בְּרָכוֹת

My Brachos Book

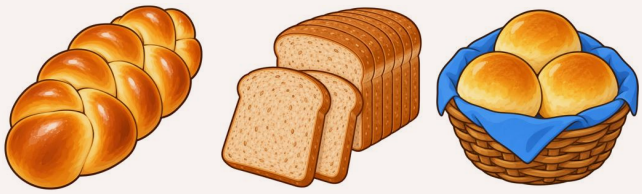


Name: _____

My Brachos Chart

Before I eat or drink, I make a bracha. Which bracha? Look at the food!

Hamotzi — הַמּוֹצִיא לֶחֶם מִן הָאָרֶץ



Mezonos — בּוֹרֵא מִינֵי מְזוֹנוֹת



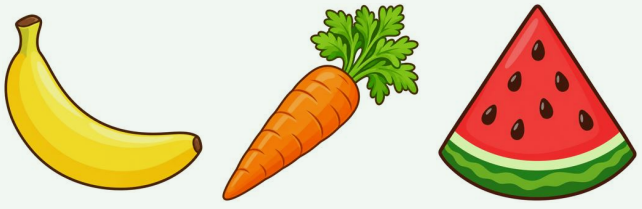
Hagafen — בּוֹרֵא פְּרִי הַגָּפֶן



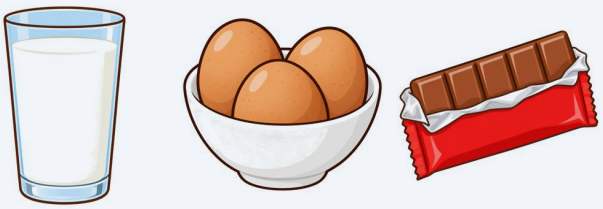
Ha'eitz — בּוֹרֵא פְּרִי הָעֵץ



Ha'adama — בּוֹרֵא פְּרִי הָאֲדָמָה



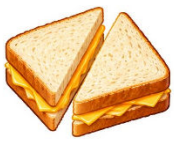
Shehakol — שֶׁהַכֹּל



Everyday Foods Chart

Foods we eat every day and at lunch. What bracha does each one get?

Hamotzi — הַמּוֹצִיא לֶחֶם מִן הָאָרֶץ


Sandwich


Bagel


Bun


Pita

Mezonos — בּוֹרֵא מִינֵי מְזוֹנוֹת


Pretzels


Macaroni


Cheerios


Cookie

Hagafen — בּוֹרֵא פְּרִי הַגָּפֶן


Grape juice


Grape juice


Grape juice

Ha'eitz — בּוֹרֵא פְּרִי הָעֵץ


Apple


Orange


Grapes


Apricot

Ha'adama — בּוֹרֵא פְּרִי הָאֲדָמָה


Potato chips


Popcorn


Carrots


Banana

Shehakol — שֶׁהַכֹּל


Yogurt


Tuna


Hot dog


Apple juice

Bracha Picture Cards

Cut out the cards. Put each food on its bracha on the sorting mat!

1



Cheerios

2



Tomato

3



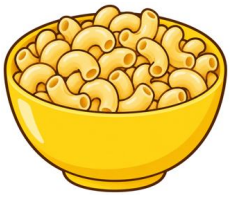
Water

4



Strawberry

5



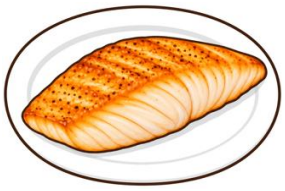
Macaroni

6



Orange

7



Fish

8



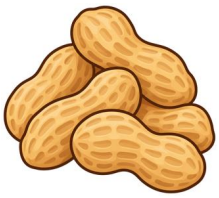
Candy

9



Cupcake

10



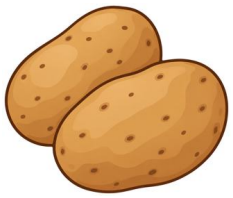
Peanuts

11



Apple

12



Potatoes

13



Grape juice

14



Bagel

15



Grape juice

16



Peach

17



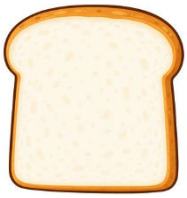
Round challah

18



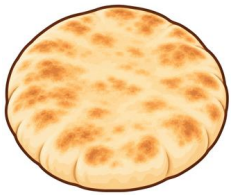
Cucumber

19



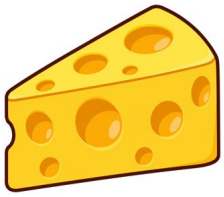
Bread

20



Pita

21



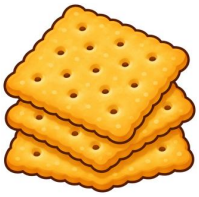
Cheese

22



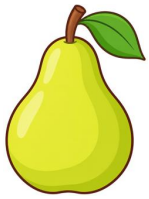
Grapes

23



Crackers

24



Pear

Lunch Food Cards

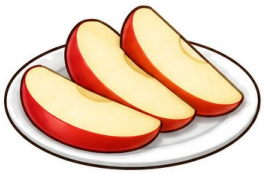
More foods to cut and sort! Put each one on the sorting mat.

