



Community Resource & Response Advocacy Network Systems (CRANS)

Our Mission: *Unlock Your Power empowers community members of all ages, especially underserved individuals and communities through resources, mental and physical wellness support, leadership development and personal growth to build confidence, resilience and pathways to healthier and lifelong success.*

1. Full Name:

2. Contact Information:

Phone Number:

Email Address:

What is your preferred method of contact? *(Check one)*

☐ Phone Call ☐ Text Message ☐ Email

3. How Can We Assist You?

(Please briefly describe what support you are requesting to help overcome your barriers)

For Administrative Use Only

Demographics:

Gender: **Age**

City of Residence:

Number of persons assisted:

Resources provided:

Resources Referred:

Approved by:

Date: