weary. Mature those who are young in faith.

Give the preacher clarity and boldness. Give the listeners ears to hear and hearts to obey.

And Father, do not allow us to leave this teaching simply knowing more information. Transform us through the knowledge of Jesus Christ.

May we draw near.

May we hold fast.

May we grow in maturity.

May we remain faithful.

And may Jesus Christ have the preeminence in everything.

In the precious name of Jesus Christ, Amen.

A Simple Word for the Women's Prayer Team

During the preaching, there is no need to pray every word written in this guide. **Assign two or three women to each prayer focus** of five minutes.

One woman can pray aloud while the others pray quietly alongside her.

When the preacher reaches a particular point, the team can move straight into that prayer burden.

HOW WE PRAY TOGETHER

- 1.** Listen.
- 2.** Notice the teaching point.
- 3.** Pray the Scripture.
- 4.** Pray for the hearts in the room.
- 5.** Ask God for transformation.

Our prayer is not only:

"Lord, help them understand the lesson."

Our deeper prayer is:

"Lord, let them meet Christ through this truth, and let that truth transform their lives."

This is the heart of Lesson 1: **knowing Jesus Christ should radically transform the way believers live.**