25

Roll

26

Muffin

27

Apple slices

28

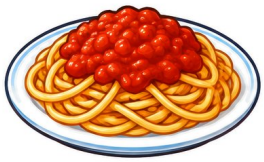
Cucumber

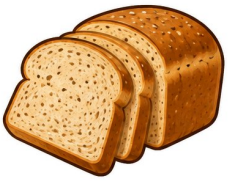
29

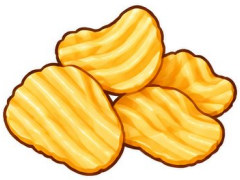
Milk

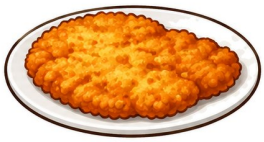
30

Grape juice

31

Spaghetti

32

Bread

33

Potato chips

34

Schnitzel

35

Plum

36

Rice

37

Corn

38

Ice pop

39

Bun

40

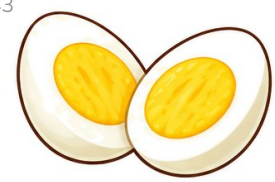
Peach

41

Pancakes

42

Mashed potatoes

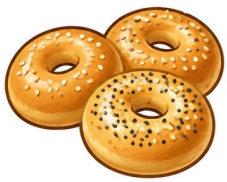
43

Egg

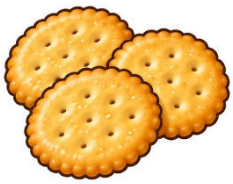
44

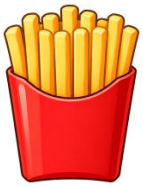
Grape juice

45

Raisins

46

Mini bagels

47

Crackers

48

French fries

Bracha Sorting Mat

Put each picture card (1–48) in the box of its bracha.

Hamotzi
הַמּוֹצִיא לֶחֶם מִן הָאָרֶץ

Mezonos
בּוֹרֵא מִינֵי מְזוֹנוֹת

Hagafen
בּוֹרֵא פְּרִי הַגָּפֶן

Ha'eitz
בּוֹרֵא פְּרִי הָעֵץ

Ha'adama
בּוֹרֵא פְּרִי הָאֲדָמָה

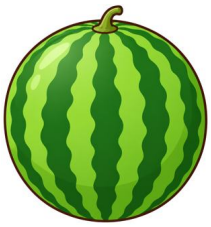
Shehakol
שֶׁהַכֹּל

Match It!

Draw a line from each food to its bracha.



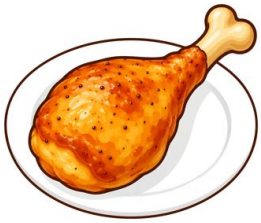
Cake



Watermelon



Bread



Chicken



Grape juice



Cherries

בּוֹרֵא פְּרִי הָעֵץ

Ha'eitz

הַמּוֹצִיא לֶחֶם מִן הָאָרֶץ

Hamotzi

שֶׁהַכֹּל

Shehakol

בּוֹרֵא פְּרִי הָאֲדָמָה

Ha'adama

בּוֹרֵא מִינֵי מְזוֹנוֹת

Mezonos

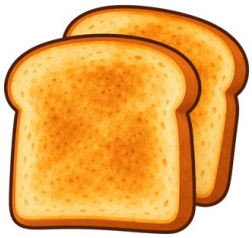
בּוֹרֵא פְּרִי הַגָּפֶן

Hagafen

What Bracha Do I Make?

Look at each food. Circle the right bracha!

1



- הַמּוֹצִיא לֶחֶם מִן הָאָרֶץ
- בּוֹרֵא מִינֵי מְזוֹנוֹת
- שֶׁהַכֹּל

2



- בּוֹרֵא פְּרִי הַגָּפֶן
- בּוֹרֵא פְּרִי הָעֵץ
- בּוֹרֵא פְּרִי הָאֲדָמָה

3



- בּוֹרֵא פְּרִי הַגָּפֶן
- שֶׁהַכֹּל
- בּוֹרֵא פְּרִי הָעֵץ

4



- בּוֹרֵא פְּרִי הָעֵץ
- בּוֹרֵא פְּרִי הָאֲדָמָה
- שֶׁהַכֹּל

5



- בּוֹרֵא פְּרִי הָעֵץ
- בּוֹרֵא פְּרִי הַגָּפֶן
- שֶׁהַכֹּל

6



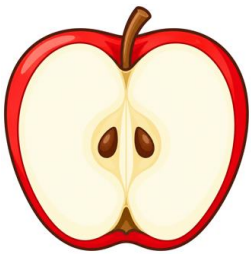
- הַמּוֹצִיא לֶחֶם מִן הָאָרֶץ
- בּוֹרֵא מִינֵי מְזוֹנוֹת
- שֶׁהַכֹּל

7



- בּוֹרֵא פְּרִי הָעֵץ
- בּוֹרֵא פְּרִי הָאֲדָמָה
- שֶׁהַכֹּל

8



- בּוֹרֵא פְּרִי הָאֲדָמָה
- בּוֹרֵא פְּרִי הָעֵץ
- שֶׁהַכֹּל

What Bracha? Lunch Time!

Look at each lunch food. Circle the right bracha!

1



Popcorn

- בּוֹרֵא פְּרִי הָאֲדָמָה
- שֶׁהַכֹּל
- בּוֹרֵא מִינֵי מְזוֹנוֹת

2



Rice

- הַמּוֹצִיא לֶחֶם מִן הָאָרֶץ
- בּוֹרֵא מִינֵי מְזוֹנוֹת
- בּוֹרֵא פְּרִי הָאֲדָמָה

3



Apple juice

- בּוֹרֵא פְּרִי הָעֵץ
- בּוֹרֵא פְּרִי הַגָּפֶן
- שֶׁהַכֹּל

4



Dates

- בּוֹרֵא פְּרִי הָאֲדָמָה
- בּוֹרֵא פְּרִי הָעֵץ
- שֶׁהַכֹּל

5



Bagel

- בּוֹרֵא מִינֵי מְזוֹנוֹת
- שֶׁהַכֹּל
- הַמּוֹצִיא לֶחֶם מִן הָאָרֶץ

6



Ice pop

- בּוֹרֵא פְּרִי הָעֵץ
- שֶׁהַכֹּל
- בּוֹרֵא פְּרִי הָאֲדָמָה

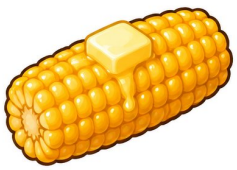
7



Grape juice

- בּוֹרֵא פְּרִי הַגָּפֶן
- בּוֹרֵא פְּרִי הָעֵץ
- שֶׁהַכֹּל

8



Corn

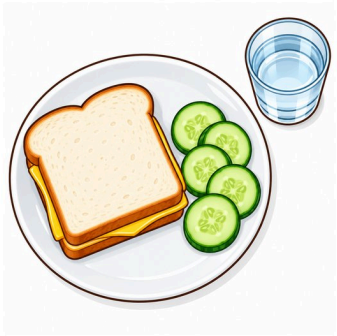
- בּוֹרֵא מִינֵי מְזוֹנוֹת
- בּוֹרֵא פְּרִי הָאֲדָמָה
- בּוֹרֵא פְּרִי הָעֵץ

Hamotzi Covers the Meal!

Look at each lunch plate. Is there bread? Circle the right answer.

When I wash and eat **bread** at my meal, I make הַמּוֹצִיא.
The Hamotzi covers the other meal foods and drinks too!

Plate 1

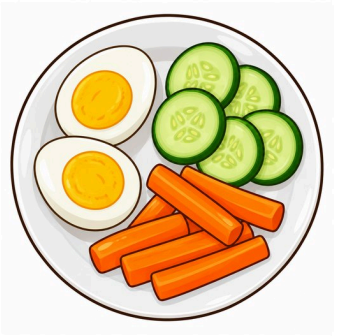


Sandwich, cucumber, water

Bread! הַמּוֹצִיא covers it all

No bread: each food gets its own bracha

Plate 2



Egg, cucumber, carrots

Bread! הַמּוֹצִיא covers it all

No bread: each food gets its own bracha

Plate 3

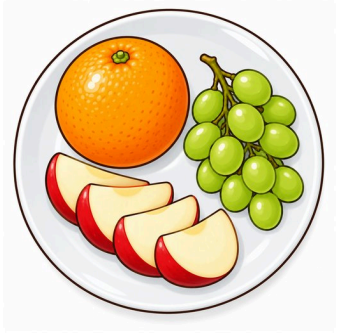


Challah, chicken, potatoes

Bread! הַמּוֹצִיא covers it all

No bread: each food gets its own bracha

Plate 4

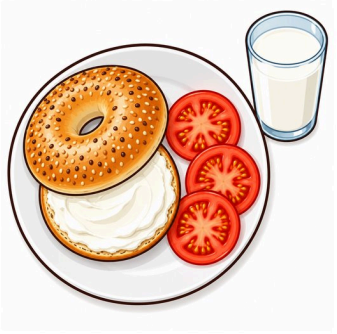


Orange, apple, grapes

Bread! הַמּוֹצִיא covers it all

No bread: each food gets its own bracha

Plate 5



Bagel, tomato, milk

Bread! הַמּוֹצִיא covers it all

No bread: each food gets its own bracha

Plate 6



Yogurt, banana, cheese

Bread! הַמּוֹצִיא covers it all

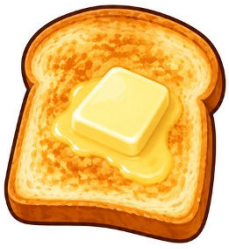
No bread: each food gets its own bracha

What's in My Lunch Box?

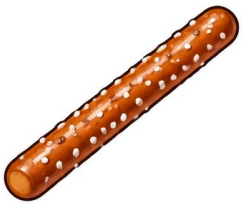
Color the circle next to each food with the color of its bracha.

- Hamotzi = brown
- Mezonos = yellow
- Hagafen = purple
- Ha'eitz = red
- Ha'adama = green
- Shehakol = blue





Toast



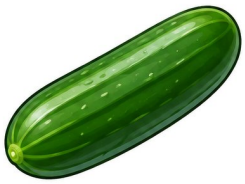
Pretzel rod



Grape juice



Apple



Cucumber



Yogurt

Cut & Paste Plates

Cut out the foods at the bottom. Paste each food on the plate of its bracha!

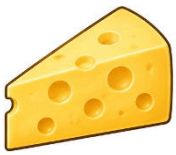
Ha'eitz
בּוֹרֵא פְּרִי הָעֵץ

Ha'adama
בּוֹרֵא פְּרִי הָאֲדָמָה

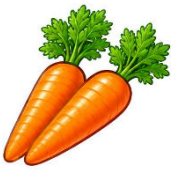
Shehakol
שֶׁהַכֹּל

✂ cut out ✂


Peanuts


Cheese


Apple


Carrots


Egg


Cherries


Milk


Melon


Plum


Tuna

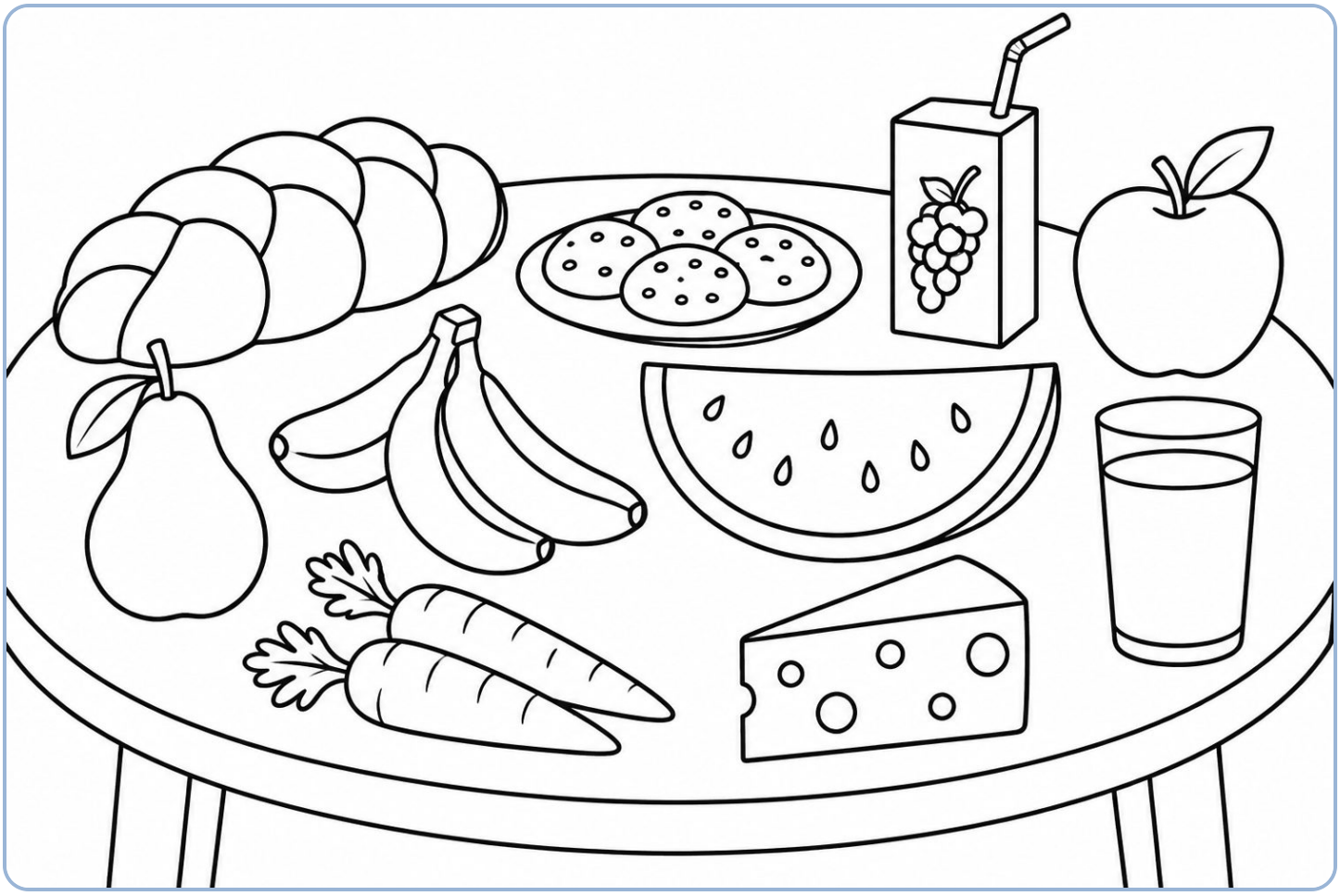

Nectarine


Pepper

Color by Bracha

What bracha does each food get? Color it with that bracha's color!

- **Hamotzi** = brown
- **Mezonos** = yellow
- **Hagafen** = purple
- **Ha'eitz** = red
- **Ha'adama** = green
- **Shehakol** = blue



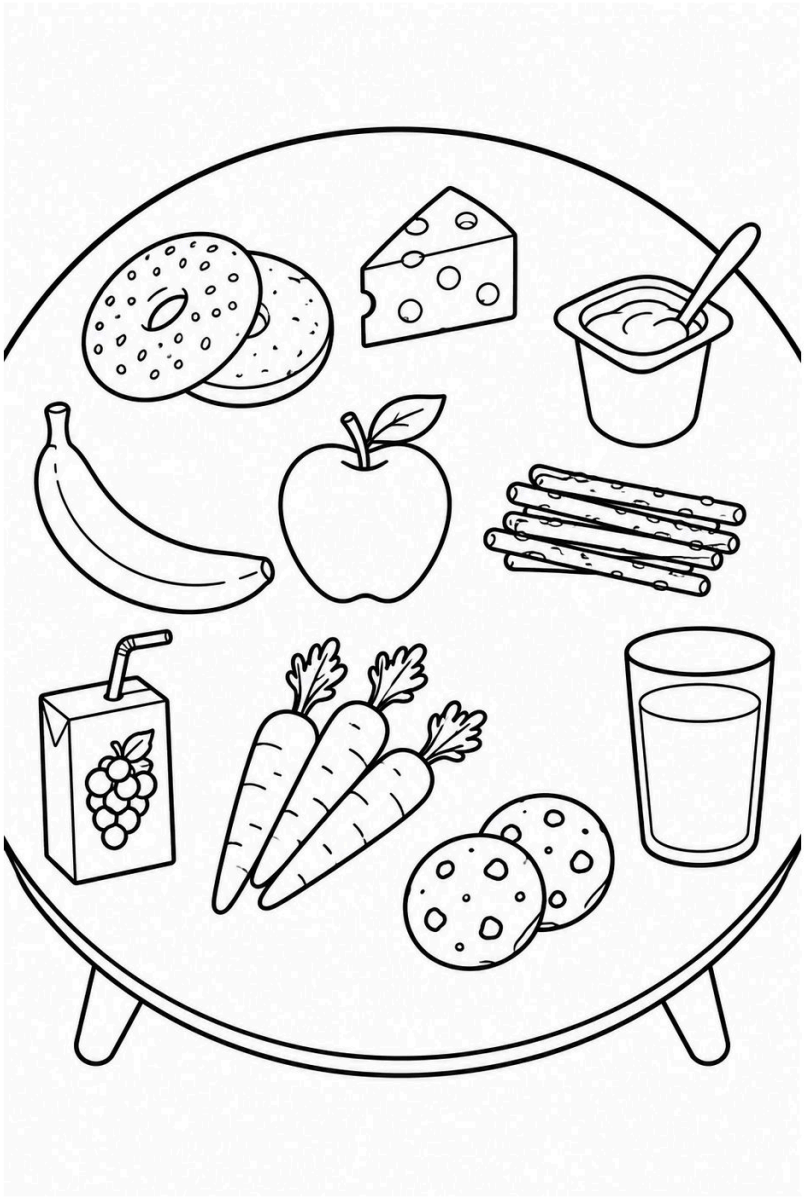
Name: _____

Color by Bracha: Lunch Table

Color each food with the color of its bracha!

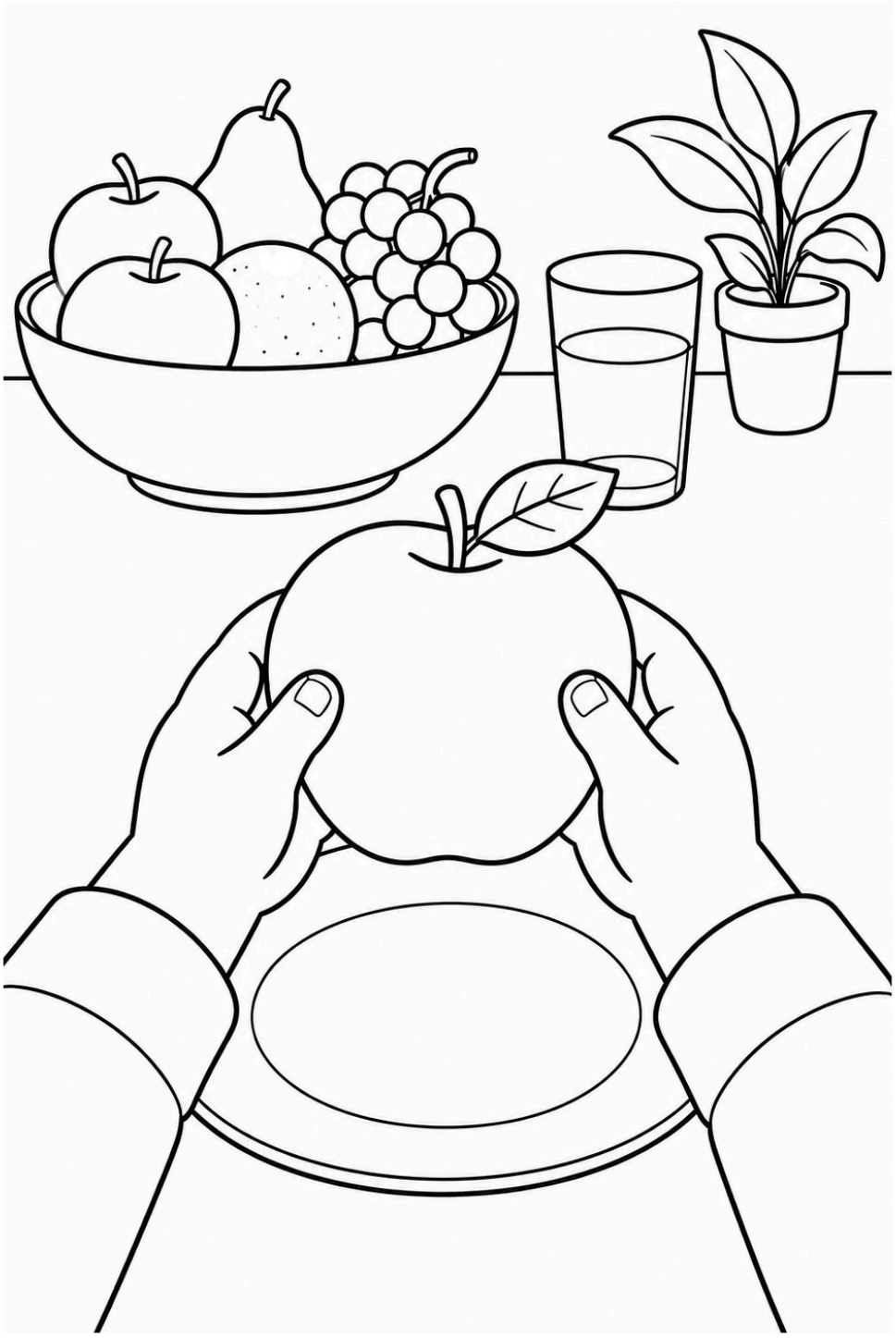
- Hamotzi = brown
- Mezonos = yellow
- Hagafen = purple
- Ha'eitz = red
- Ha'adama = green
- Shehakol = blue

On the table: bagel, cheese, yogurt, banana, apple, pretzels, grape juice, carrots, cookies, milk



Color the Picture!

Before I eat an apple, I make a bracha: בּוֹרֵא פְּרִי הָעֵץ



Name: _____

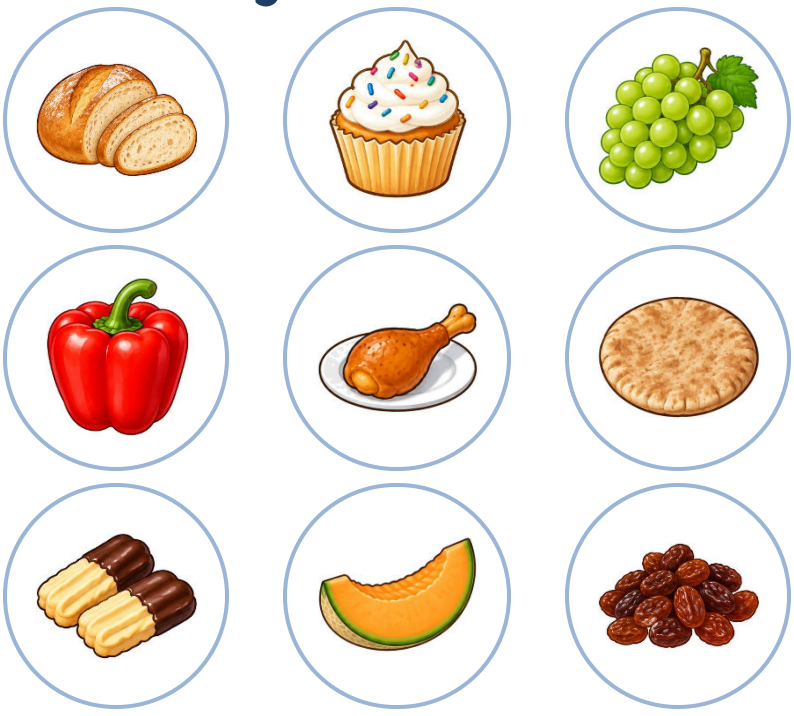
Bracha Bingo

Teacher calls out a bracha. Cover one food that gets that bracha. Cover 3 in a row to win!

Bracha Bingo! Card 1



Bracha Bingo! Card 2



Calling cards (cut apart): Hamotzi | Mezonos | Hagafen | Ha'eitz | Ha'adama | Shehakol

Brachos Word Search

Find each word. Words go from right to left ← or from top to bottom ↓.

ד	ג	צ	ל	נ	ז	ז	ט	ו
א	י	צ	ו	מ	ה	ז	ר	נ
ם	ח	ל	ד	כ	ה	ח	ו	ק
ה	כ	ר	ב	מ	א	ש	ש	ז
ש	ה	ה	ל	ז	ד	ה	ו	ט
נ	ג	ד	פ	ו	מ	כ	ה	נ
ד	פ	מ	ר	נ	ה	ל	ע	מ
ז	ן	י	י	ו	נ	כ	ץ	ת
כ	ב	ם	ק	ת	ע	ק	ע	ס

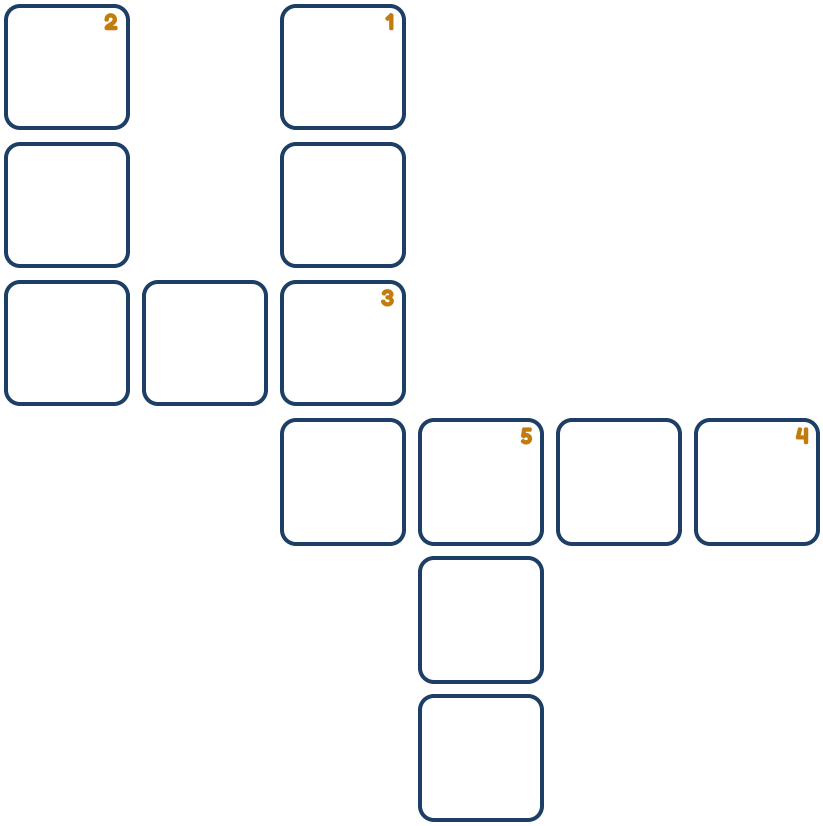
בְּרָכָה הַמּוֹצִיא מְזוֹנוֹת הַגָּפֶן הָעֵץ הָאֲדָמָה שֶׁהַכֹּל

לֶחֶם פְּרִי מַיִם

Name: _____

Food Words Crossword

Look at each picture. Write its Hebrew word in the boxes. Across words go right to left ←.



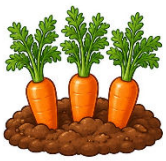
מַיִם | אֲדָמָה | עוּגָה | גֶּפֶן | לֶחֶם

← Across

3  (water)

4  (cake)

↓ Down

1  (ground)

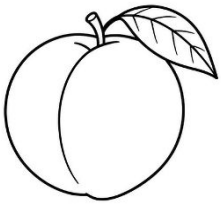
2  (bread)

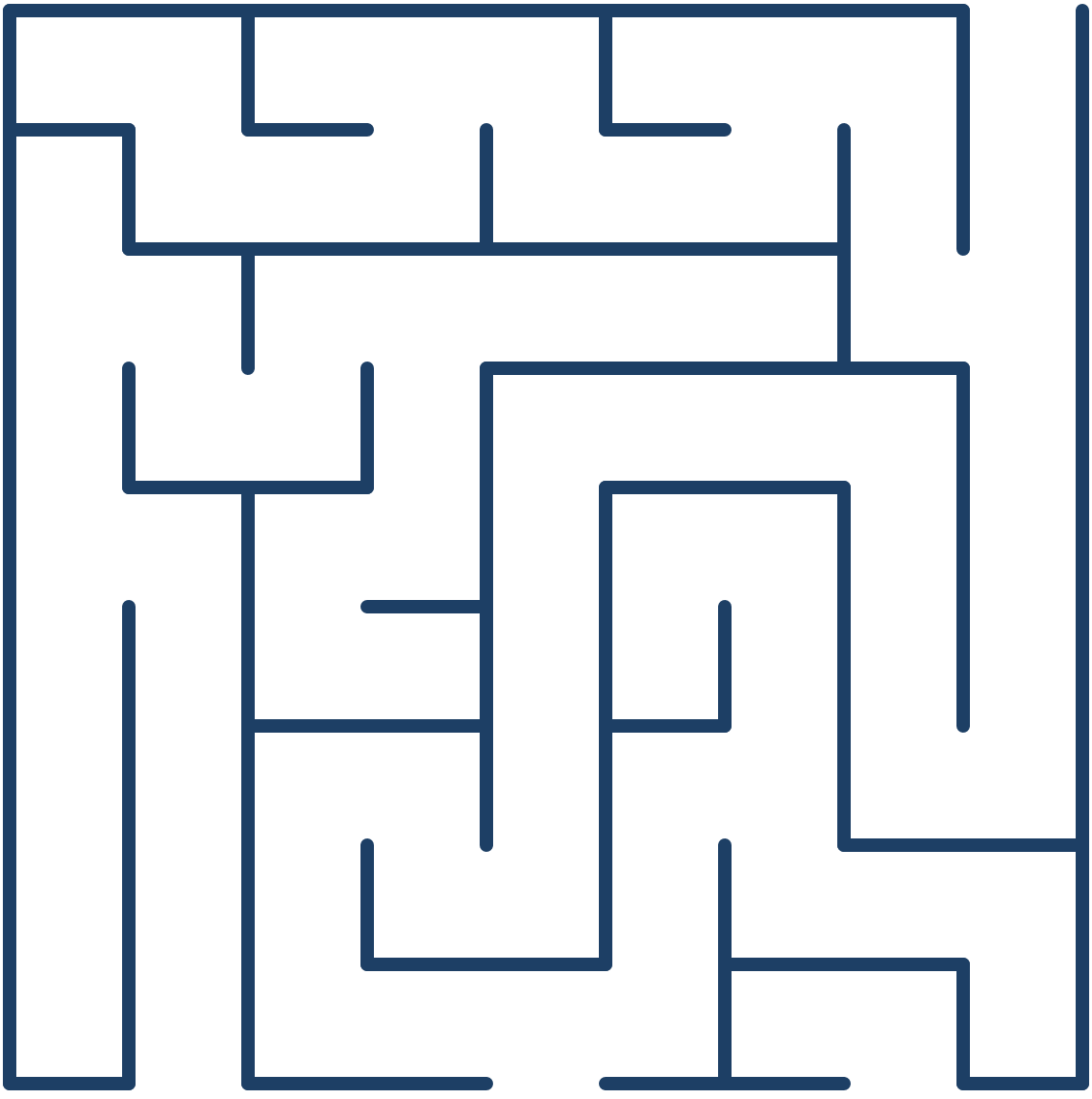
5  (grapevine)

Help the Peach Find Its Bracha!

Start at the peach. Find the path to the right bracha!

START ↓





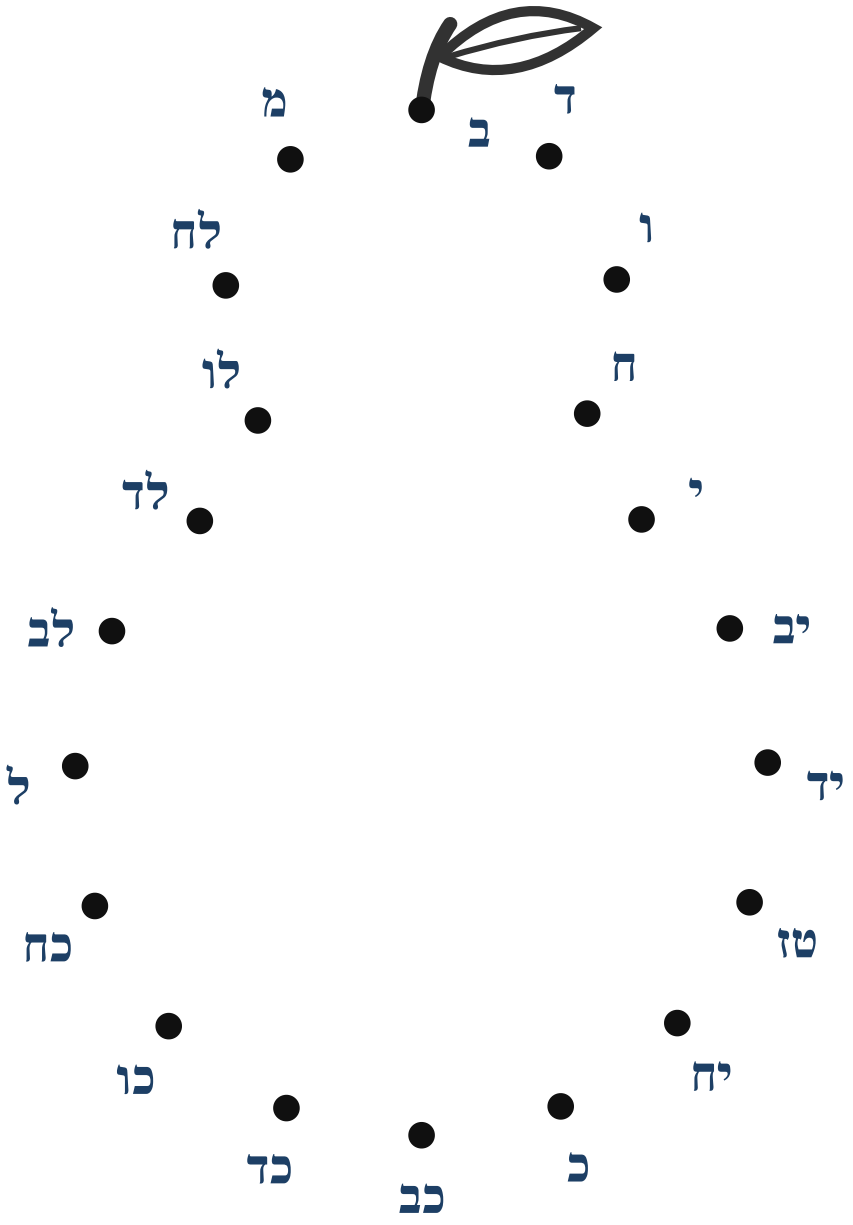
בּוֹרֵא פְּרִי הָאֲדָמָה

בּוֹרֵא פְּרִי הָעֵץ

שֶׁהַכֹּל

Dot-to-Dot: Count by 2s!

Connect the dots from ב (2) to מ (40), counting by 2s. Then go back to ב. What fruit is it?

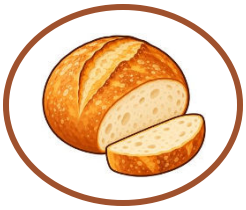


ב = 2 י = 10 טז = 16 כ = 20 ל = 30 מ = 40

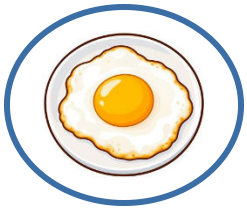
This fruit grows on a tree. Its bracha is בּוֹרֵא פְּרִי הָעֵץ

My Bracha Spinner – Part 1

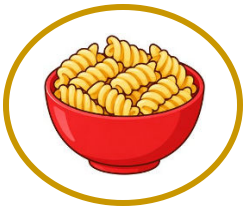
Cut out the big circle. This is the bottom of the spinner.



Hamotzi
הַמּוֹצִיא לֶחֶם מִן הָאָרֶץ



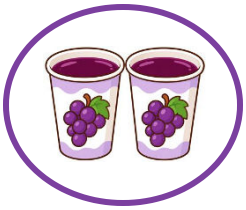
Shehakol
שֶׁהַכֹּל



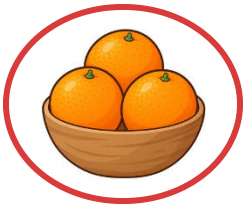
Mezonos
בּוֹרֵא מִינֵי מְזוֹנוֹת



Ha'adama
בּוֹרֵא פְּרִי הָאֲדָמָה



Hagafen
בּוֹרֵא פְּרִי הַגָּפֶן

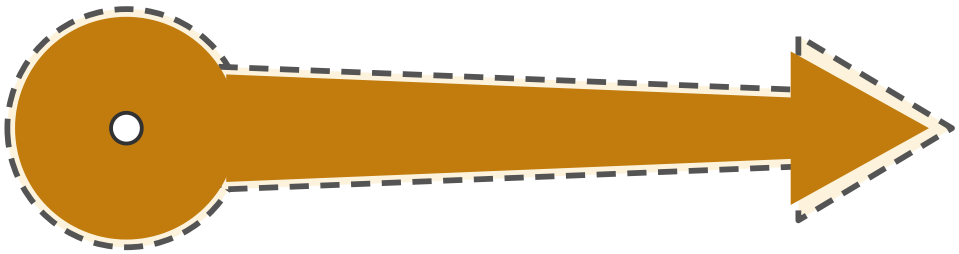


Ha'eitz
בּוֹרֵא פְּרִי הָעֵץ

My Bracha Spinner – Part 2

How to make it:

1. Cut out the big circle (Part 1) and the arrow on this page.
2. Ask a grown-up to push a paper fastener (brad) through the dot on the arrow and the dot in the middle of the circle.
3. Spin the arrow! Look at the food it points to and say its bracha.



בְּרָכוֹת

Spin and say the bracha!

MY

Brachos Book

בְּרָכוֹת

Name:_____

Thank You, Hashem, for my food!

How to fold: 1. Fold the top half back, behind the bottom half.
2. Fold in half again like a book, with the title on the front.

Before I eat, I make a bracha!

My favorite lunch food is

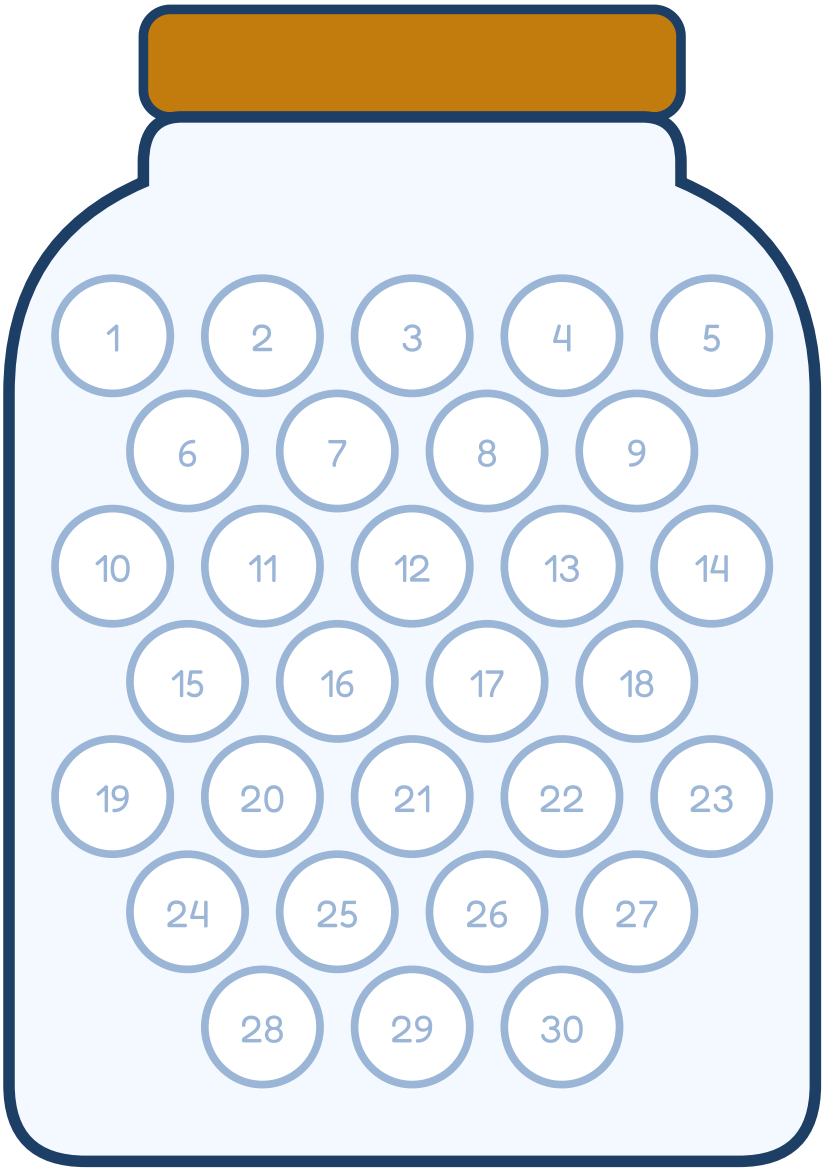
_____

I say my bracha slowly and nicely.

Draw your lunch:

My Brachos Jar

Each time I make a bracha nicely, I color one circle. Can I fill the whole jar?



Name: _____ I filled it on: _____

I Made a Bracha!

בְּרָכוֹת

Put a sticker in the circle each time you make a bracha.

	Breakfast	Snack	Lunch	Supper
Sunday				
Monday				
Tuesday				
Wednesday				
Thursday				
Friday				